

Division of Health Service Regulation

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>HAL064004</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>02/29/2024</b>
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NAME OF PROVIDER OR SUPPLIER  <b>BREKENRIDGE RETIREMENT CENTER</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>2500 HUNTER HILL ROAD ROCKY MOUNT, NC 27804</b>
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D 000	Initial Comments  The Adult Care Licensure Section conducted an annual survey from 02/28/24 to 02/29/24.	D 000		
D 358	<p>10A NCAC 13F .1004(a) Medication Administration</p> <p>10A NCAC 13F .1004 Medication Administration (a) An adult care home shall assure that the preparation and administration of medications, prescription and non-prescription, and treatments by staff are in accordance with:</p> <p>(1) orders by a licensed prescribing practitioner which are maintained in the resident's record; and</p> <p>(2) rules in this Section and the facility's policies and procedures.</p> <p>This Rule is not met as evidenced by: Based on observation, interview and record review the facility failed to administered medications as ordered for 1 of 5 sampled residents including a medication used to prevent fluid overload (#1).</p> <p>The findings are:</p> <p>Review of Resident #1's current FL-2 dated 10/26/23 revealed:</p> <ul style="list-style-type: none"> <li>-Diagnoses included chronic respiratory failure, renal insufficiency and chronic diastolic heart failure.</li> <li>-There was an order for daily weights and to give metolazone for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week.</li> <li>-There was an order for metolazone 5mg to be administered as needed for a weight gain greater than 3 lbs in 24 hours or 5 lbs in a week.</li> </ul> <p>(Metolazone is a diuretic medication used to treat fluid retention caused by congestive heart failure and/or kidney disease.)</p>	D 358		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE \_\_\_\_\_ TITLE \_\_\_\_\_ (X6) DATE \_\_\_\_\_

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D 358	<p>Continued From page 1</p> <p>Review of Resident #1's physician's order dated 12/05/23 revealed metolazone 5mg was to be administered 1 hour before scheduled Lasix as needed for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week and to be sure to obtain weight first thing in the morning prior to administering scheduled medications. (Lasix is a medication used to treat fluid retention.)</p> <p>Observation of medications on hand for Resident #1 on 02/29/24 to 8:44am revealed: -There was a dispensing card labeled for metolazone 5mg to be administered one hour before scheduled Lasix daily as needed for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week. -A quantity of 30 tablets was dispensed n 12/05/23 and there were 28 doses remaining.</p> <p>Review of Resident #1 electronic treatment administration record (TAR) for January 2024 revealed: -There was documentation daily weights were obtained on 01/02/24 through 01/06/24 and on 01/19/24 through 01/31/24. -There was documentation Resident #1 weighed 147 lbs on 01/21/24 and 150.2 lbs on 01/22/24 for a weight gain of 3.2 lbs in 24 hours. -There was documentation daily weights were not obtained on 01/01/24, 01/07/24 and on 01/17/24 through 01/18/24 because Resident #1 refused. -There was documentation daily weights were not obtained on 01/08/24 through 01/16/24 because she was in the hospital.</p> <p>Review of Resident #1's electronic medication administration record (eMAR) for January 2024 revealed: -There was a computerized entry for metolazone</p>	D 358		

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D 358	<p>Continued From page 2</p> <p>5mg to be administered one hour before scheduled Lasix daily as needed for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week. -There no documentation metolazone 5mg was administered from 01/01/24 thought 01/31/24.</p> <p>Review of Resident #1's TAR for February 2024 revealed: -There was documentation daily weights were obtained on 02/01/24 through 02/02/24, 02/04/24 through 02/23/24 and on 02/25/24 thought 02/28/24. -There was documentation Resident #1 weighed 142.6 lbs on 02/05/24 and 148.6 lbs on 02/06/24 for a weight gain of 6 lbs in 24 hours. -There was documentation Resident #1 weighed 143.8 lbs on 02/22/24 and 148.2 lbs on 02/23/24 for a weight gain of 4.4 lbs in 24 hours. -There was documentation daily weights were not obtained on 02/03/24 because Resident #1 refused. -There was documentation daily weights were not obtained on 02/24/24 and there was to documentation as to why the weight was not obtained.</p> <p>Review of Resident #1's MAR for February 2024 revealed: -There was a computerized entry for metolazone 5mg to be administered one hour before scheduled Lasix daily as needed for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week. -There no documentation metolazone 5mg was administered from 02/01/24 thought 02/28/24.</p> <p>Review of a notification to provider note dated 02/29/24 at 9:18am revealed: -Resident #1 weighed 143.8 on 02/22/24 and on 02/23/24 she weighed 148.2 and metolazone was not administered.</p>	D 358		

