Department of Inspections and Appeals
Health Facilities Division
Citation

Number #5528		Report date January 13, 2022
Facility name Sunny Brooks Senior Living Center		Survey dates December 16-28-2021
Facility address 400 Highland Street		
City Fairfield, IA 52556	DC	

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
58.19(2)b	**481—58.19(135C) Required nursing services for residents.** The resident shall receive and the facility shall provide, as appropriate, the following required nursing services under the 24-hour direction of qualified nurses with ancillary coverage as set forth in these rules: **58.19(2)** *Medication and treatment.* *b.* Provision of the appropriate care and treatment of wounds, including pressure sores, to promote healing, prevent infection, and prevent new sores from developing; (I, II) **DESCRIPTION:** Based on observation, clinical record review, policy review, resident interview, and staff interview, the facility failed to carry out assessments and interventions in order to prevent the development and/or worsening of a facility acquired pressure ulcer for 3 of 3 residents reviewed for pressure ulcers (Residents #1, #2, and #3). The failures resulted in Immediate Jeopardy to the health, safety, and security of the residents. The facility reported a census of 69 residents. Findings include: 1. The MDS (Minimum Data Set) assessment tool, dated 8/18/21, stated the resident had MASD (Moisture Associated Skin Damage-incontinence-associated dermatitis/inflammation of the skin). The MDS assessment tool, dated 11/18/21, listed diagnoses for Resident #1 included Parkinson's disease, depression, and personal history of diseases	I	$9000 (Held in Suspension)	Upon Receipt

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	of the skin. The MDS stated the resident completely depended on 1 staff for eating and personal hygiene, and completely depended on 2 staff for bed mobility, transfers, dressing, toilet use, and bathing. The MDS listed the resident's BIMS (Brief Interview for Mental Status) score as 8 out of 15, indicating moderately impaired cognition and stated the resident had MASD and was at risk for developing pressure ulcers. The 2/12/21 Nursing Admission Assessment section for skin was blank and contained no information. The December 2021 TAR (Treatment Administration Record) listed a 3/12/21 order for Baza Protect Cream (a moisture barrier cream), apply to left gluteal fold topically every day and evening shift related to personal history of diseases of the skin and subcutaneous (below the top layer of the skin) tissue. It listed a discontinue date of 12/1/21. An 8/8/21 Nursing Note stated the resident continued to have skin breakdown on his buttocks and staff repositioned him every 2 hours. The Braden Scale for Predicting Pressure Sore Risk, dated 9/5/21, stated the resident was at risk for the development of pressure ulcers. The facility lacked documentation of a skin assessment done for the gluteal fold or buttocks from 3/12/21-12/1/21.			

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	A Nursing Note, dated 12/1/21 at 6:34 p.m., stated the physician saw the resident and ordered the following: 1. Discontinue current treatments to the skin of the buttocks. 2. Cleanse buttocks/perineum 4 x daily with warm soapy water, rinse well, pat dry, apply zinc oxide (a cream used to treat skin concerns) liberally. 3. Egg crate mattress or air mattress to bed. 4. Roho cushion (used to relieve pressure) in chair. 5. Turn side to side every 2 hours when in bed, avoid supine (back lying) position. 6. Not to be up in chair for periods greater than 60 minutes. The note contained no assessment of the skin and did not indicate the reason the physician saw the resident and initiated new orders. A review of the resident's clinical record revealed staff did not complete a skin assessment on 12/1/21. A 12/1/21 ARNP (Advanced Registered Nurse Practitioner) Note stated the resident had diffuse redness, discoloration, sloughing (shedding) tissue and multiple areas of sheared tissue across the buttocks and coccygeal(tailbone) area. The note directed staff to cleanse the area three times per day with water and /or soapy water, apply barrier cream with zinc oxide, provide a Roho cushion when in the chair and an air mattress to the bed, and turn every 2 hours. A 12/6/2021 10:15 a.m. Nursing Note stated the resident had a decline in health status and was not eating or drinking. The facility called the provider who sent the resident to the ER. The note did not			

