

## Main Meal

Brookdale Buck Creek  
Sunday, February 8, 2026

## Starters

Bacon Ranch Pea Salad

## Featured Entrees

### Cornflake Chicken

Boneless breast of chicken coated with cornflake crust & baked until tender.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Oven Roasted Potatoes

### Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Buttermilk Pie

### Fruit

 Fresh Melon Cup

### Guiltless Pleasures

Reduced Sugar Basic Custard

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



## Main Meal

Brookdale Buck Creek  
Monday, February 9, 2026

## Starters

Fresh Vegetable Salad

## Featured Entrees

### Baked Ham & Beans

Baked ham served with seasoned navy beans.

### - Always Available -

#### ⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

#### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Herbed Potatoes

⌚ Steamed Spinach

## Desserts

### Feature

Lemon Bars

### Fruit

⌚ Chilled Pears

### Guiltless Pleasures

Sugar Free Lemon  
Cookie

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## Main Meal

Brookdale Buck Creek  
Tuesday, February 10, 2026

## Starters

Mixed Green Salad

## Featured Entrees

 **Grilled Breast of Chicken**

Marinated grilled breast of chicken.

### - Always Available -

 **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

**Country Style Meatloaf**

Classic ground beef and pork meatloaf, topped with ketchup.

**Tavern Battered Cod**

Battered cod flash fried to a golden brown.

## Accompaniments

**Pasta of the Day**

Item can be prepared as an  Optimum Life Cuisine Option

Sauteed Vegetable Blend

## Desserts

Feature

Tiramisu Poke Cake

Fruit

 Fresh Apple Slices

Guiltless Pleasures

Reduced Sugar Frosted  
Yellow Cake

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## Main Meal

Brookdale Buck Creek  
Wednesday, February 11, 2026

## Starters

Vegetable Crudites with Cheese Plate

## Featured Entrees

### Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

### - Always Available -

#### ⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

#### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Anna Potatoes

⌚ Steamed Carrots

## Desserts

### Feature

Cherry Pie

### Fruit

⌚ Chilled Peaches

### Guiltless Pleasures

Reduced Sugar Cherry Pie

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## Main Meal

Brookdale Buck Creek  
Thursday, February 12, 2026

## Starters

Marinated Artichoke Salad

## Featured Entrees

### **Roast Sirloin of Beef with Gravy**

Seasoned sirloin of beef slow roasted until tender served with a rich gravy.

### - Always Available -

#### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Country Style Meatloaf**

Classic ground beef and pork meatloaf, topped with ketchup.

#### **Tavern Battered Cod**

Battered cod flash fried to a golden brown.

## Accompaniments

Macaroni and Cheese

 Steamed Chef's Vegetables

## Desserts

### Feature

Banana Foster Cake

### Fruit

 Fresh Fruit Bowl

### Guiltless Pleasures

Reduced Sugar  
Chocolate Banana  
Layer Cake



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## Main Meal

Brookdale Buck Creek  
Friday, February 13, 2026

## Starters

### Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

## Featured Entrees

### BBQ Pulled Pork

Slow cooked pork, shredded and served in BBQ sauce.

### - Always Available -

#### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

#### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

### Mexican Rice

### Sauteed Spinach

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Pecan Praline Ice  
Cream

### Fruit

 Fresh Diced Pears  
and Apples

### Guiltless Pleasures

No Sugar Added  
Vanilla Ice Cream

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## Main Meal

Brookdale Buck Creek  
Saturday, February 14, 2026

## Starters

Greek Salad

## Featured Entrees

### Shrimp Fajitas

Tequila lime marinated shrimp sauteed with onions & peppers in a tortilla.

### - Always Available -

#### ⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

#### Tavern Battered Cod

Battered cod flash fried to a golden brown.

## Accompaniments

Mashed Potatoes

Scalloped Broccoli

## Desserts

### Feature

French Silk Pie

### Fruit

⌚ Tropical Fruit

### Guiltless Pleasures

Reduced Sugar  
Chocolate Cream Pie

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