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D 358	<p>Continued From page 3</p> <ul style="list-style-type: none"> <li>-Resident #1's current weight was 150.2 on 02/29/24.</li> <li>-Resident #1's weight was unknown on 02/24/24, 149.8 lbs on 02/25/24, 148.8 lbs on 02/26/24 and 149.2 lbs on 02/28/24.</li> <li>-Resident weighed 147.6 lbs on 02/05/24 and 148.6 lbs on 02/06/24 and the metolazone was not administered.</li> <li>-There was a response from Resident #1's primary care provider (PCP) with instructions to administer the metolazone 5mg, continue the current metolazone and to monitor Resident #1 for shortness of breath, dyspnea on exertion, chest pain and peripheral edema and to notify the provider which was dated 02/29/24.</li> </ul> <p>Telephone interview with the pharmacist for Resident #1's pharmacy on 02/29/24 at 9:06am revealed:</p> <ul style="list-style-type: none"> <li>-Metolazone with a fast acting diuretic medication used to remove fluid quickly from the system.</li> <li>-Fluid could build up quickly in the body when a person's kidneys aren't as effective at removing fluid.</li> <li>-The extra fluid causes the heart to work harder and lead to heart failure.</li> <li>-Not receiving the medication could cause shortness of breath and fluid could back up into the lungs.</li> </ul> <p>Telephone interview with the registered nurse (RN) for Resident #1's primary care provider on 02/29/24 at 10:15am revealed:</p> <ul style="list-style-type: none"> <li>-Resident #1 was prescribed metolazone to prevent excess fluid from building up around her heart.</li> <li>-Not receiving the metolazone 5mg as prescribed could increase the strain on the heart and cause shortness of breath and chest pain.</li> </ul>	D 358		

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D 358	<p>Continued From page 4</p> <p>Interview with the medication aide (MA) on 02/29/24 at 8:48am revealed:</p> <ul style="list-style-type: none"> <li>-Resident #1 was weighed daily before breakfast to monitor for fluid retention which could lead to difficulty breathing.</li> <li>-Resident #1 weighed 150.2 lbs that morning (02/29/24). ( This is a 6.4 lbs weight gain from 02/22/24.)</li> <li>-Resident #1 was to receive metolazone 5mg one hour before scheduled Lasix daily as needed for weight gain greater than 3 lbs in 24 hours or 5 lbs in a week.</li> <li>-She looked back over the previous 2-3 days weights each morning.</li> <li>-She did not administer metolazone 5mg on 02/29/24 and she did not remember ever having to administer the medication.</li> <li>-She did not realize Resident #1 had gained 6.4 lbs in the last week and she should have looked back over the last 7 days for with gain.</li> <li>-She did not realize Resident #1 had gained 4.4 lbs in 24 hours on 02/23/24 and she did not administer the metolazone 5mg as ordered.</li> </ul> <p>Interview with the Administrator on 02/29/24 at 10:30am revealed:</p> <ul style="list-style-type: none"> <li>-Medications should be administered as ordered.</li> <li>-The Director of Nursing (DON) was responsible for audits of the eMAR and ensuring all orders were followed.</li> </ul> <p>Interview with the Director of Nursing (DON) on 02/29/24 at 9:41am revealed:</p> <ul style="list-style-type: none"> <li>-MAs were responsible for obtaining daily weights for Resident #1.</li> <li>-MAs should look back over the previous 7 days to determine weight gain each day.</li> <li>-The daily weights were on the TAR and MAs had to go into the system to pull them up for review.</li> <li>-There was a short cheat sheet for MA's to</li> </ul>	D 358		

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D 358	Continued From page 5  document daily weights on to make the review of weights easier than going into the system but they were not done consistently. -She conducted audits quarterly of the weights to ensure they were completed and the metolazone was administered appropriately and the last audit was completed in January 2024. -She did not know the metolazone 5mg was not administered to Resident #1 per the ordered parameters.	D 358		