Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **#6129**			**Date:** **June 13, 2023**
Facility Name: **Oskaloosa Care Center**		**Survey Dates:** **April 26, 2023 – May 18, 2023**	
Facility Address/City/State/Zip **605 Highway 432** **Oskaloosa, IA 52577**	**CP**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.19(2)j	**481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: **58.19(2)** Medication and treatment. **j.** Provision of accurate assessment and timely intervention for all residents who have an onset of adverse symptoms which represent a change in mental, emotional, or physical condition. (I, II, III) **DESCRIPTION:** Based on clinical record review, staff interviews and policy review, the facility failed to assess and provide a timely intervention for 3 of 3 residents reviewed for catheter care (Resident #1, #4, #5). Resident #1 had little to no urinary output for 3 days without intervention. Residents #4 & #5 clinical records for urinary output lacked documentation. The facility failed to notify the attending physician of blood glucose levels greater than 400 for 1 of 1 resident reviewed (Resident #1). This failure resulted in possible distress for the resident, therefore causing an immediate Jeopardy (IJ) to the health, safety, and security of the resident. The facility reported a census of 76.	**CLASS I**	**$8,750.00** **(HELD IN SUSPENSION)**	**UPON RECEIPT**

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	Findings include: 1. The Admission Minimum Data Set (MDS) dated 3/7/23 for Resident #1 revealed the diagnosis of diabetes mellitus, dementia, and urinary retention (difficulty urinating and completely emptying the bladder), requiring staff to provide extensive assistance with hygiene and urinary catheter care. Resident #1 had a Brief Interview for Mental Status (BIMS) score of 6 which indicated poor cognitive ability. The Care Plan with initiated date 3/13/23 for Resident #1 identified the focus of a urinary catheter, and directed staff as follows; provide catheter care with the assistance of 1 person and identified dementia, monitor for physical and nonverbal indicators of discomfort, stress, and follow up as needed. monitor for too much fluid (fluid overload) and to document food taken in (intake) and urination (output) as per the facility policy and to notify the physician if there was a decrease or no urinary output. During an interview on 4/27/23 at 11:10 AM, Staff A, Certified Nursing Assistant (CNA) stated "On the			

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	skilled care unit, the catheter cares are completed at the end of the shift, that is cleaning the catheter, emptying the catheter and documenting the output". Staff A stated the end of the shift is every 8 hours. During an interview on 4/27/23 at 11:18 PM, Staff B, CNA stated that the day shift CNA's clean the entire urinary catheter every morning and then at 2 PM drain the catheter bag. Staff B stated if there was little to no urine, they are directed to check for a kink in the tubing and then alert the nurse. The facility provided a written statement dated 4/26/23 by Staff G, Certified Medication Aide (CMA) that revealed on 4/22/23 at 5:30 AM it was reported to the nurse that Resident #1 had 100 milliliters (ml) output, and at 10 PM, no urinary output. Staff G documented on 4/23/23 at 5:30 AM, she reported to the nurse that there was no urinary output and at 4:30 PM reported to Staff E a blood sugar result of 557 and no urinary output for Resident #1. Staff G documented that Staff E stated "I know about it" therefore Staff G reported the findings to Staff C whom immediately responded to Resident #1's room. During an interview on 4/27/23 at 3:19 PM Staff C, Licensed Practical Nurse (LPN), stated on 4/23/23 about 4 PM the medication aide reported that			

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	Resident #1 did not have a urine output for 2 days. Staff C stated that Resident #1 was lying in bed, eyes closed, fists clinched, his teeth clinched, felt warm, and his temperature was 97.8, but his skin was clammy". Staff C stated Resident #1's wife stated he did not have a urine output and his blood sugars were high. Staff C stated, "I touched his distended abdomen and he flinched back; he was visibly in pain". Staff C stated she did not know the location of Staff E, Registered Nurse (RN), Resident #1's nurse, so she flushed the urinary catheter with 20 ml's of normal saline and nothing returned. Staff C stated, "I deflated the balloon and the force of blood came out, pushed the catheter out". Staff C stated she called Staff D, Advanced Registered Nurse Practitioner (ARNP) and received an order to replace the urinary catheter and flush if able, if not, transfer to the emergency department. Staff C stated she was unable to place the new urinary catheter and Staff E entered the room. Staff C stated the need to transfer Resident #1 to the hospital. Staff C stated Staff E left the room to copy Resident #1's records and did not see Staff E assess Resident #1's vital signs before the ambulance arrived 15 minutes later. During an interview on 4/27/23 at 2:43 PM Staff D, ARNP stated she was at the facility on Friday 4/21/23 and Staff E worked without a complaint for Resident			

