

Main Meal

Brookdale Stonebridge Ranch

Sunday, February 15, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

Pot Roast

Tender pot roast braised in a rich broth with carrots, celery and onion.

### **- Always Available -**

 Oven Fried Catfish

A healthy oven fried alternative to traditional fried catfish.

Turkey and Swiss Sandwich

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

Baked Ham & Beans

Baked ham served with seasoned navy beans.

## **Accompaniments**

Mashed Potatoes

Charred Brussels Sprouts

## **Desserts**

**Feature**

Cheesecake

**Fruit**

 Pineapple Chunks

**Guiltless Pleasures**

Reduced Sugar  
Chocolate Pudding

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



## Main Meal

Brookdale Stonebridge Ranch

Monday, February 16, 2026

## Starters

Tossed Green Salad

## Featured Entrees

### Traditional Roast Turkey

Traditional, oven-roasted whole fresh turkey.

Item can be prepared as an  Optimum Life Cuisine Option

### - Always Available -

### Oven Fried Catfish

A healthy oven fried alternative to traditional fried catfish.

### Turkey and Swiss Sandwich

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

### Baked Ham & Beans

Baked ham served with seasoned navy beans.

## Accompaniments

Cornbread Stuffing

### Sauteed Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Chocolate Cream Cake

### Fruit

 Pineapple Chunks

### Guiltless Pleasures

No Sugar Added  
Vanilla Ice Cream

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Main Meal

Brookdale Stonebridge Ranch

Tuesday, February 17, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

**Shrimp Fajitas**

Tequila lime marinated shrimp sauteed with onions & peppers in a tortilla.

### **- Always Available -**

 **Oven Fried Catfish**

A healthy oven fried alternative to traditional fried catfish.

**Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

**Baked Ham & Beans**

Baked ham served with seasoned navy beans.

## **Accompaniments**

Sweet Potato Fries

 Steamed Carrots

## **Desserts**

**Feature**

Custard Pie

**Fruit**

 Chilled Pears

**Guiltless Pleasures**

No Sugar Added  
Chocolate Ice Cream

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Main Meal

Brookdale Stonebridge Ranch  
Wednesday, February 18, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

**Barbecue Chicken Thighs**

Bone-in chicken grilled and basted with a homemade barbecue sauce.

### **- Always Available -**

 **Oven Fried Catfish**

A healthy oven fried alternative to traditional fried catfish.

**Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

**Baked Ham & Beans**

Baked ham served with seasoned navy beans.

## **Accompaniments**

Baked Beans

Mushroom and Bell Pepper Saute

## **Desserts**

### **Feature**

Caramel Cake

### **Fruit**

 Chilled Pears

### **Guiltless Pleasures**

Reduced Sugar  
Chocolate Pudding

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Main Meal

Brookdale Stonebridge Ranch

Thursday, February 19, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

**Beef Stroganoff**

Beef Sirloin with mushrooms, onions and a light creamy dill sauce.

### **- Always Available -**

 **Oven Fried Catfish**

A healthy oven fried alternative to traditional fried catfish.

**Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

**Baked Ham & Beans**

Baked ham served with seasoned navy beans.

## **Accompaniments**

Mashed Potatoes

**Buttered Chef's Mixed Vegetables**

Item can be prepared as an  Optimum Life Cuisine Option

## **Desserts**

**Feature**

Blueberry Crisp

**Fruit**

 Apricot Halves

**Guiltless Pleasures**

Reduced Sugar Vanilla  
Pudding

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Main Meal

Brookdale Stonebridge Ranch

Friday, February 20, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

 Chicken A La King

Tender chicken simmered in a rich mushroom gravy.

### **- Always Available -**

 Oven Fried Catfish

A healthy oven fried alternative to traditional fried catfish.

### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

### **Baked Ham & Beans**

Baked ham served with seasoned navy beans.

## **Accompaniments**

Buttered Parslied Egg Noodles

Braised Cabbage

## **Desserts**

### **Feature**

Mixed Berry Pie

### **Fruit**

 Apricot Halves

### **Guiltless Pleasures**

Reduced Sugar  
Chocolate Pudding

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Main Meal

Brookdale Stonebridge Ranch  
Saturday, February 21, 2026

## **Starters**

Tossed Green Salad

## **Featured Entrees**

### **BBQ Ribs**

Seasoned ribs basted with barbecue sauce and roasted until tender.

### **- Always Available -**

#### **Oven Fried Catfish**

A healthy oven fried alternative to traditional fried catfish.

### **Turkey and Swiss Sandwich**

Sliced turkey served with Swiss cheese, tomato and lettuce on wheat bread.

### **Baked Ham & Beans**

Baked ham served with seasoned navy beans.

## **Accompaniments**

Macaroni and Cheese

Tex Mex Kale Coleslaw

## **Desserts**

### **Feature**

Homestyle Blueberry  
Cobbler

### **Fruit**

 Fresh Banana

### **Guiltless Pleasures**

No Sugar Added  
Strawberry Ice Cream

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