

Main Meal

Brookdale Dickinson Avenue

Sunday, February 15, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

Pot Roast

Tender pot roast braised in a rich broth with carrots, celery and onion.

- Always Available -

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Mashed Potatoes

Candied Carrots

Desserts

Feature

Coconut Cupcake

Fruit

 Pineapple Chunks

Guiltless Pleasures

Reduced Sugar
Coconut Pudding

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Dickinson Avenue

Monday, February 16, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

Roast Chicken

Perfectly seasoned oven roasted chicken quarters.

- Always Available -

 **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Macaroni and Cheese

Buttered Broccoli

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

German Chocolate
Cupcakes

Fruit

 Mandarin Oranges

Guiltless Pleasures

No Sugar Added Pound
Cake

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale Dickinson Avenue

Tuesday, February 17, 2026

Starters

Tossed Garden Salad

Featured Entrees

Pork Loin with Roasted Pears

Pork tenderloin roasted with herbs and pears.

- Always Available -

 **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Oven Brown Potatoes

 Steamed Bok Choy

Desserts

Feature

Apple Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Apple
Pie

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Main Meal

Brookdale Dickinson Avenue
Wednesday, February 18, 2026

Starters

Tossed Garden Salad

Featured Entrees

Traditional Roast Turkey

Traditional, oven-roasted whole fresh turkey.

Item can be prepared as an  Optimum Life Cuisine Option

- Always Available -

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Homestyle Bread Stuffing

Roasted Green Beans

Desserts

Feature

Carrot Cake

Fruit

 Chilled Pears

Guiltless Pleasures

Reduced Sugar
Chocolate Mousse
Layer Cake

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Main Meal

Brookdale Dickinson Avenue
Thursday, February 19, 2026

Starters

Tossed Garden Salad

Featured Entrees

Anita's Meatloaf

Homemade meatloaf with a savory tomato sauce topping.

- Always Available -

 **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Escalloped Potatoes

Buttered Okra

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Pumpkin Pie

Fruit

 Apricot Halves

Guiltless Pleasures

Reduced Sugar
Pumpkin Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale Dickinson Avenue

Friday, February 20, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

 **Memphis Rubbed Chicken**

Tender chicken rubbed with Memphis-style seasoning and baked.

- Always Available -

 **Almond Crusted Chicken Tenders**

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Candied Yams

Buttered Green Peas

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Lemon Meringue Pie

Fruit

 Chilled Diced Peaches

Guiltless Pleasures

Reduced Sugar
Chocolate Brownie

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Main Meal

Brookdale Dickinson Avenue
Saturday, February 21, 2026

Starters

Mixed Green Salad with Dressing

Featured Entrees

BBQ Pulled Pork

Slow cooked pork, shredded and served in BBQ sauce.

- Always Available -

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Cheeseburger

All beef patty with melted American cheese and your choice of condiments.

Tossed Garden Salad with Hard Boiled Eggs

Tossed garden salad with hard boiled eggs and cheese.

Accompaniments

Baked Beans

 Steamed Collard Greens

Desserts

Feature

Apple Brown Betty

Fruit

 Tropical Fruit

Guiltless Pleasures

No Sugar Added
Cherry Pie

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