

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

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| <b>STATEMENT OF DEFICIENCIES<br/>AND PLAN OF CORRECTIONS</b>               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>165405</b> |  | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING<br><br>B. WING                                   |                                                                                                                          | (X3) DATE SURVEY COMPLETED<br><br><b>07/23/2026</b> |                            |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>Happy Siesta Health Care Center</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                            |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><br><b>423 Roosevelt St , Remsen, Iowa, 51050</b> |                                                                                                                          |                                                     |                            |
| (X4) ID<br>PREFIX<br>TAG                                                   | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                            |  | ID<br>PREFIX<br>TAG                                                                        | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE<br>APPROPRIATE DEFICIENCY) |                                                     | (X5)<br>COMPLETION<br>DATE |
| F0000                                                                      | INITIAL COMMENTS<br><br>Correction date: _____<br><br>The following deficiencies resulted from the<br>facility's annual recertification survey conducted on<br>July 20, 2026 to July 23, 2026.<br><br>See the Code of Federal Regulations (42CFR) Part<br>483, Subpart B-C.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                            |  | F0000                                                                                      |                                                                                                                          |                                                     |                            |
| F0803<br>SS = E                                                            | <p>Menus Meet Resident Nds/Prep in Adv/Followed</p> <p>CFR(s): 483.60(c)(1)-(7)</p> <p>§483.60(c) Menus and nutritional adequacy.</p> <p>Menus must-</p> <p>§483.60(c)(1) Meet the nutritional needs of residents<br/>in accordance with established national guidelines.;</p> <p>§483.60(c)(2) Be prepared in advance;</p> <p>§483.60(c)(3) Be followed;</p> <p>§483.60(c)(4) Reflect, based on a facility's reasonable<br/>efforts, the religious, cultural and ethnic needs of<br/>the resident population, as well as input received<br/>from residents and resident groups;</p> <p>§483.60(c)(5) Be updated periodically;</p> <p>§483.60(c)(6) Be reviewed by the facility's dietitian or<br/>other clinically qualified nutrition professional for<br/>nutritional adequacy; and</p> <p>§483.60(c)(7) Nothing in this paragraph should be<br/>construed to limit the resident's right to make<br/>personal dietary choices.</p> |                                                                            |  | F0803                                                                                      |                                                                                                                          |                                                     |                            |

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See reverse for further instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE |  | TITLE | (X6) DATE |
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| <b>STATEMENT OF DEFICIENCIES<br/>AND PLAN OF CORRECTIONS</b>               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>165405</b> |  | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING<br><br>B. WING                                   |                                                                                                                          | (X3) DATE SURVEY COMPLETED<br><br><b>07/23/2026</b> |                            |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>Happy Siesta Health Care Center</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                            |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><br><b>423 Roosevelt St , Remsen, Iowa, 51050</b> |                                                                                                                          |                                                     |                            |
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| F0803<br>SS = E                                                            | <p>Continued from page 1</p> <p>This REQUIREMENT is NOT MET as evidenced by:</p> <p>Based on observation, staff interview, and policy review the facility failed to provide a well balanced diet that meets nutritional and special dietary needs by use of incorrect serving size portions for meals. The facility reported a census of 54 residents.</p> <p>Findings include:</p> <p>Observation on 7/22/26 at 9:30 AM Staff A cook placed 6 servings of blueberry crisp into a blender and added milk for the puree process. Staff A then added thickener to the puree mixture. Staff A was then observed to pour the pureed blueberry crisp into single serving bowls without measuring the amount that was pureed.</p> <p>Observation on 7/22/26 at 10:04 AM Staff A prepared 6 servings of Rueben casserole into the blender for the puree process. Staff A then added 2 cups of milk. Staff A again was observed adding thickener to the puree mixture. Staff A then poured the pureed casserole into the serving container without measuring.</p> <p>Interview on 7/22/26 at 10:18 AM with Staff A revealed that she has never used the puree chart. Staff A further revealed she was never taught how to use the chart to determine the correct serving size for puree diets.</p> <p>Interview on 7/22/26 at 11:47 AM with the Administrator revealed that she would expect the puree process, and servings to be completed appropriately.</p> <p>Review of a facility provided document titled, Puree Volume Technique with a date of 2020 indicated:</p> <ol style="list-style-type: none"> <li>1. Measure out desired number of servings into blender</li> <li>2. Puree the food</li> <li>3. Add any necessary thickener or liquid of nutritive value and flavor to obtain desired consistency (pudding texture preferred).</li> <li>4. Measure the total volume of the food after it is pureed.</li> <li>5. Divide the total volume of the pureed food by the original number of portions</li> </ol> |                                                                            |  | F0803                                                                                      |                                                                                                                          |                                                     |                            |

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| F0803<br>SS = E                                                            | Continued from page 2<br>a. Refer to scoop chart                                                                             | F0803                                                                      |                                                                                                                          |                                                     |  |