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	include an assessment or description of the resident's skin. A 12/6/21 4:37 p.m. Nursing Note stated the resident admitted to the hospital with an elevated WBC (white blood cell) count. A 12/6/21 hospital History and Physical listed a 12/6/21 diagnosis of pressure injury of the buttock, Stage 3 (extends into the tissue beneath the skin) pressure ulcer. The note stated the resident had a midline large gluteal skin sore and had a low pressure mattress and directed staff to get air to the skin and keep the resident off of it. The note stated the wound had black coloration at the superficial (occurring on the surface) ulcer level with odor. The resident took antibiotics and had a WBC count of 12.4/uL(microliter) with normal range defined as 3.7-9.3/uL. The document stated the resident was unable to feed himself. A 12/12/21 Hospital Note listed the 12/7/21 diagnosis of sepsis (infection of the blood stream) and the resident would continue with vancomycin and Zosyn (intravenous antibiotics). It stated the resident's wound culture was positive for proteus mirabilis and staph aureus(types of bacteria). It stated the resident's blood culture grew staph epi(a type of bacteria), a probable skin contaminant. It directed staff to complete "meticulous" perineal care.			

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	A 12/13/21 Nursing Note stated the resident readmitted to the facility from the hospital with diagnoses of coccyx(tailbone) wound and Parkinson's. The resident had an open wound on the coccyx 10.5 cm (centimeters) x 14 cm x 3 cm (length x width x depth) with a treatment of betadine and Interdry (a moisture absorbing dressing) to coccyx twice daily, open to air as much as possible. A 12/13/21 Wound Weekly Observation Tool stated the resident had a coccyx pressure wound, acquired 12/1/21, and the resident had an air mattress and was on a turning and repositioning routine. The tool documented the wound had a large amount of purulent (referring to pus) drainage and measured 105 mm (millimeters) x 14 mm x 3 mm. A 12/16/21 4:11 p.m. Nursing Note stated the resident had a coccyx wound and staff turned him side to side and avoided the supine position. The note stated the resident required assistance to feed himself. The resident's Care Plan as of 12/20/21 did not address the resident's current skin issues or list interventions to treat and prevent skin issues. The 12/20/21 Daily Assignment Sheet for Highland (the unit Resident #1 resided) listed the following staff members assigned for the 1st shift: Staff A, Staff D, Staff C, Staff B, and Staff F. Observations on 12/20/21 revealed the following:			

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	8:30 a.m. The resident's door closed. 9:05 a.m. Staff C CNA (Certified Nursing Assistant) entered the resident's room with a Styrofoam container of breakfast. The resident was in bed on his back. Staff C did not offer to assist the resident with eating. 9:17 a.m. Staff B Nurse Aide brought the resident a small container of chocolate Mighty Shake (a nutritional supplement). The resident was on his back with the head of his bed elevated less than 30 degrees. The resident's over bed table was not above him but over on the left side of the bed. The resident's Styrofoam breakfast container was on the table, not in reach of the resident. Staff B handed the resident the Mighty Shake and the resident's hands shook when he took it from her. Staff B did not offer to assist the resident to eat or drink any further. 11:19 a.m. Staff G Activities Staff entered several rooms in the hall to pass out Christmas cards and gifts. She did not enter Resident #1's room. 11:58 a.m. Staff A RN (Registered Nurse) went into the resident's room with a medication cup. She stated to the resident "oh did you spill your milk?" The resident's unopened Styrofoam breakfast container was still on the table. Staff A exited the room at 12:01 p.m. and stated to Staff C that she needed some help. There was an area approximately 1 foot in diameter on the floor which appeared to be the resident's chocolate shake. The resident was on his back and was shaky. Staff E CNA entered the room and Staff C and Staff E rolled the resident over onto his left side. Staff C asked Staff E if there were cloths in the room and			

