Iowa Department of Inspections and Appeals
Health Facilities Division
Citation

Citation Number: **#6009**	Fine amount reduced by 35% to $3,412.50 on February 27, 2023 pursuant to Iowa Code Section 135C.43A		**Date:** **February 21, 2023**
Facility Name: **Windmill Manor**		**Survey Dates:** **January 30, 2023 – February 7, 2023**	
Facility Address/City/State/Zip: **2332 Liberty Drive** **Coralville, IA 52241**	**CP**		

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction date
58.28(3)e	**481 58.28(135C) Safety.** The licensee of a nursing facility shall be responsible for the provision and maintenance of a safe environment for residents and personnel. (III) **58.28(3)** Resident safety **e.** Each resident shall receive adequate supervision to protect against hazards from self, others, or elements in the environment. (I, II, III) **DESCRIPTION:** Based on observation, interview, record review, and facility policy review, the facility failed to provide a safe transfer while using a mechanical lift which resulted in an arm fracture, hematomas, and pain for 1 of 2 residents reviewed for mechanical lift transfers. (Resident#24) The facility reported a census of 81. Findings include: The Annual Minimum Data Set (MDS) assessment set dated 11/1/22 revealed the resident scored 14 out of 15 on a Brief Interview for Mental Status (BIMS) exam, which indicated cognitively intact. The MDS documented that the Resident required two staff for total dependence for transfers. The MDS revealed that the Resident required total dependence of staff for the following transfers; chair/bed-to-chair, toilet	**Class I**	**$5,250.00**	**UPON RECEIPT**

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	transfer, and car transfer. The MDS documented that the resident required extensive assistance with bed mobility with a two plus person physical assist. The MDS identified that the resident had the diagnoses which included generalized muscle weakness, unsteadiness on feet, morbid (severe) obesity due to excess calories, and a body mass index between 45-49.9. The Care Plan dated 10/26/21 with a problem of Falls revealed Resident #24 was at risk for falls related to pain, weakness, Atrial Fibrillation, and use of anti-depressants. Interventions dated 7/5/22 indicated the resident needed a total assist of 2 staff with transfers using a full mechanical lift. A Search Vitals Results dated 6/28/22 to 2/02/23 documented the following weights for Resident#24; 12/5/22 309.2 pounds and on 1/4/23 294 pounds The Fall Risk Assessment dated 12/24/22 identified a score of 13 which indicated a Moderate Fall Risk for Resident #24. The Event Report dated 12/26/22, stated Resident #24 fell from the mechanical lift sling when transferred with the Hoyer lift. The resident slipped out of the Hoyer sling resulting in left forearm pain. The resident sent to the Emergency Department and evaluated. The Emergency Department (ED) Provider Aware Notes on 12/26/22 at 12:47 PM stated resident was transferred via Hoyer lift on 12/26/22 and there was some sort of issue and			

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	the resident fell from the lift. The Provider Note revealed the resident stated she landed on her left side and buttocks and complained of moderate pain in her left wrist along the ulnar process that was constant and non-radiating. The Progress Notes dated 12/26/22 at 1:22 PM, revealed CNA (Certified Nurse Aide) reported to the nurse Resident #24 slipped from the Hoyer sling during the mechanical lift transfer. The resident found laying on her back and the left side parallel to the bed with the Hoyer sling hooked up to the Hoyer lift. Resident #24 confirmed she had slipped out of the sling while transferring to her wheelchair and landed on her buttocks and the left side. Resident #24 complained of a 6 out of 10 pain to her left forearm and redness and swelling observed by the nurse. Resident refused initially to be transported to the hospital but eventually changed her mind and sent to the hospital. The Radiology report dated, 12/26/22 at 1:23 PM, showed findings of severe degenerative changes of the first and second carpal-metacarpal joints. The findings also included an old distal left ulnar fracture. The lateral view showed a fracture of the radius, ulna, or both. The report recommended dedicated left forearm radiographs. The Emergency Department (ED) Discharge Instructions dated, 12/26/22 stated the ED clinical impression was scapholunate (wrist ligament) instability with acute wrist pain. Additional information included that due to the arthritis and osteopenia it was difficult to determine if there was a fracture present. There was an old injury to the wrist also visible, recommend a removable splint at this time.			

