

Department of Health and Human Services
Division of Public Health
Licensure Unit
301 Centennial Mall South
Lincoln, NE 68509-4986

DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC HEALTH
LICENSURE UNIT
CERTIFIES THAT

Parsons House On Eagle Run

MEETS STATUTORY REQUIREMENTS AS AN
Assisted Living Facility
LIC #ALF129

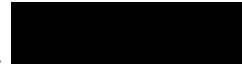
Services:

Alzheimer's Memory Care Endorsement
Aged/Disabled Med Wvr

EXPIRES:

April 30, 2017




Courtney M. Phillips, MPA
Chief Executive Officer
Department of Health and Human Services

Cut on heavy line and place on license

FACILITY NAME: Parsons House On Eagle Run
ADDRESS: 14325 Eagle Run Drive, Omaha, NE 68164

This is to verify that you ALF is licensed through the date indicated on the above renewal card. Place the renewal card in the lower left hand corner of your original license.

Please notify this office at the address listed above of any change in name, address or ownership.

November 7, 2016

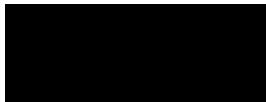
Penny Bowden, Administrator
Parsons House On Eagle Run
14325 Eagle Run Drive
Omaha, NE 68164

Dear Ms. Bowden:

This is to acknowledge that Parsons House On Eagle Run, Assisted-Living Facility License #ALF129, has been approved for the Memory Care Endorsement. Enclosed is a licensure card which shows Memory Care Endorsement and the expiration date of the license. This document replaces the previous renewal license.

Please contact this office for any questions.

Sincerely,



Eve Lewis, RNC, Program Manager
Office of Long Term Care Facilities
Licensure Unit, Division of Public Health
Department of Health and Human Services
(402) 471-3324

EL/dj



For Office of LTC use only	
Approval date:	<u>8/22/16</u>
License number:	<u>ALF 129</u>
License expiration date:	<u>4/30/16</u>

Alzheimer's Special Care Unit Disclosure and Memory Care Endorsement Application

1. License type (Select one)	
<input type="checkbox"/>	Alzheimer Special Care Unit Disclosure only
<input checked="" type="checkbox"/>	Alzheimer Special Care Unit Disclosure and Memory Care Endorsement
2. Type of application (Select one)	
<input type="checkbox"/>	Initial Projected Opening Date: _____
<input checked="" type="checkbox"/>	Renewal License # <u>ALF 129</u>
<input type="checkbox"/>	Change of ownership
3. Facility information	
Name of facility:	<u>Parsons House on Eagle Run</u> <i>(Doing Business As (DBA) name registered with Secretary of State)</i>
Phone:	402-498-9554 504- Facility FAX: <u>1256</u> E-mail: <u>Parsonshouse@firstcareco.com</u>
Street address:	<u>14325 Eagle Run Drive</u>
City, State, ZIP:	<u>Omaha, NE 68164</u> County: <u>Douglas</u>
Mailing address:	<u>14325 Eagle Run Drive Omaha, NE 68164</u>
Administrator:	<u>Penny Bowden</u>
Maximum endorsed capacity:	<u>180</u>
4. Applicant information	
<input checked="" type="checkbox"/>	Owner (licensee) <input type="checkbox"/> Management
Name of legal owning entity:	<u>Gen3Holdings LLC</u> <i>(Exactly as registered with the Secretary of State)</i>
Contact name:	<u>Andy Reeves</u>
Phone:	<u>n/a</u> FAX: <u>n/a</u> E-mail: <u>n/a</u>
Street address:	<u>1162 Horizon View Drive</u> <u>Saratota, FL 34242</u>
5. Disclosure information	
Please attach additional page if needed.	
A) Overall philosophy and mission: To enable impaired residents to reach their highest potential and optimal self-care and independence. Our mission offers a service enriched environments which utilizes wellness as its foundation to promote resident self directed expression. Our approach to care emphasizes individuality and preference, as well as providing a sense of hominess and emotional fulfillment.	
B) Criteria for placement in, transfer to: diagnosis of Alzheimer's disease or related irreversible dementia, primary need for care and supervision are due to dementia and/or behavioral issues, is not believed to be at risk for violent behavior toward self or others, determined to	

benefit from the dementia care program, determined to be manageable within the physical environment and operational structure, potential for good compatibility with current members of the dementia care community.

