

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  495211	(X2) MULTIPLE CONSTRUCTION A. Building B. Wing	(X3) DATE SURVEY COMPLETED  11/15/2023
NAME OF PROVIDER OR SUPPLIER  Mount Vernon Healthcare Center		STREET ADDRESS, CITY, STATE, ZIP CODE  8111 Tiswell Drive Alexandria, VA 22306	

For information on the nursing home's plan to correct this deficiency, please contact the nursing home or the state survey agency.

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (Each deficiency must be preceded by full regulatory or LSC identifying information)
<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>Ensure services provided by the nursing facility meet professional standards of quality.</p> <p>Based on clinical record review, staff interview, and facility documentation review, the facility staff failed to provide care and services in accordance with professional standards for 1 resident, Resident #1, in a sample size of 3 residents.</p> <p>The findings included:</p> <p>For Resident #1, facility staff failed to utilize proper turning/repositioning technique while providing care.</p> <p>Resident #1 was discharged from the facility on 9/22/23 and therefore not available for observation and direct interview. On 11/14/23, a telephone call was placed to the last known number for Resident #1 and there was no answer.</p> <p>On 11/14/23, Resident #1's clinical record was reviewed in its entirety. A progress note dated 8/19/23 at 13:30 read, Resident is alert and verbally responsive and complained of pain in his right shoulder, he stated that the aid [certified nursing assistant-CNA] from last night pulled his right shoulder when she tried to turn him while doing the ADL [activities of daily living] care, upon assessment pain was rated 6/10, vital signs were stable. Resident #1 received Tylenol which relieved his pain. The physician ordered a right shoulder xray which resulted as negative for dislocations and fractures.</p> <p>On 11/14/23 at approximately 3:30 PM, an interview was conducted with the Facility Administrator and Director of Nursing (DON). The Facility Administrator verbalized awareness of the occurrence and stated that re-education on proper repositioning and turning of residents was conducted for all clinical staff. The Facility Administrator provided copies of the inservice education and staff sign-in sheets for verification.</p> <p>The DON stated, Pulling on extremities, arms or legs, is not an accepted practice for assisting with repositioning or turning, especially with the elderly, because it can cause injuries like dislocated joints or even fractures. The Facility Administrator identified CNA C as the person who was providing care to Resident #1 and additional education for CNA C was verified through the documentation provided. CNA C was not available for interview.</p> <p>(continued on next page)</p>

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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<p>F 0658</p> <p>Level of Harm - Minimal harm or potential for actual harm</p> <p>Residents Affected - Few</p>	<p>According to an article located on MedlinePlus, an online health information resource provided by the National Library of Medicine (NLM) which is part of the National Institutes of Health (NIH), subtitle, Avoiding Injury, item 1 read, You must move or pull someone up in bed the right way to avoid injuring the patient's shoulders and skin . and item 4 read, Never move patients up by grabbing them under their arms and pulling. This can injure their shoulders.</p> <p>URL as follows: //medlineplus.gov/ency/patientinstructions/000429.htm</p> <p>On 11/15/23 at approximately 3:00 PM, the Facility Administrator and DON were updated on the findings. No further information was provided.</p>		