

Main Meal

Brookdale Evesham

Sunday, February 15, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Macaroni and Cheese

Also Available

Brookdale Evesham

Sunday, February 15, 2026

Featured Starters

Soup of the Day

Spinach Lentil Soup

Salad of the Day

Chopped Salad

Featured Entrees

Simmered Beef Brisket

Beef brisket simmered with herbs and seasonings until tender.

🍴 Southwestern Breast of Chicken

Chicken breast baked with a spicy cornmeal crust.

🍴 Baked Cod

Fillet of cod baked in the oven and topped with a squeeze of lemon juice.

Vegetable

Creamed Spinach

Accompaniments

Classic Duchess Potatoes

Buttered Succotash

Barley Risotto

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

🍴 Pineapple Chunks

Desserts

Feature

Coconut Mousse

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

🍴 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



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Main Meal

Brookdale Evesham

Monday, February 16, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Creamed Potatoes

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

 Mandarin Oranges

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Brookdale Evesham

Monday, February 16, 2026

Featured Starters

Soup of the Day

Mushroom Barley Soup

Salad of the Day

Mediterranean Salad

Featured Entrees

Turkey Piccata

Sauteed breast of turkey served with a lemon caper sauce.

BBQ Braised Beef

Tender, slow cooked beef with BBQ sauce.

Pan-Fried Flounder

Flounder lightly crusted with cornmeal and pan-fried to golden brown.

Vegetable

Italian Style Zucchini

Accompaniments

Rice Blend

Roasted Broccoli

Warm Potato Salad

Desserts

Feature

Cinnamon Crumb Cake

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Evesham

Tuesday, February 17, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Basmati Rice

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

 Fresh Fruit Cup

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Brookdale Evesham

Tuesday, February 17, 2026

Featured Starters

Soup of the Day

Harvest Soup

Salad of the Day

Tossed Garden Salad

Featured Entrees

Baked Glazed Ham

Premium oven baked ham with a sweet pineapple glaze.

Tarragon Chicken

Chicken breast served with a classic, creamy tarragon sauce.

Lamb Curry

Cubes of lamb stewed until tender with curry and lemon.

Vegetable

 Steamed Carrots

Accompaniments

Oven Brown Potatoes

Buttered Kale

Basmati Rice

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Apple Pie

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Evesham
Wednesday, February 18, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Rissolle Potatoes

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

🍏 Chilled Pears

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Brookdale Evesham
Wednesday, February 18, 2026

Featured Starters

Soup of the Day

Butternut Squash and Apple Soup

Salad of the Day

Lettuce and Herb Salad

Featured Entrees

🍴 Herb Baked Haddock

Baked haddock fillet marinated in white wine, mustard, and herbs.

Braised Pork Chop with Gravy

Braised boneless pork chop served with a savory pan gravy.

Hungarian Goulash

Hearty Hungarian beef stew prepared with a rich paprika infused gravy.

Vegetable

Parmesan Tomato

Accompaniments

Couscous

Sweet and Sour Cabbage

Au Gratin Potatoes

Desserts

Feature

Chocolate Frosted
Layer Cake

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Evesham

Thursday, February 19, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Orzo Pilaf

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

🍏 Apricot Halves

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Brookdale Evesham

Thursday, February 19, 2026

Featured Starters

Soup of the Day

Minestrone Soup

Salad of the Day

Wedge Salad

Featured Entrees

🍴 Beef Burgundy

Lean beef with mushrooms, carrots and onions in a wine sauce.

Traditional Roast Turkey

Traditional, oven-roasted whole fresh turkey.

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Crumb Topped Fillet of Sole

Tender fish with a mustard, parmesan, bread crumb topping.

Vegetable

Buttered Brussels Sprouts

Item can be prepared as an 🍴 Optimum Life Cuisine Option

Sauteed Vegetable Blend

Accompaniments

Buttered Parslied Potatoes

Sweet Potato Casserole

Desserts

Feature

Pumpkin Pie

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Evesham

Friday, February 20, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

Herb Seasoned Rice

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

 Chilled Diced Peaches

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Brookdale Evesham

Friday, February 20, 2026

Featured Starters

Soup of the Day

Green Split Pea Soup

Salad of the Day

Tossed Garden Salad

Featured Entrees

Chicken with Country Gravy

Tender chicken breast served with a hearty, yet healthful pan gravy.

Roast Beef

Seasoned beef, slow roasted until tender.

Lemon Pepper Baked Cod

Fillet of cod seasoned with lemon juice and ground black pepper.

Vegetable

Braised Collard Greens

Item can be prepared as an  Optimum Life Cuisine Option

Savory Red Wine Mushrooms

Accompaniments

 Pan Roasted Potatoes

Horseradish Mashed Potatoes

Desserts

Feature

Tiger Brownie

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Evesham

Saturday, February 21, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Italian Salad

Seasonal Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

Grilled Chicken Spinach Salad

Marinated grilled breast of chicken served over fresh spinach salad.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Accompaniment

 Baked Sweet Potato

Also Available

Seasonal Desserts

Ice Cream of the Month

Butter Pecan Ice Cream

Cookie of the Month

Chocolate Macadamia Nut
Cookie

Fruit

 Tropical Fruit

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Brookdale Evesham

Saturday, February 21, 2026

Featured Starters

Soup of the Day

Garden Chili

Salad of the Day

Spring Mix Salad with Feta, Pecans and
Strawberry Vinaigrette

Featured Entrees

Breaded Veal Cutlet

Lean veal cutlet, lightly breaded, baked until tender, served with gravy.

Baked Whitefish with Lemon

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

Chicken Alfredo Over Pasta

Chicken and fettuccine in a creamy alfredo sauce.

Vegetable

Roasted Parsnips and Butternut Squash

Accompaniments

Buttered Noodles

 Steamed Chef's Vegetables

Potato Onion Supreme

Desserts

Feature

Cherry Crisp

Feature

Apple Crisp

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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