

Main Meal

Brookdale Corsicana
Sunday, February 8, 2026

Starters

Tossed Garden Salad

Featured Entrees

 **Chicken with Country Gravy**

Tender chicken breast served with a hearty, yet healthful pan gravy.

- Always Available -

 **Citrus Tilapia**

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Pinto Beans

Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Buttermilk Pie

Fruit

 Fresh Melon Cup

Guiltless Pleasures

Reduced Sugar Basic
Custard

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Corsicana
Monday, February 9, 2026

Starters

Tossed Garden Salad

Featured Entrees

Italian Sausage with Peppers and Onions

Hearty sweet and spicy Italian sausage served with onions and peppers.

- Always Available -

 **Citrus Tilapia**

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Fluffy White Rice

 **Steamed Carrots**

Desserts

Feature

Lemon Bars

Fruit

 Chilled Pears

Guiltless Pleasures

Sugar Free Lemon
Cookie

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Main Meal

Brookdale Corsicana
Tuesday, February 10, 2026

Starters

Tossed Garden Salad

Featured Entrees

Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

- Always Available -

 **Citrus Tilapia**

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Garlic Mashed Potatoes

 Steamed California Mix

Desserts

Feature

Tiramisu Poke Cake

Fruit

 Fresh Apple Slices

Guiltless Pleasures

Reduced Sugar Frosted
Yellow Cake

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Main Meal

Brookdale Corsicana
Wednesday, February 11, 2026

Starters

Tossed Garden Salad

Featured Entrees

Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

- Always Available -

 **Citrus Tilapia**

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Anna Potatoes

Roasted Brussels Sprouts

Desserts

Feature

Chocolate Chip Cookie
Pie

Fruit

 Chilled Peaches

Guiltless Pleasures

Reduced Sugar Cherry
Pie

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Main Meal

Brookdale Corsicana

Thursday, February 12, 2026

Starters

Tossed Garden Salad

Featured Entrees

Chicken Tenders

Golden baked breaded chicken tenders.

- Always Available -

 **Citrus Tilapia**

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Loaded Baked Potato

 **Steamed Green Beans**

Desserts

Feature

Banana Foster Cake

Fruit

 Fresh Fruit Bowl

Guiltless Pleasures

Reduced Sugar
Chocolate Banana
Layer Cake

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Main Meal

Brookdale Corsicana
Friday, February 13, 2026

Starters

Tossed Garden Salad

Featured Entrees

Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

- Always Available -

Citrus Tilapia

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Macaroni and Cheese

Zesty Stewed Tomatoes

Desserts

Feature

Ice Cream of the Day

Fruit

 Fresh Diced Pears
and Apples

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Corsicana
Saturday, February 14, 2026

Starters

Tossed Garden Salad

Featured Entrees

Turkey Breast with Orange Glaze

Tender turkey breast simmered in a light orange sauce with prunes.

- Always Available -

Citrus Tilapia

Grilled tilapia fillet marinated in a duo of citrus juices and seasonings.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

 Baked Sweet Potato

Scalloped Broccoli

Desserts

Feature

Chocolate Chess Pie

Fruit

 Tropical Fruit

Guiltless Pleasures

Reduced Sugar
Chocolate Cream Pie

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