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	Staff E stated she did not know and did not know who worked with the resident this morning or last night. Staff C and E rolled the resident over onto his left side and the resident had a large wound on his coccyx area which appeared to have depth to it. Yellow and dark brown drainage seeped from the wound and the wound had a foul odor. The pad and the fitted sheet under the resident had an area approximately 2 feet in diameter stained with a dark brown substance. Staff A RN re-entered the room and removed packing from the wound which was covered with brown and red drainage and had a foul odor. Staff A cleansed the area with betadine (an iodine solution) and inserted new packing into the area. The resident also had an open area on the lower right buttock. After the dressing change, there was a scant amount of blood under the resident's buttocks on a paper pad. After the cares, the surveyor asked Staff C to open the resident's breakfast container. Staff C opened it and she said he did not eat anything. The food appeared untouched. Staff C stated she last worked with him 2 weeks ago and thought he fed himself. Staff C and Staff E stated they did not assist the resident earlier in the day. Staff E stated Staff D CNA and Staff B worked with the resident and Staff F CNA did showers. Before leaving the room, Staff C gave the resident a drink of water and he was very shaky and struggled to hold onto the water container. The resident appeared to take a small drink of water. Staff C stated the resident drank some of his Mighty Shake and that the chocolate milk on the floor had been there when she delivered his breakfast that morning. She stated it			

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	looked like he drank approximately half of his Mighty Shake carton. The resident had a urinary catheter and the bag contained approximately 200 ml(milliliters) of dark brown urine. The resident had an air mattress on the bed which was dialed to the firmest setting and was set on "static". The surveyor stood in the hallway from 8:30 a.m. and no staff entered the resident's room from 9:17 a.m. until 11:58 a.m. and staff did not reposition the resident or provide hygiene assistance for the resident from 8:30 a.m.-11:58 a.m. Aside from possibly a sip of Mighty Shake and the sip of water Staff C gave the resident, the surveyor did not see staff assist the resident to drink during this time frame. 12:55 p.m. The resident laid in bed on his left side with the head of his bed at a 45 degree angle. The resident's tray table was on the left side of his bed and he attempted to reach the food on his tray but was not in position to do so. The food was not within a comfortable reach of the resident and it did not appear he ate more than a couple of bites. During an observation on 12/21/21 at 11:15 a.m., Staff A changed the resident's dressing and Staff H LPN Facility Wound Nurse measured the coccyx wound as 9.8 cm x 7.4 cm with tunneling at a depth of 1.5 cm at the position of 10:00. She measured the depth of the center of the wound as 4.7 cm. Staff H then measured an open area with a red wound bed on the right lower buttocks as 6.6 cm x 3.2 cm. During the cares, Staff			

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	H stated the wound was "getting progressively worse every day". The surveyor asked Staff H about the air mattress setting and she stated Hospice set it up and she didn't know what setting the machine should be set on. She stated it could be a little less firm. The resident's POC (Point of Care) Response History for the question "record fluid intake" revealed the following: Entries on 12/20/21 at 1:28 p.m., 1:54 p.m., and 7:44 p.m. documented the resident drank 0-25%. The resident's POC Response History for the question "record meal intake" documented the resident ate 0-25% at 1:28 p..m, 1:54 p.m., and 7:44 p.m. The Panacea Direct Air Element Mattress Owner Manual stated the Alternate/Static Switch selected between alternate pressure mode and static pressure mode. With alternate pressure mode, alternating air cells are partially deflated and inflated, avoiding prolonged pressure on any single point beneath the patient or resident to help prevent pressure ulcers. With static pressure mode, all of the air cells are equally inflated. (Retrieved on 12/27/21 from https://content.directsupplycdn.com/6316E230D1337F533F9421A0A7F44C30BD08C5F1F496F2D2F2D17B62A8157DB5).			