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	#1. Staff D stated on 4/23/23 at 16:44 PM staff E called and stated Resident #1 did not have a urinary output "for 3 days" and his blood sugar was over 500 all day. Staff D stated, "I should have received multiple calls about that". Staff D stated Staff C called immediately after that and stated she had intervened, attempted to flush the catheter and orders were given that if she could not flush the catheter, send Resident #1 to the Emergency Room (ER). Staff D stated, "I gave nurse (Staff E) the same order and she told me that her intervention was to pass the orders onto the next shift". Staff D stated that Staff C was not able to advance the new urinary catheter so she was given the order to transfer to the ER. Staff D stated, "I have never had this happen before in this facility and the nurse (Staff E) did not do what should have done". During an interview on 5/1/23 at 10:55 AM, Staff F, RN, stated she had worked on 4/21/23 on the night shift and Resident #1 did not have any issues, but on 4/22/23 she was made aware, after 4 AM by the CNA, that Resident #1 did not have a urinary output. Staff F stated she attempted to flush his catheter and nothing returned. Staff F stated she reported this to Staff E. During an interview on 5/1/23 at 11:24 AM, Staff E, RN, stated she took care of Resident #1 on Friday,			

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	4/21/23 and he did not have any issues and she did not see Staff D that day. Staff E stated on 4/22/23, Resident #1 had a low blood sugar and she gave him orange juice. Staff E stated on 4/23/23, the night nurse told her that Resident #1 did not have a urinary output and she checked him immediately, stated he did not have discomfort at that time, checked him again at noon when his blood sugar was 510 and gave him his insulin. Staff E stated she called Staff D to report the blocked urinary catheter and high blood sugars. Staff E stated she had received orders and that Staff C assisted. The Nurses Progress notes for Resident #1 reveals: a. 4/21/23 at 11:30 AM Staff E documented "urine doesn't look out the normal". b. 4/23/23 at 3:15 PM Staff E documented "Resident has urine retention, not urinated in 3 days, both legs have pitting 4 edema (swelling), fluid oozing from right lower extremity, nurse did a doctor notification form". c. 4/23/23 at 4:30 PM Staff E documented "BS (Blood Sugar) is running 402-501". d. 4/23/23 at 5:30 PM Staff E documented "Resident sent out, unable to urinate, Foley irrigated and changed, still no urine, (Staff D) and family notified, Vital signs temperature 97.8, respirations (R) 20, pulse (P) 80, blood pressure (BP) 142/78".			

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	e. 4/23/23 5:40 PM Staff E documented "Sent to hospital by ambulance". A document titled Mahaska Health Emergency Department dated 4/23/23 revealed Resident #1 arrived at 6:18 PM, BP 87/48, P 90, R 23, he was difficult to arouse, the staff administered Narcan (a medicine given to people who are overdosing on Opioids). Resident #1's abdomen was significantly distended and grunted with palpitation (pressing fingers to the abdomen). The staff started intravenous fluids and inserted a Foley urinary catheter with the immediate return of three liters of purulent (thick) bloody drainage, "similar appearance to a strawberry smoothie". The electrocardiogram (EKG) revealed Atrial Fibrillation (irregular heart beat), "new rhythm for him", with a heart rate of 90, the possible cause was sepsis (a life-threatening complication of an infection). Resident #1's blood cultures were gram positive cocci (Staphylococcus infection in the blood), and a urine culture revealed a high glucose (sugar content) in urine. Impression: acute (a sudden onset) kidney injury, obstructive uropathy (obstructed urinary flow), UTI (urinary tract infection), Urosepsis, A-fib due to sepsis, acute cystitis (inflammation of the bladder). Dictated by physician, Staff H.			

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	The document titled Output for April 2023 for Resident #1 revealed: a. On 4/16/23 at 5:43 AM 1400 ml, at 1:35 PM 250 ml. b. On 4/17/23 at 1:30 PM 500 ml. c. On 4/18/23 at 5:43 AM 2500 ml, at 1:59 PM 500 ml. d. On 4/19/23 at 4:03 AM 300 ml, at 1:59 PM 650 ml, at 9:14 PM 1000 ml. e. On 4/20/23 at 1:24 PM 500 ml. f. On 4/21/23 at 1:50 PM 600 ml, at 9:59 PM 550 ml. g. On 4/22/23 at 5:23 AM 100 ml, at 9:59 PM 0 ml. h. On 4/23/23 at 5:23 AM 0 ml, at 1:57 PM 100 ml. Policy Catheter Care Indwelling dated 1/13 revealed: #24 Catheter Care check catheter system and empty drainage bag every shift #25. Complete catheter care at least daily #27 monitor for obstruction, hematuria, leaking around catheter #28. Notify physician of any changes or concerns The Medication Administration Record (MAR) for Resident #1 listed the time and glucose levels for the date of 4/23/23: a. 8 AM Blood Sugar (BS) level 507. b. 12 PM BS level 510. c. 5 PM BS level 557.			

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	The MAR directed staff to notify the physician if the blood sugar level was greater than 400. The Policy titled Blood Sugar Monitoring: General documentation guidelines: a. If blood glucose level is outside physician given parameters, document the time the physician was notified. b. Blood glucose levels for residents with diabetes vary depending on food intake, insulin dose, and exercise. Target glucose levels should be established by the residents attending physician. During an interview on 5/1/23 at 11:47 AM, the Director of Nursing (DON) stated, "When there was no urinary output in a shift, I expect the nurse to call the physician and receive an order to flush the catheter". The DON stated that the physicians are at the facility every Monday through Friday, 4-5 hours a day. The DON stated, "Nurses are trained to take action, I would expect them to call the physician or me". **FACILITY REPSONSE:**			

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