

Main Meal

Brookdale Hamilton Wolfe
Sunday, February 8, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Wild Rice Blend

 **Steamed California Mix**

Desserts

Feature

Banana Cream Pie

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Hamilton Wolfe
Monday, February 9, 2026

Starters

Tossed Green Salad

Featured Entrees

Roast Turkey

Perfectly seasoned slow roasted turkey.

- Always Available -

 Baked Chicken

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Cornbread Stuffing

 Steamed Broccoli

Desserts

Feature

Cheesecake

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Hamilton Wolfe
Tuesday, February 10, 2026

Starters

Harvest Spring Salad with Cranberries and Walnuts

Featured Entrees

Fried Shrimp

Breaded shrimp flash fried until light golden brown.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Macaroni and Cheese

Sauteed Spinach

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Strawberry Shortcake

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Hamilton Wolfe
Wednesday, February 11, 2026

Starters

Tomato and Cucumber Salad

Featured Entrees

Classic Meatloaf

A perfect blend of meats and seasonings for this classic meatloaf.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Mashed Potatoes and Gravy

Candied Carrots

Desserts

Feature

Lemon Meringue Pie

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Hamilton Wolfe
Thursday, February 12, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

California Chicken

Chicken breast baked with tomato and cheese, garnished with avocado.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Roasted Red Skin Potatoes

 Steamed Corn

Desserts

Feature

Carrot Cake

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Hamilton Wolfe
Friday, February 13, 2026

Starters

Harvest Spring Salad with Cranberries and Walnuts

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Classic French Fries

Classic Coleslaw

Desserts

Feature

Ice Cream of the Day

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Hamilton Wolfe
Saturday, February 14, 2026

Starters

Tossed Green Salad

Featured Entrees

Roast Sirloin of Beef with Gravy

Seasoned sirloin of beef slow roasted until tender served with a rich gravy.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Ham and Cheese Sandwich

Sliced ham with American cheese, lettuce and tomato served on white bread.

Accompaniments

Mashed Potatoes

Buttered Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Coconut Cream Pie

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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