

Main Meal

Brookdale Mandeville
Sunday, February 8, 2026

Starters

Cauliflower Salad

Featured Entrees

Baked Glazed Ham

Premium oven baked ham with a sweet pineapple glaze.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Pasta Salad

Cream Style Corn

Desserts

Feature

Mini Strawberry Cream
Pie

Fruit

 Fresh Strawberries

Guiltless Pleasures

Homemade Reduced
Sugar Frosted Yellow
Cake

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Mandeville
Monday, February 9, 2026

Starters

Chickpea Salad

Featured Entrees

Italian Sausage with Peppers and Onions

Hearty sweet and spicy Italian sausage served with onions and peppers.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Cajun Red Beans and Rice

 Steamed Spinach

Desserts

Feature

Lemon Pudding

Fruit

 Fresh Orange

Guiltless Pleasures

Sugar Free Chocolate
Chip Cookie

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Main Meal

Brookdale Mandeville
Tuesday, February 10, 2026

Starters

Cole Slaw

Featured Entrees

Chicken Tenders

Golden baked breaded chicken tenders.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.


Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Waffle Fries

Sauteed Zucchini

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Vanilla Frosted Sponge
Cake

Fruit

 Fresh Apple Slices

Guiltless Pleasures

Baked Pears

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Main Meal

Brookdale Mandeville
Wednesday, February 11, 2026

Starters

Strawberry Spinach Salad with Balsamic Dressing

Featured Entrees

Meatballs with Italian Tomato Sauce

Traditional beef meatballs served with a homemade tomato sauce.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Buttered Noodles

Roasted Brussels Sprouts

Desserts

Feature

Peach Parfait

Fruit

 Chilled Peaches

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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Main Meal

Brookdale Mandeville

Thursday, February 12, 2026

Starters

Zucchini Ribbon Salad

Featured Entrees

Roasted Indian Butter Chicken

Roasted chicken quarter served with a zesty ginger chile sauce.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Curry Roasted Potatoes

 Steamed Cabbage

Desserts

Feature

Apple Cake

Fruit

 Peaches and Pears

Guiltless Pleasures

Reduced Sugar Cherry
Pie

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Main Meal

Brookdale Mandeville
Friday, February 13, 2026

Starters

Tomato Wedges

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

 **Baked Chicken**

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Oven Baked Garlic and Parmesan Fries

Zesty Stewed Tomatoes

Desserts

Feature

Black Cow

Fruit

 Pineapple Chunks

Guiltless Pleasures

Reduced Sugar Mango
Baba Cake

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Main Meal

Brookdale Mandeville
Saturday, February 14, 2026

Starters

Greek Salad

Featured Entrees

Crab Cake

A fried cake of crabmeat, bread crumbs, onion and chiles.

- Always Available -

Baked Chicken

Lightly seasoned oven baked chicken breast.

Turkey Sandwich

Turkey breast, thinly sliced, served with tomato and lettuce on wheat bread.

Taco Casserole

Corn chips topped with cheddar cheese, ground beef and kidney beans.

Accompaniments

Noodles with Alfredo Sauce

Scalloped Broccoli

Desserts

Feature

Cherry Pie

Fruit

 Fresh Orange

Guiltless Pleasures

No Sugar Added
Cherry Pie

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