

## Main Meal

Brookdale Sleepy Hollow  
Sunday, February 15, 2026

### Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

### Featured Entrees

**Simmered Beef Brisket**

Beef brisket simmered with herbs and seasonings until tender.

### - Always Available -

 **Chicken Divan**

Breast of chicken baked with broccoli in a light cream sauce.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Grilled Cheese Sandwich**

American cheese on white bread grilled to a golden brown.

### Accompaniments

Wild Rice Blend

Buttered Kale

Item can be prepared as an  Optimum Life Cuisine Option

### Desserts

#### Feature

Coconut Mousse

#### Fruit

 Pineapple Chunks

#### Guiltless Pleasures

Sugar Free Cherry  
Gelatin

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Sleepy Hollow  
Monday, February 16, 2026

## **Starters**

Mediterranean Salad

## **Featured Entrees**

Turkey Piccata

Sauteed breast of turkey served with a lemon caper sauce.

### **- Always Available -**

 Chicken Divan

Breast of chicken baked with broccoli in a light cream sauce.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

## **Accompaniments**

Risotto a la Pecorino

Italian Style Zucchini

## **Desserts**

### **Feature**

Cinnamon Crumb Cake

### **Fruit**

 Mandarin Oranges

### **Guiltless Pleasures**

No Sugar Added Pound  
Cake

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Main Meal

Brookdale Sleepy Hollow  
Tuesday, February 17, 2026

## **Starters**

Tossed Garden Salad

## **Featured Entrees**

**Baked Glazed Ham**

Premium oven baked ham with a sweet pineapple glaze.

### **- Always Available -**

 **Chicken Divan**

Breast of chicken baked with broccoli in a light cream sauce.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Grilled Cheese Sandwich**

American cheese on white bread grilled to a golden brown.

## **Accompaniments**

Oven Brown Potatoes

 Steamed Carrots

## **Desserts**

**Feature**

Apple Pie

**Fruit**

 Fresh Fruit Cup

**Guiltless Pleasures**

No Sugar Added Apple  
Pie

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## Main Meal

Brookdale Sleepy Hollow  
Wednesday, February 18, 2026

### Starters

Lettuce and Herb Salad

### Featured Entrees

 Herb Baked Haddock

Baked haddock fillet marinated in white wine, mustard, and herbs.

### - Always Available -

 Chicken Divan

Breast of chicken baked with broccoli in a light cream sauce.

### Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

### Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

### Accompaniments

Couscous

Parmesan Tomato

### Desserts

#### Feature

Chocolate Frosted  
Layer Cake

#### Fruit

 Chilled Pears

#### Guiltless Pleasures

Reduced Sugar  
Chocolate Mousse  
Layer Cake

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Main Meal

Brookdale Sleepy Hollow  
Thursday, February 19, 2026

## **Starters**

White Bean Salad

## **Featured Entrees**

 **Beef Burgundy**

Lean beef with mushrooms, carrots and onions in a wine sauce.

**- Always Available -**

 **Chicken Divan**

Breast of chicken baked with broccoli in a light cream sauce.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Grilled Cheese Sandwich**

American cheese on white bread grilled to a golden brown.

## **Accompaniments**

Buttered Parslied Potatoes

Buttered Brussels Sprouts

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## **Desserts**

**Feature**

Pumpkin Pie

**Fruit**

 Apricot Halves

**Guiltless Pleasures**

Reduced Sugar  
Pumpkin Pie

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## Main Meal

Brookdale Sleepy Hollow  
Friday, February 20, 2026

### Starters

Wilted Lettuce Salad

### Featured Entrees

#### Chicken with Country Gravy

Tender chicken breast served with a hearty, yet healthful pan gravy.

#### - Always Available -

#### Chicken Divan

Breast of chicken baked with broccoli in a light cream sauce.

#### Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

#### Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

### Accompaniments

#### Pan Roasted Potatoes

#### Braised Collard Greens

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### Desserts

#### Feature

Tiger Brownie

#### Fruit

 Chilled Diced Peaches

#### Guiltless Pleasures

Reduced Sugar  
Chocolate Brownie

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Main Meal

Brookdale Sleepy Hollow  
Saturday, February 21, 2026

## **Starters**

Vegetable Slaw

## **Featured Entrees**

 **Breaded Veal Cutlet**

Lean veal cutlet, lightly breaded, baked until tender, served with gravy.

### **- Always Available -**

 **Chicken Divan**

Breast of chicken baked with broccoli in a light cream sauce.

### **Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

### **Grilled Cheese Sandwich**

American cheese on white bread grilled to a golden brown.

## **Accompaniments**

Buttered Noodles

Roasted Parsnips and Butternut Squash

## **Desserts**

### **Feature**

Cherry Crisp

### **Fruit**

 Tropical Fruit

### **Guiltless Pleasures**

No Sugar Added  
Cherry Pie

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