C) Criteria for discharge:

Parsons House on Eagle Run does not offer complex nursing interventions or medical care to individuals whose condition is unstable. Other reasons a resident may be discharged: no longer meeting eligibility criteria for admission, readmission or retention, interfering with the peaceful environment of other residents, elopement, danger to self or others, unmanageable incontinence, inability to consume an oral diet, failing to pay the monthly rent, failing to follow the rules and regulations of the community, guests failing to follow the rules and regulations of the community, breaching the terms of the resident service agreement

D) Process for assessment and establishing the plan of care: evaluation is done prior to admission by RN/Executive director or director of healthcare services to determine appropriateness. The individual and family are involved in the development of the care plan. These are reviewed routinely and updated as needed based on the changes in the needs of the resident. The assessment will be done prior to admission, monthly and as needed based on changes in the resident needs. The assessment will include level of need for ADL assistance, mobility, behavior, appropriateness for admission/retention, and cognitive abilities.

E) Staffing numbers/pattern: staffing patterns/numbers will vary based on occupancy and current resident population care level needs to ensure safety, stimulation and provision of quality resident care. Staffing will range from 1:1 to 1:6 on day and evening shifts and 1:1-1:18 on overnight shift based on safety and level of assistance necessary

F) Staff training and continuing education including four (4) hours related to dementia care and training for cultural competencies: all staff are provided a minimum of 4 hours continuing education per year specific to Alzheimer's disease/dementia care. Staff is trained during their orientation period as a new hire and continually throughout their employment to be able to meet the needs and varied dispositions of dementia care residents through evaluation, observation, and application of behavior management. Staff will also be inserviced annually by consultant RN on the five elements of cultural competency: value diversity/awareness, acceptance of differences, self awareness, dynamics of differences, knowledge of resident culture and adaptation of skills

G) Physical environment and features, including security features: Each of the 3 memory care units is a secure, locked environment with capacities of 14, 14, and 18 residents. All doors to the exterior or the courtyard are locked and alarmed at all times. Each memory care unit has access to the large, secure outdoor courtyard. For additional safety, residents are not allowed out in the courtyard without supervision. Unit common area is to be monitored at all times when residents present with no less than 1 staff member. Safety checks are performed on all residents on an hourly basis. Each individual resident apartment door has a system in place in which from the hallway side, the door remains locked 24/7 for the prevention of a resident wandering into another resident's apartment. From the apartment side, the door is free to be opened by the resident. The unit itself is a small, homelike environment designed to promote family and provide to the resident a structured, calming, intimate environment.

H) Resident activities related to dementia care: activity programs maximize the strengths, abilities, and the independence of each resident. The programs are designed to enhance shared

interested of the resident, family, and staff. We utilize indoor and outdoor spaces for social opportunities for families and residents while supporting independence and safety at all times. Offering cluster style programming, both structured and casual, meets the varied interest and ability levels of residents while allowing creative outlets for managing sensitive behaviors.

I) Family support program: access to Alzheimer's support group meetings is made available for all families, staff, and interested parties

J) Cost/Fees of care: \$6195 or \$6595 all- inclusive monthly fee. This includes all care the resident may need

Applicant Signature

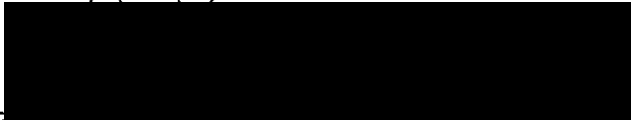
I, the undersigned, an authorized representative of the applicant declare to the best of my knowledge this information is true, correct and complete. By knowingly and willfully failing to fully disclose the information requested may result in denial of application.