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	The Progress Notes, 12/26/22 at 3:20 PM showed Resident #24 returned from the Emergency Department (ED) and an X-Ray had been performed on her left arm and the ED was unable to determine if Resident #24 left arm was fractured due to arthritis. The Physical Therapy Encounter Notes dated 12/27/22 at 4:38 PM revealed the resident presented to therapy at baseline functional mobility and level of assistance. The resident reported increased left hip pain since she had fallen out of the Hoyer sling and landed on her hip. Therapy services for pain management and re-evaluate and reestablish HEP (Home Exercise Program). The Nurse Practitioner Progress Notes dated, 12/29/22 at 10:25 AM revealed Resident #24 had continued pain in her lower back and hip since the fall. The imaging was negative for any fractures/dislocations. Hydrocodone prescribed for pain as needed for 5 days for pain management. The Progress Notes dated, 12/29/22 at 12:00 PM showed resident's daughter was notified her mother was being sent to the hospital due to increased pain. The Progress Notes dated 12/29/22 at 12:20 PM revealed the resident was sent to the hospital and took a blue sling with her to the hospital. The ED Provider Aware Notes dated 12/29/22 at 1:32 PM revealed the resident was sent to the emergency room due to continued worsened hip pain and wanted further imaging.			

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	The Computerized Tomography Scan (CT) without contrast of the pelvis dated 12/29/22 at 2:30 PM revealed a 11.7 x 0.9 x 11.9 centimeters (cm) right rectus sheath hematoma. The scan also identified an additional high-density collection measured approximately 9.3 x 5.1 x 6.7 cm superior to the bladder. A CT with contrast was performed on 12/29/22 at 5:14 PM, to rule out intra-abdominal bleeding. The results found the right rectus sheath hematoma in better effect as well as the adjacent area of hemorrhage. These encompass a single large hematoma which extended from the right rectus muscle into the central to the right lateral aspect of the space of Retzius, retropubic extraperitoneal space. The acute hematoma measured approximately 20 cm in craniocaudal extent, 14 cm in maximum width, and 7 cm in anteroposterior (AP) dimension. The Progress Notes dated 12/31/22 at 8:19 AM showed the resident had pain that radiated from her arm to her chest and was sent by ambulance to the hospital. Resident told the staff it hurt to breathe, move or doing anything period. Resident cried when head of bed (HOB) was raised. The ED Provider Aware Note dated 12/31/22 at 8:37 AM, revealed resident had a X-ray of the left wrist with concern of a scapholunate ligament injury and was in a thumb spica splint. It also appeared that there was a possible diaphysis fracture of the radius and dedicated forearm X-rays were recommended but didn't appear to be completed. The resident's pain was constant, aching, and mild in severity and worsened with palpation. The resident was then placed in a long ulnar gutter splint and discussed ongoing			

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	supportive care, pain control, and that the fracture was non-operative. Resident was on Oxycodone for pain. The Radiology Report dated 12/31/22 at 9:27 AM, showed a nondisplaced fracture of the diaphysis of the distal left ulna. It was noted the fracture was present on the prior exam described in the report. The Progress Notes dated 12/31/22 at 10:48 AM, revealed the nurse received report from the hospital that showed a non-displaced ulnar fracture was found. The Progress Notes dated 1/1/23 at 12:37 AM, indicated the resident had an immobilizer applied to the left wrist and the fracture should heal in 4 to 6 weeks. The CT scan of the abdomen and pelvis dated 1/2/23 10:44 AM showed the rectus sheath hematoma may had slightly decreased in size and the mass effect upon urinary bladder was also stable. The Discharge Summary dated 1/4/23 at 9:33 AM, stated the resident was seen on 12/26/22 after a fall and had a nondisplaced left distal ulnar fracture. The Discharge summary stated the resident seen on 12/29/22 with hip pain after a fall, found to have a rectus sheath hematoma and a hematoma to the posterior bladder area. The Progress Notes dated 1/4/23 at 6:39 PM, revealed the resident returned to the facility and a splint and ace wrap were applied to the left wrist. Resident complained of aching of the wrist and burning of the hematoma behind the bladder.			

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	The Nurse Practitioner Progress Notes dated 1/5/23 at 10:27 AM, showed resident had a cast to the left wrist and stated further imaging showed a fracture. The Physician Progress Notes on 1/16/23, revealed a non-displaced mildly comminuted left distal fracture ulnar metaphyseal fracture. A short arm cast with fiberglass rolls applied in the physician's office. During observation on 1/30/23 at 11:18 AM, revealed Resident's #24 left wrist in a cast elevated on a pillow. During an interview on 1/30/23 at 11:18 AM, Resident #24 stated she fell out of the Hoyer lift during a transfer on 12/26/22. She stated she had a bruise on her bladder that they gave her pain medication for it. Resident #24 stated she had slid out of the Hoyer and hit her head, arm, and landed on her bottom. During an interview on 1/31/23 at 8:23 AM, queried Staff G, CNA (Certified Nurse Aide) about how do they know what size of Hoyer sling size to use and Staff G stated it goes by the weight of the resident. Staff G stated it goes by the binding (color of outer edge) of the sling, not the color of the sling. Staff G stated red is the smallest, then yellow, green, and blue. The Medical Sling recommended Sizing Chart provided and also observed in the utility room of the facility documented the following: a. Small 75 to 124 pounds (Red) Maximum 600 pounds.			

