Missouri Department of Health and Senior Services

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	03479N	A. BUILDING: _____ B. WING _____	C 04/15/2026

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
HEISINGER BLUFFS SENIOR LIVING	1002 WEST MAIN STREET JEFFERSON CITY, MO 65109

(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
A4833	19 CSR 30-86.047(56)(E)(1 - 2) Medications-Return to RX / Destroy, Records Medications that are not in current use shall be disposed of as follows: (E) Medications may be returned to the pharmacy that dispensed the medications pursuant to 20 CSR 2220-3.040 or returned pursuant to the Prescription Drug Repository Program, 19 CSR 20-50.020. All other medications, including all controlled substances and all expired or otherwise unusable medications, shall be destroyed within thirty (30) days as follows: 1. Medications shall be destroyed within the facility by a pharmacist and a licensed nurse or by two (2) licensed nurses or when two (2) licensed nurses are not available on staff by two (2) individuals who have authority to administer medications, one (1) of whom shall be a licensed nurse or a pharmacist; and 2. A record of medication destroyed shall be maintained and shall include the resident ' s name, date, medication name and strength, quantity, prescription number, and signatures of the individuals destroying the medications; II/III This regulation is not met as evidenced by: Class II * Based on observation, interview, and record review, facility staff failed to dispose of discontinued medications for four current residents (Resident #1, # 2, #3, and #4) and destroy medication for two discharged residents (Resident #100, and #101) from one of one sampled medication storage room. Staff failed to remove and destroy one discharged resident (Resident #100) medication from one of one	A4833		

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A4833	Continued From page 1 sampled medication cart. The facility census was 18. 1. Review of the facility's Medication Storage policy, undated, showed the facility shall not use discontinued, outdated, or deteriorated drugs or biological's. All such drugs shall be returned to the dispensing pharmacy or destroyed. 2. Observation on 01/15/26 at 11:00 A.M., showed the medication room contained Resident #1's medication cards to include 25 tablets of Remeron (antidepressant) 15 (milligram (mg) with a discontinue date of 11/19/25, a medication card with 14 tablets of Sertraline (antidepressant) 25 mg with a discontinue date of 03/23/26. 3. Observation on 04/15/26 at 11:00 A.M., showed the medication room contained Resident #2's medication cards to include 18 tablets of Trazadone (antidepressant) 100mg with a discontinue date of 10/30/25, and medication card with 34 tablets of Quetiapine (antipsychotic) 25 mg with a discontinue date of 01/30/26. 4. Observation on 04/15/26 at 11:00 A.M., showed the medication room contained Resident #3's medication card of 14 tablets of Quetiapine 25 mg with a discontinue date of 10/30/25. 5. Observation on 04/15/26 at 11:00 A.M., showed the medication room contained Resident #4's medication cards to include 18 tablets of Haldol (antipsychotic) one mg, and five tablets of Haldol one mg with a discontinue date of 02/13/26. 6. Observation on 04/15/26 at 11:00 A.M., showed the medication room contained Resident	A4833		

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A4833	Continued From page 2	A4833		

#100's medication cards to include nine tablets of Divalproex (anticonvulsant) 125 mg, two 30 tablets of Trazadone 50 mg, 14 tablets of Memantine (anti-dementia drug) 10 mg, and 12 tablets of Memantine 10 mg with a discontinue date of 03/30/26.

7. Observation on 04/15/26 at 11:00 A.M., showed the medication room contained Resident #101's medication cards to include nine tablets of Sertraline 50 mg , two tablets of Medroxyprogesterone five mg , four tablets of Quetiapine 25mg, and 15 tablets of Quetiapine 25 mg with a discontinue date of 02/06/26.

8. Observation on 4/15/26 at 11:00 A.M., showed medication room contained two baskets contained 56 medication cards and a cabinet contained 12 prescription bottles of various medications discontinued by the physician or from residents who had been discharged/expired from the facility.

9. During an interview on 04/15/26 at 11:05 A.M., Level One Medication Aide (LIMA) A said the unit manager is responsible for the discontinued and discharged medications. LIMA A said they put expired or discontinued medications in the medication room, but they are not allowed to destroy them. LIMA A said two people are required to destroy medications, but we aren't allowed, it is usually the unit manager and a nurse who does it.

During an interview on 04/15/26 at 12:15 P.M., Certified Medication Technician (CMT) C said he/she is not sure how soon medication is supposed to be destroyed after being discontinued or sent back to the pharmacy. CMT

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A4833	Continued From page 3	A4833		

C said the reason the medications are left in the medication storage room is that the nurse only comes down to the unit once a week. This makes it hard to find a time that both he/she and the nurse are on the unit at the same time to do the destruction of the medications. CMT C said there are no other nurses available to assist on the unit. CMT C said monthly audits are done on the cart, by him/her, and he/she is unsure why there was a discharged resident's medication on the cart. The CMT said at this time there is no set schedule that they follow to monitor or check the medication room for medications that need destroyed.

During an interview on 04/15/26 at 12:17 P.M., Licensed practical nurse (LPN) D said he/she was not aware he/she was supposed to monitor the medications in the storage room or making sure they are destroyed or sent back to the pharmacy.

During an interview on 04/15/26 at 2:45 P.M., the administrator said the nurse goes to the unit once a week to do skin assessments, and any kind of treatments and he/she does have time to do medication destruction while there. He/She was not aware of the discontinued/discharged medications in the medication storage room. The administrator said it takes two staff to destroy medications and the nurse and CMT are responsible for making sure that is done. The administrator said ultimately it is his/her responsibility to oversee it is done, but currently there is no process in place to monitor this task. The administrator said his/her expectation is discharged and expired resident medications should be destroyed or sent back to the pharmacy within a week of the resident's

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A4833	Continued From page 4 discharge/expiration. *The higher classification merited due to the extent of the violation. Complaint #MO00261527	A4833		

PLAN OF CORRECTION

Provider/Supplier Name:	Heisinger Bluffs Senior Living
Street Address, City, Zip:	1002 W. Main St. Jefferson City, MO 65109
Date of Survey:	4/15/2026

PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER	03479N

ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION: (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	COMPLETION DATE
A4833	• All discontinued medications for Resident #1 were destroyed by CMT and Nurse on 4/15/2026 • All discontinued medications for Resident #2 were destroyed by CMT and Nurse on 4/15/2026 • All discontinued medications for Resident #3 were destroyed by CMT and Nurse on 4/15/2026 • All discontinued medications for Resident #4 were destroyed by CMT and Nurse on 4/15/2026 • All discontinued medications for Resident #100 were destroyed by CMT and Nurse on 4/15/2026 • All discontinued medications for Resident #101 were destroyed by CMT and Nurse on 4/15/2026 • All 56 medication cards and 12 prescription bottles that were in two baskets and cabinet in medication storage room that had been discontinued by the physician or from residents who have been discharged/expired were destroyed by CMT and Nurse on 4/15/2026 • All residents have the potential to be affected by the practice of not destroying meds • Nurse manager and CMT's will be educated on the policy that expired/discontinued medications need to be destroyed within 30 days. • Administrator/designee will complete audit of medication room to ensure that no expired/discontinued medications are present beyond 30 days weekly x4 weeks and then monthly x3 months	5/20/26

The Administrator signing and dating the first page of the CMS-2567/State Form is indicating their approval of the plan of correction being submitted on this form.