Renny Bowden

(Print Name of authorized representative)

8-22-16

(Date)



(Signature)

8-22-16

(Date)

Send completed application to:

Office of Long Term Care Facilities
PO Box 94986
301 Centennial Mall South
Lincoln NE 68509-4986

Or to dhhs.healthcarefacilities@nebraska.gov

If you have questions, email dhhs.healthcarefacilities@nebraska.gov

Or call (402) 471-3324

Note: A Memory Care Endorsement will not be approved until all requirements for the facility's license and endorsement have been met.

Department of Health and Human Services
Division of Public Health
Licensure Unit
301 Centennial Mall So, P O Box 94986
Lincoln, NE 68509-4986

KD/LS
4-19-16



DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF PUBLIC HEALTH
CERTIFIES THAT

PARSONS HOUSE ON EAGLE RUN
MEETS STATUTORY REQUIREMENTS AS
ASSISTED-LIVING FACILITY

Services
ALZHEIMERS UNIT
AGED/DISABLED MED WVR

Lic # ALF129

EXPIRES
04/30/2017

 
Courtney R. Phillips, MPA
Chief Executive Officer
Department of Health and Human Services

Cut on heavy line and place on license.

FACILITY NAME: PARSONS HOUSE ON EAGLE RUN

ADDRESS: 14325 EAGLE RUN DRIVE, OMAHA, NE 68164

This is to verify that your ASSISTED-LIVING FACILITY is licensed through the date indicated on the above renewal card. Place the renewal card in the lower left hand corner of your original license.

Please notify this office at the address listed above of any change in name, address, or ownership.

3-2-16

LICENSURE UNIT



STATE OF NEBRASKA
Department of Health and Human Services
Division of Public Health - Licensure Unit
P.O. Box 94986, Lincoln, NE 68509-4986

APR 11 2016

RECEIVED

Expiration Date
04/30/2016

Make Payment to DHHS LU	
Renewal Fees:	
1 - 10 beds:	\$950
11 - 20 beds:	\$1450
21 - 50 beds:	\$1650
51 or more:	\$1950

Assisted-Living Facility Licensure Renewal Application

IDENTIFYING INFORMATION

1. NAME AND ADDRESS OF FACILITY:
PARSONS HOUSE ON EAGLE RUN
14325 EAGLE RUN DRIVE
OMAHA, NE 68164

2. PREFERRED MAILING ADDRESS (IF DIFFERENT FROM FACILITY ADDRESS) FOR THE RECEIPT OF OFFICIAL NOTICES FROM THE DEPARTMENT:

LICENSE NO: ALF129
TELEPHONE NUMBER: (402) 498-9554
FAX NUMBER: (402) 498-0047
ADMINISTRATOR: PENNY BOWDEN, ADMIN
EMAIL: parsonshouse@firstcareco.com

3. FEDERAL EMPLOYER IDENTIFICATION NUMBER OF THE FACILITY: _____

4. TOTAL NUMBER OF BEDS TO BE RELICENSED: 180

5. SPECIFY SPECIAL POPULATIONS: (Please check)

Special Care Unit for Alzheimer's or Dementia or Related Disorders
 Other -- Please Specify _____

47 Number of Beds
_____ Number of Beds

6. ACCREDITATION: (Check if applicable) Are you requesting deemed status for compliance with 175 NAC 4-006? Yes No
Name of Accreditation Organization: _____

OWNERSHIP INFORMATION

7. OWNERSHIP OF FACILITY: GEN3 HOLDINGS, LLC
(Legal Name of Individual or Business Organization)

MAILING ADDRESS: 1162 HORIZON VIEW DRIVE
SARASOTA, FL 34242

8. BUSINESS ORGANIZATION: (Check one):

Sole Proprietorship
 Partnership
 Limited Partnership
 Corporation
 Limited Liability Company
 Governmental (Check one) State, District, County, City or Municipal
 Other (Please Specify) _____

(check one)
 Profit Non-Profit

2016 APR 15 10:45
REC'D LICENSURE DIVISION

CERTIFICATION

I/we have read the Rules and Regulations issued by the Nebraska Department of Health and Human Services and will comply with them should a license be issued. I/we certify that to the best of my/our knowledge, all information and statements on the application are true and correct and I/we hereby apply for a renewal license.