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	b. Medium 125-174 pounds (Yellow) Maximum 600 pounds. c. Large 175-249 pounds (Green) Maximum 600 pounds. d. Extra Large 250-399 pounds (Blue) Maximum 600 pounds. e. Extra, extra Large 400-750 pounds (Orange) Maximum 1000 pounds. Documentation on 12/26/22 had revealed the resident weighed 303.3 pounds which showed the recommended sling would be blue. During an interview on 2/1/23 at 11:20 AM, queried Staff D, LPN (Licensed Practical Nurse) about the Hoyer lift incident with Resident #24. Staff D stated she was at the nurse's station when a CNA came and got her. Staff D stated Resident #24 did not have pain except for her back and she had chronic back pain. Staff D stated Resident #24 didn't want to go to the hospital at first so they put her back in the bed. Asked Staff D what size the Hoyer pad was and Staff D responded she did not do a lot of Hoyer transfers so she would have to look it up. Staff D stated the facility ordered two special slings for Resident #24 that night or the next day. Queried Staff D how Resident #24 fell and Staff D stated she came straight down out of it and Resident #24 had scrapes on her legs where the leg straps had rubbed against her. Queried how did the CNAs know what sling to use and Staff D stated if the CNA question the size, they would ask a nurse to look it up. During an interview on 2/1/23 at 12:42 PM, queried Staff G about the Hoyer lift incident with Resident #24. Staff G stated they used the Hoyer sling the same way they had			

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	always done it. Staff G stated the slings legs were criss-crossed like they were supposed to be. The straps were blue on the bottom, green in the middle, and yellow on the top (noted to be the colors of the loops on the sling to connect loops to Hoyer lift). Staff G stated they were moving Resident #24 towards the wheelchair and her feet started to go up and the Resident #24 hit her arm and then her bottom fell out of the sling. Staff G stated her body was in the sling like it was supposed to be and the resident had marks on her legs where the leg straps were criss-crossed. Staff G stated nothing was broke on the Hoyer and the straps were still intact and secured on the lift. Queried Staff G what size of sling Resident #24 used and Staff G stated blue. Asked Staff G what color of sling they used on the day of the incident and Staff G stated they used a green sling because they could not find a blue sling to use and there was already a green sling in the resident's room. Staff G stated the resident was not much off from the green because she fluctuated in weight. Staff G stated she had never used a green sling with the resident but other staff had before. Queried Staff G what sling they used to put the resident back in bed on 12/26/22 and she stated they found a blue sling hanging up in laundry that had dried. Staff G stated the Administrator didn't want the other sling used until it was inspected. Staff G stated new slings were ordered and they are bariatric slings and they are used for Resident #24. Staff G stated she was not aware when the new slings were ordered. Staff G stated the facility purchased new Hoyer lifts last year and she thought they received 4 new slings with them.			

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	During an interview on 2/2/23 at 10:18 AM, Resident #24 stated they had left her in her chair too long yesterday evening and she was too sore to get out of bed today. When asked how long she had been in the chair. Resident #24 responded she was not sure, she didn't have a watch. During an observation on 2/2/23 at 10:20 AM, revealed Resident #24 lying in bed with her left arm casted elevated on a pillow. A gray sling with a blue binding was laid on the chair next to her bed. Staff H came into the room and asked Resident #24 if she was going to get up and Resident #24 stated no, she hurt too much. Staff H asked her if she wanted her to speak to the nurse to see if it was time for her pain pill and Resident #24 said no, the nurse knew when it would be time. During an interview on 2/2/23 at 11:01 AM, queried Staff H, CNA about the Hoyer incident with Resident #24. Staff H stated they did not have the right size sling because they could not find the blue sling. Staff H stated they got the resident dressed and, in the sling, and lifted her off the bed and everything was fine. Staff H stated when they moved her, the resident's bottom fell out of the sling. Staff H stated they double checked the straps and they were correct and the legs were criss-crossed and you could tell because the resident had marks on her legs from the leg straps. Asked Staff H what sling size they were to use on Resident #24 and she stated we are supposed to use a blue sling but we used a green sling. Staff H stated she believed the green one was smaller. Asked Staff H how did she know which sling to use and Staff H responded they had a chart in the utility room room that showed what sling to use with the resident's weight. Staff H stated Resident #24 was on the border			