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	During an interview on 12/20/21 at 1:00 p.m., Staff F CNA stated she did showers today and did not assist Resident #1. During an interview on 12/20/21 at 1:05 p.m., Staff D CNA stated she did not care for Resident #1 today. She stated Staff C and B cared for him. During an interview on 12/20/21 at 1:07 p.m., Staff B stated she did not take care of Resident #1 today. During an interview on 12/20/21 at 2:20 p.m., Staff H LPN (Licensed Practical Nurse) stated she had Staff I ARNP see the resident on 12/1/21. Staff H stated she thought the wound looked like a Kennedy ulcer (a dark sore that developed rapidly during the final stages of a person's life). She stated Staff I ordered zinc 4 times per day and stated 4 days later the wound looked worse and they admitted him to the emergency room (on 12/6/21). She stated she did not complete any measurements on 12/1/21 when the ARNP saw the resident. She stated the facility treated his bottom for a while. He had redness and sloughing. She stated on 12/1/21, the area was closed and Staff I ordered an egg crate. She stated prior to 12/1/21, the resident's buttocks were red, irritated, and macerated(breakdown of skin resulting from prolonged exposure to moisture). She stated it had been like that for a while and she had no skin assessments prior to 12/1/21 as she only completed skin assessments for pressure wounds, surgical wounds, and skin tears. She stated the nurses only do skin assessments if the resident had			

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	a current skin issue or if they were skilled. She stated the facility did not complete skin assessments routinely on all residents. During a telephone interview on 12/21/21 at 8:33 a.m., Staff J RN stated Resident #1 did not reposition himself. She stated the resident had a decline and required the assistance of staff to eat. She stated she expected staff to turn him at a minimum of every 2 hours. The surveyor asked Staff J what staff should do if the resident had dark colored urine and she stated he had a water pitcher within reach but stated she did not know if he could get it himself currently. During an interview on 12/21/21 at 8:49 a.m., Staff K LPN stated she first saw Resident #1's coccyx wound about 3 weeks to 1 month ago. She stated they received an order for zinc and it was open at that time. She stated it was "good sized" when she first saw it. She stated prior to this during the last 6 months, the resident's bottom was red. She stated staff should turn the resident at least every 2 hours. During a telephone interview on 12/21/21 at 9:11 a.m., Staff I ARNP stated she was not aware the resident had any skin problems until 12/1/21. She stated considering the resident was incontinent she would expect staff to assess skin areas every time they cleansed him. She stated when she saw the wound on 12/1/21, it was an area of purplish discoloration and no open areas or ulcers were present.			

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	During an interview on 12/21/21 10:45 a.m., Staff B Nurse Aide stated there was no spilled chocolate milk on the floor when she delivered his chocolate milk on 12/20/21. During an interview on 12/21/21 at 11:36 a.m., Staff A RN stated when they first noticed the area on Resident #1's coccyx, it was purple and reddish with no open areas. She stated the ARNP ordered a cushion and zinc cream. She stated the area looked totally different than it currently looked. She stated staff should turn the resident every 2 hours at least and should check on him every time they pass the room for safety reasons. She stated on 12/20/21, the Hospice Aide came in early in the morning to give him a bed bath but she didn't know what time. She stated his urine was dark and they encouraged fluids. She stated today the resident attempted to eat himself but needed help and stated if staff helped him, she thought the resident would eat more. She stated the resident lying on his side was a handicap to eat. With regard to skin assessments, she stated if the aides report a problem to the nurses, they completed an assessment but there was no system to complete regular assessments on all residents. During an interview on 12/21/21 at 11:53 a.m., Staff F CNA stated Resident #1's wound looked totally different now than it used to. She stated it used to have redness but it was not open. She stated if staff talked to the resident, he allowed repositioning. She			