PLEASE NOTE: Neb.Rev.Stat. Section 71-433 requires: Applications shall be signed by

- (1) the owner, if the applicant is an individual or partnership,
- (2) two of its members, if the applicant is a limited liability company,
- (3) two of its officers, if the applicant is a corporation, or
- (4) the head of the governmental unit having jurisdiction over the facility to be licensed, if the applicant is a governmental unit.

Andrew K Reeves
AUTHORIZED REPRESENTATIVE - TYPE OR PRINT
Kimberly C Reeves
AUTHORIZED REPRESENTATIVE - TYPE OR PRINT

SIGNATURE

16 Feb 2016
DATE
16 Feb 2016
DATE

To Whom It May Concern:

Please see below ownership information for Parsons House on Eagle Run.

Gen3 Holdings LLC (A Nebraska Limited Liability Company)
1162 Horizon View Drive
Sarasota, FL 34242

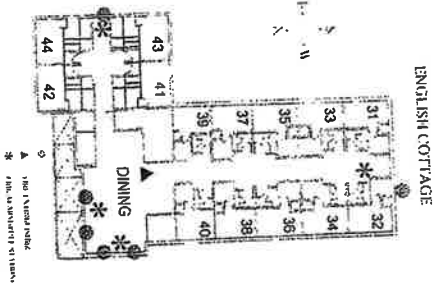
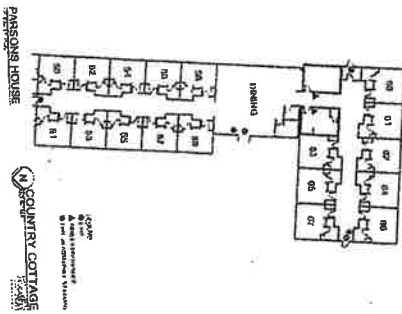
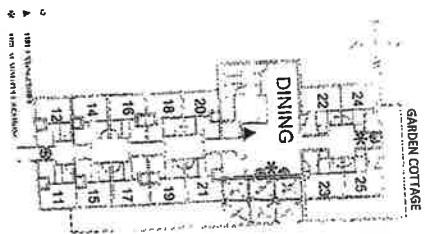
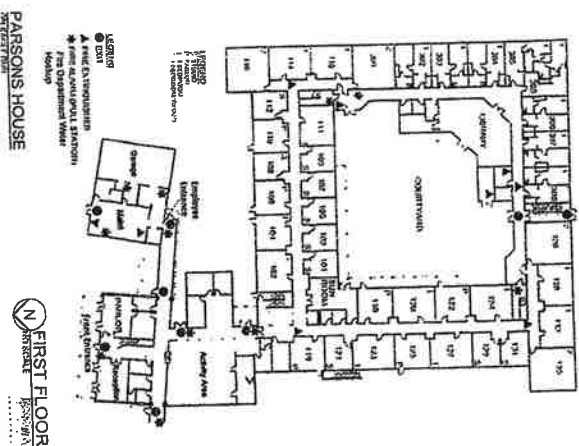
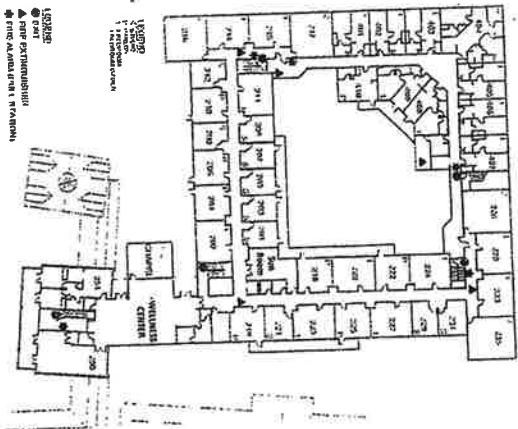
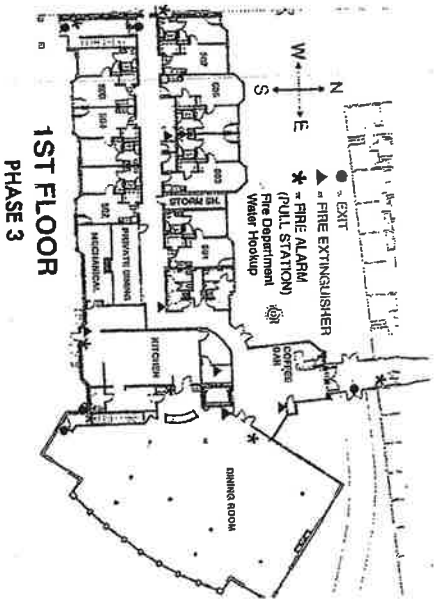
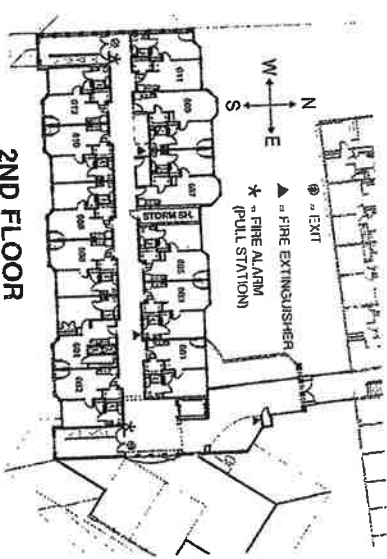
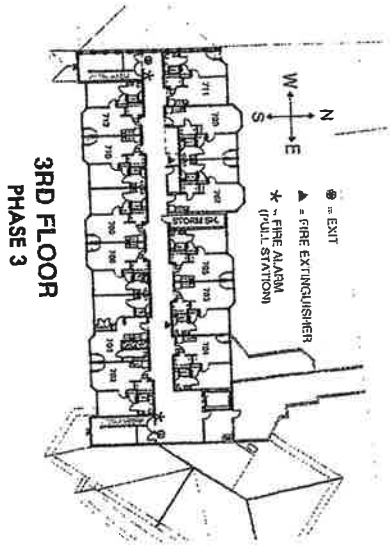
Manager:
Andrew Reeves

