

Main Meal

Brookdale Walla Walla  
Sunday, February 15, 2026

## Salad of the Day

Cranberry Cabbage Salad

## Featured Entrees

### Simmered Beef Brisket

Beef brisket simmered with herbs and seasonings until tender.

### Southwestern Breast of Chicken

Chicken breast baked with a spicy cornmeal crust.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Creamed Spinach

Buttered Succotash

Item can be prepared as an  Optimum Life Cuisine Option

Classic Duchess Potatoes

Barley Risotto

## Desserts

### Feature

Coconut Mousse

### Fruit

 Pineapple Chunks

### Guiltless Pleasures

Reduced Sugar Coconut  
Pudding

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.  
We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Walla Walla  
Monday, February 16, 2026

## Salad of the Day

Mediterranean Salad

## Featured Entrees

### Turkey Piccata

Sauteed breast of turkey served with a lemon caper sauce.

### BBQ Braised Beef

Tender, slow cooked beef with BBQ sauce.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Italian Style Zucchini

Roasted Broccoli

Rice Blend

Warm Potato Salad

## Desserts

### Feature

Cinnamon Crumb Cake

### Fruit

 Mandarin Oranges

### Guiltless Pleasures

No Sugar Added Pound  
Cake

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Main Meal

Brookdale Walla Walla  
Tuesday, February 17, 2026

## Salad of the Day

Tossed Garden Salad

## Featured Entrees

### Baked Glazed Ham

Premium oven baked ham with a sweet pineapple glaze.

### Orange Glazed Chicken Thighs

Bone-in chicken thighs baked with a tangy orange glaze.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

 Steamed Carrots

Buttered Kale

Item can be prepared as an  Optimum Life Cuisine Option

Oven Brown Potatoes

Pasta of the Day

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Apple Pie

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

No Sugar Added Apple Pie

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Main Meal

Brookdale Walla Walla  
Wednesday, February 18, 2026

## Salad of the Day

Classic Pea Salad

## Featured Entrees

### Barbecue Chicken

Chicken quarters grilled and basted with homemade barbecue sauce.

### Smothered Pork Chops

Southern classic pan-fried pork chops covered in an onion gravy.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Parmesan Tomato

Sweet and Sour Cabbage

Whipped Potatoes

 Baked Sweet Potato

## Desserts

### Feature

Chocolate Frosted Layer  
Cake

### Fruit

 Chilled Pears

### Guiltless Pleasures

Reduced Sugar  
Chocolate Mousse  
Layer Cake

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Main Meal

Brookdale Walla Walla  
Thursday, February 19, 2026

## Salad of the Day

Tossed Garden Salad

## Featured Entrees

### Classic Meatloaf

A perfect blend of meats and seasonings for this classic meatloaf.

### Soy Ginger Chicken

Diced chicken breast baked in a soy, ginger, and green chile sauce.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Buttered Brussels Sprouts

Sauteed Vegetable Blend

Item can be prepared as an  Optimum Life Cuisine Option

Egg Roll

 Baked Sweet Potato

## Desserts

### Feature

Pumpkin Pie

### Fruit

 Apricot Halves

### Guiltless Pleasures

Reduced Sugar  
Pumpkin Pie

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Main Meal

Brookdale Walla Walla  
Friday, February 20, 2026

## Salad of the Day

Cucumber and Onion in Sour Cream Salad

## Featured Entrees

### Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

### Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Braised Collard Greens

Savory Red Wine Mushrooms

Item can be prepared as an  Optimum Life Cuisine Option

Rice Pilaf

 Baked Sweet Potato

## Desserts

### Feature

Peach Cobbler

### Fruit

 Chilled Diced Peaches

### Guiltless Pleasures

Reduced Sugar  
Chocolate Brownie

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Main Meal

Brookdale Walla Walla  
Saturday, February 21, 2026

## Salad of the Day

Tomato Wedges

## Featured Entrees

### BBQ Pulled Pork

Slow cooked pork, shredded and served in BBQ sauce.

### Baked Whitefish with Lemon

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Roasted Parsnips and Butternut  
Squash

 Steamed Chef's Vegetables

 Baked Potato

 Baked Sweet Potato

## Desserts

### Feature

Cherry Crisp

### Fruit

 Tropical Fruit

### Guiltless Pleasures

No Sugar Added Cherry  
Pie

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