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	stated she thought staff should turn Resident #1 every 1 hour. During an interview on 12/21/21 at 12:37 p.m. Staff H stated staff should reposition and change the resident Resident #1 every 2 hours and anytime he was soiled. She stated if a resident refused cares or feeding assistance, they should attempt 3 times. She stated they should sit the resident up to eat and attempt to feed him. She stated if the resident's urine was dark, staff should offer fluids as the resident would drink Mighty Shakes. She stated there was probably no family notification of the resident's red bottom. She stated with regard to the Care Plans, the interim DON(Director of Nursing) was attempting to get them made up after the former DON left her position. She stated she was made aware last night that staff did not assist another resident with eating assistance for lunch on 12/20/21 in addition to Resident #1. She stated she reprimanded the aides regarding this. During a telephone interview on 12/22/21 at 11:50 a.m., Staff L Home Health Aide, stated on 12/20/21 she thought she arrived to give Resident #1 a bed bath a little after 7:00 a.m. and left a little before 8:00 a.m. She stated she "definitely" did not care for the resident after 8:00 a.m. During an interview on 12/22/21 at approximately 2:00 p.m., the Dietary Supervisor showed the surveyor the size of Mighty Shake Resident #1 received and it contained 117 ml (milliliters)			

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	2. The MDS assessment tool, dated 10/28/21, listed diagnoses for Resident #2 included fracture, morbid obesity, and depression. The MDS stated the resident required limited assistance of 1 staff for bed mobility, transfers, walking, dressing, and personal hygiene and required extensive assistance of 1 staff for toilet use and bathing. The MDS listed the resident's BIMS (Brief Interview for Mental Status) score as 15 out of 15, indicating intact cognition and stated the resident had 1 Stage 2 pressure ulcer (defined as partial thickness loss of dermis(skin) presenting as a shallow open ulcer with a red or pink wound bed). A 12/15/21 Wound-Weekly Observation Tool stated the resident had a Stage 4 pressure ulcer (an ulcer extending into the deep tissues) in the intergluteal crease acquired on 9/9/21 which measured 5 mm x 5 mm. The December 2021 TAR listed a 12/1/21 order for Calcium Alginate-Silver Pad (a type of wound dressing), apply to intergluteal crease daily. The Braden Scale for Predicting Pressure Sore Risk stated the resident was at moderate risk for the development of pressure ulcers. During an observation on 12/21/21 at 10:40 a.m., the resident stood from her recliner and Staff A RN measured an open area with a pink wound bed in between the resident's buttock as 0.5 cm x 0.5 cm.			

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	Staff A cleansed with NS(Normal Saline) and applied Calcium Alginate. The resident's recliner did not have a cushion in it. During the following observations, the resident sat in her recliner: 12/20/21 at 9:03 a.m. and 9:10 a.m. During an observation/interview on 12/21/21 at 10:40 a.m., the resident sat in her recliner and stated no one offered her a cushion for her recliner. As of 12/20/21, the resident's Care Plan did not address the resident's pressure ulcer or include interventions in place to treat the area. 3. The MDS assessment tool, dated 12/9/21, listed diagnoses for Resident #3 included anxiety, chronic pain, and lumbago (lower back pain). The MDS stated the resident required limited assistance of 1 staff for eating, extensive assistance of 1 staff for personal hygiene and dressing, extensive assistance of 2 staff for bed mobility and transfers, depended completely on 1 staff for bathing, and depended completely on 2 staff for toilet use. The MDS listed the resident's BIMS score as 15 out of 15, indicating intact cognition and stated the resident had 1 Stage 2 pressure ulcer(affecting the top layer of the skin). An 11/24/21 Nursing Note stated the resident admitted to the hospital with a diagnosis of CHF (Congestive Heart Failure).			