Voting Members:
Andrew K Reeves

████████████████████
1162 Horizon View Drive
Sarasota, FL 34242

Kimberly C. Reeves
████████████████████
1162 Horizon View Drive
Sarasota, FL 34242

Non-voting Members:
Eagle's Nest LP



CMS Code Lookup

<u>CMS CODE ID</u>	<u>SERVICE</u>	<u>ACTIVITY</u>
9	Bathing Assistance 1 <i>Default time: (0)</i>	No assistance needed.
79	Bathing Assistance 2 <i>Default time: (2)</i>	Resident requires verbal reminders.
74	Bathing Assistance 3 <i>Default time: (5)</i>	Resident requires clothing and bathing items laid out.
69	Bathing Assistance 4 <i>Default time: (10)</i>	Minimal assistance needed, including reminders and follow up. Staff presence not necessary during bathing and dressing.
60	Bathing Assistance 5 <i>Default time: (25)</i>	Resident requires standby assistance during bathing/showering including supervision/assistance with washing, shampooing, toweling.
59	Bathing Assistance 6 <i>Default time: (30)</i>	Resident requires total assistance during bathing/showering including supervision/assistance with washing, shampooing, toweling.
45	Behavioral Management 1 <i>Default time: (0)</i>	No assistance needed.
44	Behavioral Management 2 <i>Default time: (10)</i>	Mild disorientation, no behavioral problems, some depression requiring occasional encouragement.
43	Behavioral Management 3 <i>Default time: (20)</i>	Mild disorientation, occasional behavior problems, needs daily reminders and encouragement.
42	Behavioral Management 4 <i>Default time: (30)</i>	Disoriented, frequent reminders needed, depression requiring constant encouragement and frequent individual socialization.
41	Behavioral Management 5 <i>Default time: (60)</i>	Disoriented, requires redirection, excessive requests or anxiety related behavior requiring room checks at least every hour.
14	Dressing Assistance 1 <i>Default time: (0)</i>	No assistance needed.
107	Dressing Assistance 2 <i>Default time: (5)</i>	Resident requires verbal reminders.
99	Dressing Assistance 3 <i>Default time: (10)</i>	Staff needs to lay out clothes for resident.
83	Dressing Assistance 4 <i>Default time: (15)</i>	Resident requires standby assistance during dressing.
84	Dressing Assistance 5 <i>Default time: (20)</i>	Resident requires upper extremity dressing.
85	Dressing Assistance 6 <i>Default time: (20)</i>	Resident requires lower extremity dressing.
86	Dressing Assistance 7 <i>Default time: (20)</i>	Resident requires assistance with shoes and socks.
87	Dressing Assistance 8 <i>Default time: (10)</i>	Resident requires assistance with TED hose on in morning and off in the evening.
11	Dressing Assistance 9 <i>Default time: (40)</i>	Resident requires total assistance during dressing.
23	Grooming 1 <i>Default time: (0)</i>	No assistance needed.

22	Grooming 2 Default time: (7)	Reminder, set-up and follow up only.
21	Grooming 3 Default time: (15)	Total or standby assistance with hair care, shaving and/or make-up application.
33	Meal Assistance 1 Default time: (0)	No assistance needed.
32	Meal Assistance 2 Default time: (30)	Resident requires prompting and queuing during entire meal and snacks.
31	Meal Assistance 3 Default time: (40)	Resident requires feeding.
39	Medication Management 1 Default time: (0)	No assistance needed.
38	Medication Management 2 Default time: (5)	Supervision of self medication administration.
37	Medication Management 3 Default time: (10)	Medication administration (2 x per day dosing or less than 3 different medications per day). See MARS for specific details.
36	Medication Management 4 Default time: (15)	Medication administration (3 x per day dosing or 3-6 different medications per day). See MARS for specific details.
35	Medication Management 5 Default time: (20)	Medication administration (4 x per day dosing or more than 6 medications per day). See MARS for specific details.
55	Medication Management 6 Default time: (20)	Blood sugar level monitoring and/or insuling injections as required.
19	Oral Care 1 Default time: (0)	No assistance needed.
18	Oral Care 2 Default time: (2)	Reminder and follow up check daily.
17	Oral Care 3 Default time: (5)	Reminder, setup and follow up.
16	Oral Care 4 Default time: (10)	Total or standby assistance.
52	Safety Checks 1 Default time: (10)	Staff to check on resident at 3 a.m.
110	Safety Checks 2 Default time: (20)	Staff to check on resident every 2 hours during the night - safety only.
112	Safety Checks 3 Default time: (30)	Staff to check on resident every 1 hour during night - safety only.
29	Toileting/Incontinence 1 Default time: (0)	No assistance needed.
28	Toileting/Incontinence 2 Default time: (10)	Assistance with clean up of occasional accidents.
27	Toileting/Incontinence 3 Default time: (20)	Daily bed changes due to incontinence.
26	Toileting/Incontinence 4 Default time: (30)	Reminding and directing only. Accidents more than once per week.
25	Toileting/Incontinence 5 Default time: (60)	Assistance and reminders in bathroom use every 2-3 hours during the day only. Assistance with removing and reapplying clothing and protective undergarments. Bed changing as needed.