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	between the slings. Staff H stated if they question a resident's weight they went and asked the nurse what the resident's weight was and went to the chart for clarification. Queried Staff H if she used the slings in the resident's room and Staff H responded no we usually have what we need on the floor, and that day they used green because they did not have blue available. Staff H stated Resident #24 needed a bariatric sling not because of her weight but because of her width. Staff H stated they had asked prior to the incident for bariatric slings for Resident #24 but it took this incident for them to order them. Staff H stated the bariatric slings are gray ones and they are only used for Resident #24. During an interview on 2/2/23 at 12:04 PM, queried Staff H, CNA if the facility gave an education on the incident. Staff H stated they told them they had been doing this long enough they should know what to do. She stated she had been telling them Resident #24 needed a bariatric sling since November and she was told the resident was in the weight range of the slings they had. Staff H stated the facility printed off something and put it at the nurse's station and they were told to read and sign it. Staff H stated the Administrator and the shift coordinator talked to them that day about the incident but they did not do an in-service for the incident. During an interview on 2/2/23 at 1:14 PM, queried the Administrator about the Hoyer incident with Resident #24, and she stated she came in at approximately 1:30 PM and the resident did not initially want to go to the hospital but the nurse convinced her to go. The Administrator stated she had Staff H and Staff G do a return demonstration with her in the sling and they did everything correctly. She stated the			

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	CNAs stated they didn't know what happened and it might have been from her shape she fell down. The Administrator stated she inspected the sling herself and there were no tears, rips, or anything wrong with the sling they used. She stated the CNAs did it exactly to policy and when the incident was investigated nothing was found to be in error. Queried the Administrator on the expectations of staff when performing Hoyer lifts and she stated to follow policy and procedure of which they did. Asked the Administrator what should staff do if the right size sling is not available and she responded she was not aware of that ever happening and the right size was always available because they had ample supply. Queried the Administrator about how staff know what size sling to utilize and she responded they have a manual they go over and a chart is in the utility room for the color to match the weight. Queried the Administrator if any interventions were put in place for the resident after the incident and she stated the resident was sent to ER (Emergency Room) and she had spoken to her support service staff and after discussion ordered a different sling (a long seat sling) for the resident. She stated they ordered a different sling from a different manufacturer with the correct size. She stated the new sling was compatible with the Hoyer lift they used. She stated the manufacturer of the Hoyer lifts they currently used stated the facility's previous slings they used were compatible with the new Hoyer lift. Asked what sling was used with the Hoyer incident and the Administrator responded they used the previous style sling with the new lift but it was approved. Queried the Administrator if any education was done with the staff after the incident and she stated yes, they did an in service on that day.			

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	During an interview on 2/2/23 at 2:58 PM, queried the Administrator on what color sling was used during Resident #24 incident, and she responded it was blue. Asked the Administrator the color of the sling used for the return demonstration and she responded blue. Asked if she used a different sling than Resident #24 and said no, they were both blue and they were the appropriate size. When notified the staff had said the sling they used was green, the Administrator responded that maybe they were green, she would have to check because she might be thinking of the color of the pad and not the cord (binding). She stated there was an overlap in sizes and stated she would provide a chart. When asked if the chart was the same for all, the slings and the Administrator stated yes. During an interview on 2/2/23 at 3:18 PM, the Administrator stated she had initially forgot but Resident #24 was in the green sling. She stated she had spoken to the CNAs and pointed to the sling sizing chart and stated these are the recommended weights for the slings but the maximum weight was 600 pounds. She stated they didn't know how she slid out of the sling because you could go down a size but not go up in size. When asked if the older slings were used, the Administrator stated yes. When asked the Administrator what sling she used for the return demonstration, she stated it must have been the blue but still the maximum was 600 pounds. She stated the resident should have not fell out because the hole would have been smaller. The Administrator then stated the resident could have used the blue or green with both types of slings.			

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	Per the Hoyer full back sling manual for the type of Hoyer lift, it was documented, warning...Hoyer slings and lifters are not designed to be interchangeable with other manufacturer's products. Using other manufacturers on Hoyer products is potentially unsafe and can result in serious injury to patient or caregiver. The Hoyer Instructions Manual also documented the warning: For the safety of the patient and caregiver, before use of a sling a full assessment must be conducted that ensured the correct sling choice, method of position in sling, and the procedure for transfers had been determined for the patient. The Sling manual documented the following warnings: a. Select a sling that was sized appropriately for the resident. Slings that are too small may force a resident to fall out or exert unsafe pressure on the pelvic area. b. Sling failure or improper sling sizing or improper attachment may cause serious injury. Comply with instructions, inspections, and warnings. The Facility Policy Lifting Devices dated 2/12 stated all staff would be instructed on the proper use of the lifts, and each staff person would do a return demonstration in the proper techniques of use of the lifts. **FACILITY RESPONSE:**			

Facility Administrator _____ Date _____

If, within thirty (30) days of the receipt of the citation, you (1) do not request a formal hearing or; (2) withdraw your request for formal hearing, and (3) pay the penalty; the assessed penalty will be reduced by thirty–five percent (35%) pursuant to Iowa Code section 135C.43A (2013).