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	A 12/2/21 Nursing note stated the resident returned to the facility from the hospital. A 12/2/21 Admission Nursing Assessment documented the resident had bruising to the lower legs but did not state the resident had impairment of the coccyx. A 12/8/21 Nursing Note stated the resident had a new treatment order for the coccyx. The December 2021 TAR listed a 12/9/21 order for Santyl Ointment (used to treat wounds) apply to coccyx every evening shift for coccyx wound. A 12/11/21 Nursing Note stated the resident complained of her buttocks hurting. A 12/16/21 Wound Weekly Observation Tool, stated the resident had a coccyx pressure ulcer acquired 12/8/21 which was a Stage 1 measuring 5.2 cm x 6.1 cm with no depth. The facility lacked any further assessments of the wound from the 12/8/21 order note until 12/16/21. A 12/20/21 Nursing Note stated the resident complained of buttock pain. The resident's Care Plan as of 12/20/21 did not address the resident's pressure ulcer or include			

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	interventions to treat and prevent worsening of the ulcer. During an observation on 12/20/21 at 3:55 p.m. Staff A rolled the resident over on the right side and the resident had a wound on the coccyx with a red wound bed which appeared to have some depth. Staff A measured the wound as 5 cm x 4.5 cm x 2.5 cm depth. The resident stated to the surveyor that the area was not getting better. Staff A applied Santyl ointment to the area and covered it. The facility policy "Dressings, Dry/Clean", revised 2013, directed staff to document a wound's appearance, wound bed, edges, presence of drainage, and size. The facility policy "Pressure Ulcers/Skin Breakdown-Clinical Protocol", revised March 2014 , directed nurses to conduct full assessment of pressure sores including location, stage, size and presence of exudates and necrotic(dead) tissue. The policy stated the physician would help identify medical interventions related to wound management. The facility policy "Pressure Ulcer Risk Assessment", revised Sept 2013, stated staff would perform routine skin inspections with daily care and nurses would conduct skin assessments at lest weekly to identify changes.			

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Administrator Date

Department of Inspections and Appeals
Health Facilities Division
Citation

Number **#5528**				**Report date** **January 13, 2022**
Facility name **Sunny Brooks Senior Living Center**		**Survey dates** **December 16-28-2021**		
Facility address **400 Highland Street**				
City **Fairfield, IA 52556**	**DC**			

Rule or Code Section	Nature of Violation	Class	Fine Amount	Correction Date
	The facility policy "Prevention of Pressure Ulcers", revised September 2013, directed staff to implement preventative interventions including position changes, special mattresses, provision of personal hygiene assistance to remove bacteria and promote comfort, and ensuring the resident drinks plenty of fluids and eats a well-balanced diet. During an interview on 12/21/21 at 12:37 p.m. Staff H stated she did not have any measurements for Resident #3 in the computer and had a small scrap piece of paper with her which she stated had measurements she took of the resident's coccyx wound on 12/17/21. She stated the measurements were 5.2 cm x 6.1 cm x .04 cm. When the surveyor stated the depth during the observation on 12/20/21 was 2.5 cm, Staff H agreed the wound was getting worse. She stated she did not know anything about the area until 12/17/21 and did not know when staff discovered it. She stated if it was not discovered upon admission from the hospital, she probably did get the wound at the facility. She stated it was difficult for her to work the floor and complete wound assessments. During an interview on 12/28/21 at 11:02 a.m. the interim DON (Director of Nursing) stated she triggered skin assessment observations in the computer for every single resident. Last Wednesday staff completed them on everyone. Staff should completed them every week. She audited them and staff completed them. She stated they now had a way			

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	to track this. She expected assessments for MASD as well. For Res #2 she expected her to have a cushion for pressure relief. She stated she disciplined staff regarding the events with Resident #1 on 12/20/21. The facility was notified of the Immediate Jeopardy and given the IJ template on 12/21/21 at 4:15 PM. The facility corrected the immediate jeopardy on 12/22/21 by providing education to staff on wound care and assessments, repositioning, hydration/nutrition and incontinence cares. Care plans were updated and skin assessments completed. At time of exit the scope and severity was lowered to a D after verification staff had implemented their policies and procedures. **FACILITY RESPONSE:**			

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