123	Toileting/Incontinence 6 <i>Default time: (90)</i>	24 hour assistance and reminders in bathroom use every 2-3 hours. Assistance with removing and reapplying clothing and protective undergarments. Bed changing as needed.
50	Transfers/Ambulation 1 <i>Default time: (0)</i>	No assistance needed.
49	Transfers/Ambulation 2 <i>Default time: (10)</i>	Occasional wheelchair transport to meals/activities, or standby assistance for ambulation with walker.
48	Transfers/Ambulation 3 <i>Default time: (30)</i>	Always assist with transfers; pushing wheelchair to meals, activities, or standby assistance for ambulation with walker.

[RETURN TO TOP ^](#)

Parsons House on Eagle Run

Move In/Move Out for 2015

Move In Summary

Month	Total
January	4
February	6
March	6
April	4
May	4
June	5
July	8
August	6
September	3
October	4
November	10
December	4
Total	64

Move Out Summary

Month	Total
January	6
February	7
March	4
April	9
May	6
June	4
July	2
August	8
September	3
October	1
November	5
December	6
Total	61

Parsons House on Eagle Run, an Assisted Living facility licensed by the State of Nebraska, is pleased with your interest in exploring residency with us. At Parsons House On Eagle Run, we provide accommodations, board, assistance with personal cares, assistance with specified activities of daily living and supervision to individuals who, by reason of age, illness, disease, injury or disability, need and request such services. Parsons House on Eagle Run does not have a licensed nurse on site 24-hours a day, however, a nurse reviews the services provided.

At Parsons House on Eagle Run, we believe in providing quality service for your payment. The charges for services provided by Parsons House On Eagle Run are listed on the enclosed rate sheet. Parsons House On Eagle Run does accept individuals who are eligible for the Medical Assistance (Medicaid Waiver) program so long as have a room available and specific private pay criteria is met. The Medicaid program only pays for certain rooms at Parsons House On Eagle Run. If you need to receive assistance through the Medicaid program and you are not in a studio apartment, you will need to move to a studio apartment if/when one is available.

We value each and every person who resides at Parsons House On Eagle Run. Unfortunately, there may be times when an individual may be required to move. Parsons House On Eagle Run does not provide services generally provided by hospital or nursing facilities. Parsons House On Eagle Run does not offer complex nursing interventions or medical care to individuals whose condition is unstable. Other reasons an individual may be discharged include:

1. No longer meeting the eligibility criteria for admission, readmission or retention;
2. Interfering with the peaceful environment of other residents;
3. Elopement;
4. Dangerous to self or others;
5. Unmanageable incontinence;
6. Inability to consume an oral diet;
7. Failing to pay the monthly rent;
8. Failing to follow the rules and regulations of the community;
9. Guests failing to follow the rules and regulations of the community;
10. Breaching the terms of the Resident Service Agreement

If you decide you want to become a part of the Parsons House On Eagle Run family, our staff will evaluate you to determine the services you may require. This will result in a Resident Service Agreement. As you reside at Parsons House On Eagle Run, your needs may change and we will update the Resident Service Agreement based on the evaluation and conversations with you and/or your designated representative.

Parsons House On Eagle Run has special care units for dementia. To meet the special needs of individuals with dementia, additional activity services are provided and our staff

receives additional dementia training, minimum of 4 hours per year. Please refer to the additional enclosures regarding Parsons House On Eagle Run's dementia care philosophy as well as admission and retention criteria.

Thank you for considering Parsons House on Eagle Run. If you have any questions or comments, please feel free to contact me at (402) 498-9554, extension 144 and I will be happy to assist you.

