

Main Meal

Brookdale Waxahachie
Sunday, February 15, 2026

Starters

Mixed Green Salad

Featured Entrees

Roast Turkey

Perfectly seasoned slow roasted turkey.

- Always Available -

 Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Homestyle Bread Stuffing

Glazed Carrots

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

 Homemade Peach
Cobbler

Fruit

 Pineapple Chunks

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Monday, February 16, 2026

Starters

Mixed Green Salad

Featured Entrees

Barbecue Chicken Thighs

Bone-in chicken grilled and basted with a homemade barbecue sauce.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Southern Potato Salad

Braised Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Cinnamon Crumb Cake

Fruit

 Mandarin Oranges

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Tuesday, February 17, 2026

Starters

Mixed Green Salad

Featured Entrees

Braised Pork Chop with Gravy

Braised boneless pork chop served with a savory pan gravy.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Mashed Sweet Potatoes

Creamed Spinach

Desserts

Feature

Apple Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Wednesday, February 18, 2026

Starters

Mixed Green Salad

Featured Entrees

Country Fried Chicken with Gravy

Breaded chicken breast, pan fried and served with a creamy gravy.

Item can be prepared as an  Optimum Life Cuisine Option

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Whipped Potatoes

Cream Style Corn

Desserts

Feature

Chocolate Frosted
Layer Cake

Fruit

 Chilled Pears

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Thursday, February 19, 2026

Starters

Mixed Green Salad

Featured Entrees

 **Salisbury Steak**

A baked blend of lean ground beef, onions and bread crumbs.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

 **Black Eyed Peas**

Buttered Cabbage

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Pumpkin Pie

Fruit

 Apricot Halves

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Friday, February 20, 2026

Starters

Mixed Green Salad

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

 Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Macaroni and Cheese

Fried Okra

Desserts

Feature

Tiger Brownie

Fruit

 Chilled Diced Peaches

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Waxahachie
Saturday, February 21, 2026

Starters

Mixed Green Salad

Featured Entrees

Veal Parmesan

Breaded veal cutlet, baked with mozzarella cheese and tomato sauce.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Classic Patty Melt

Beef burger, grilled onions and two cheeses serve on grilled rye bread.

Chicken Salad Plate

Fresh made chicken salad served on a bed of lettuce.

Accompaniments

Pasta of the Day

Item can be prepared as an  Optimum Life Cuisine Option

 **Steamed Broccoli**

Desserts

Feature

Cherry Crisp

Fruit

 Tropical Fruit

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.

