

April 6, 2026

[REDACTED]  
Administrator  
Epworth Rehabilitation and Healthcare LLC  
925 South Lincoln Avenue  
Tyrone, Pennsylvania 16686  
[REDACTED]

RE: The Preserve at Cedarwood  
License #: 339720

Dear [REDACTED]

Thank you for your request for a waiver of 55. Pa. Code § 2600 (relating to personal care homes). You have requested to waive 55 Pa.Code § 2600.190(b) (relating to medication administration training) to allow unlicensed direct care staff to administer subcutaneous injections of GLP-1 agonist medications.

*2600.190 Medication Administration Training*

*(b) A staff person is permitted to administer insulin injections following successful completion of a Department-approved medications administration course that includes the passing of a written performance-based competency test within the past 2 years, as well as successful completion of a Department-approved diabetes patient education program within the past 12 months.*

This waiver is granted under the following conditions:

1. Each medication technician who will administer subcutaneous injections of GLP-1 agonist medications must successfully complete and pass the Department of Human Service's medication administration course; receive in-person training on administering subcutaneous injections from a licensed health care professional and receive training on the specific medication being administered, including potential side effects, medication interactions, and appropriate observation and reporting from a licensed health care professional.
2. Each medication technician who will administer subcutaneous injections of GLP-1 agonist medications must have four hours of annual training related to GLP-1 agonist medications, and diabetes management.

3. Not all annual training must be conducted at the same time. The Department recommends spreading training throughout the training year. Up to three of the four required annual training hours may be comprised of actual training hours received in Diabetes education, as required by §2600.190(b) and §2800.190(b).

Up to one of the four required annual training hours may be comprised of skills demonstrations and/or observation of subcutaneous injection of GLP-1 agonist medication administration conducted by a Certified Diabetes Educator or a licensed health care professional that is employed by the facility or under contract for consultation.

Up to one of the four required annual training hours may be comprised of self-guided training, web-modules, or videos.

4. The initial training required by this waiver fulfills the requirements for annual training during the training year in which this waiver was issued. For subsequent training years, the annual training requirements must be met within your facility's predetermined training year.
5. The home must utilize a process for monitoring, evaluating, and documenting the administration of subcutaneous injection of the GLP-1 agonist medications.
6. A policy regarding the administration of subcutaneous injection of GLP-1 agonist medications including written procedures for administration, documentation, monitoring, evaluating, observation, and reporting must be developed and provided to all medication technician(s) who will administer these medications as part of their training.
7. The facility must have a licensed clinical contact available at all times to answer any questions regarding the administration of subcutaneous injection of GLP-1 agonist medications. The licensed clinical contact must be an employee of the facility or under contract.

The Department of Human Services will review this waiver each year during its annual inspection to determine compliance with the preceding conditions. Failure to comply with the conditions of this waiver or with other requirements of 55 PA.Code Chapter 2600 may result in termination of this waiver or other licensing action.

Sincerely,

*Theresa Hartman*

Theresa Hartman, RN, CCM  
Bureau Director, Human Services Licensing  
Office of Long-Term Living  
Department of Human Service