Penny Bowden, RN
Executive Director

JANUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	4 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 1:30 Name 5 2:30 Family Feud 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	5 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 1:30 Watercolors 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	6 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 1:30 Balloon Volleyball 2:30 Bunco 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	7 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 1:30 Wheel of Fortune 2:30 Cupcakes and horoscopes 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 1:30 Bowling Dice 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	9 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Messages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

JANUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	11 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Jeopardy 2:30 Puzzles and Cocoa 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	12 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Winter Trivia 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	13 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Arm Massages 2:30 Snowflakes Craft 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	14 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Winter Wonderland Party 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	15 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 2:30 UNO 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	16 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

JANUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	18 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	19 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	20 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	21 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	22 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	23 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages
3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 3:30 HI/LOW 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	1:30 Birthday Social 2:30 Horse Races 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	1:30 Baseball 2:30 Watercolors 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	2:30 Bowling Dice 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

JANUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	25 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Volleyball 3:15 Afternoon Snack (outside weather permitting) 3:30 Cards 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	26 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Craft 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	27 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Cooking 2:30 Horse Shoes 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	28 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Washers 2:30 Dominos 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	29 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 2:30 Darts 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	30 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

JAN

FEBRUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	1 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Dominos 3:15 Afternoon Snack (outside weather permitting) 3:30 Wheel of Fortune 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	2 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Ring Toss 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Master Minds 2:30 Balloon Volleyball 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	4 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 High Low 2:30 Letter Dice 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	5 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 2:30 Bowling 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	6 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

FEBRUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	8 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Name 5 2:30 Bunco 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	9 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Balloon Volleyball 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	10 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Ring Toss 2:30 Kings in the Corner 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	11 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Matching 2:30 Cooking 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	12 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 2:30 UNO 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	13 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Walk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

Alla activities and times are subject to change.

FEBRUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	15 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	16 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	17 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	18 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	19 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages	20 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages
3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 2:20 BINGO 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Walk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

FEBRUARY 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	22 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Parachute 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	23 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	24 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Craft 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	25 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 3:15 Afternoon walk (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	26 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	27 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

FEBRUARY 2016



MARCH 2016



English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	29 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 2:00 Entertainment 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	1 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 2:20 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	2 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Wheel of Fortune 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	3 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Outing 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	4 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Bingo 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	5 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All times and activities are subject to change.

MARCH 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	7 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Outside and lemonade 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	9 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Easter Craft 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	10 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Birthday Social 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	11 9:30 Exercise/ Hair/ Ball toss/ Am Ride 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	12 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Walk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

MARCH 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Cooking 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Darts 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 St. Patrick's Day Party 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	9:30 Exercise/ Hair/ Ball toss/ Am Ride 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

MARCH 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 2:00 Entertainment 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Darts 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Outside with Lemonade 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss/ Am Ride 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Welk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

MARCH 2016

English Cottage Weekly Schedule

APRIL 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning snack 10:15 Catholic Communion 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (channel 55) 8:00 Bedtime snack and Movie (channel 55)	28 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Watercolors 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	29 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 BINGO 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	30 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Ladderball 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	31 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 1:30 Horse Races 3:15 Outing 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	1 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss/ Am Ride 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Happy Hour (outside weather permitting) 5:30 Dinner 8:00 Bedtime snack and Movie (channel 55)	2 8:30 Breakfast 9:30 Exercise/ Hair/ Ball toss 10:15 Morning Snack 10:30 Sing-a-longs/ Trivia 12:00 Lunch 1:30-3 Manicures/ Pedicures/ Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 6:00 Lawrence Walk (channel 12) 8:00 Bedtime snack and Movie (channel 55)

All activities and times are subject to change.

APRIL 2016

English Cottage Weekly Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:15 Catholic Communion 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 3:15 Afternoon Snack (outside weather permitting) 3:30 Chapel Service 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	4 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 1:30 Guess the Flavor 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	5 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 1:30 Bunco 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	6 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 1:30 Watercolors 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	7 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 1:30 Ladder ball 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	8 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss/AM Ride 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 3:15 Happy Hour 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)	9 8:30 Breakfast 9:30 Exercise/Hair/Ball Toss 10:15 Morning Snack 10:30 Sing-a-longs/Trivia 12:00 Lunch 1:30-3 Manicures/Pedicures/Massages 3:15 Afternoon Snack (outside weather permitting) 5:30 Dinner 7:00 Movie (Channel 55) 8:00 Bedtime Snack & Movie (Channel 55)

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