

# March 2026 Charter Senior Living at Hopkinsville Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>8:30 🌿 <b>Worship with Steven Bowers [CR]</b> <b>1</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>11:00 🎨 Creative Colorz [AR]</p> <p>3:00 🍷 Ice Cream Social [B]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>2</b></p> <p>10:00 ☕ Coffee Chat [B]</p> <p>11:00 📝 Rewriting an Ending-As seen on TV [AR]</p> <p>2:00 📖 Bible Study with Becky [CR]</p> <p>3:00 🍷 <b>Crackers and Cheese-Cooking With Kim [AR]</b></p> <p>4:00 🎮 Wind Down-Sit down Games and Trivia [AR]</p> <p>6:00 🎮 Patio Games and Indoor Games [CY]</p>	<p><b>Salon- OPEN Today</b> <b>3</b></p> <p>9:00 ↔ <b>As Seen on TV-Theme Song Tempo Walk [AR]</b></p> <p>10:00 🚗 <b>Lets Go Shopping-Walmart</b></p> <p>10:30 ☕ Coffee connections [B]</p> <p>1:30 🏠 Resident Council [CR]</p> <p>2:30 🎭 March Trivia-Famous TV Actors from the past [AR]</p> <p>3:00 🎮 <b>Afternoon Bingo with Kim [AR]</b></p> <p>4:00 🕯️ Embers of Serenity: An Evening Meditation [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>4</b></p> <p>10:00 🍷 Coffee connections [B]</p> <p>10:30 🚗 <b>Antique Store Browse</b></p> <p>1:45 📖 Daily Devotional [LR]</p> <p>2:00 🎵 <b>Gospel Songs by Mathew Harris [AR]</b></p> <p>3:00 📺 <b>How TV Changed Daily Lives [AR]</b></p> <p>4:00 📖 Weekly Bible Study [CR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>5</b></p> <p>10:30 ☕ Coffee Chat [B]</p> <p>11:00 📖 Legacy [AR]</p> <p>2:00 📺 <b>Total Brain Health Class</b></p> <p>3:00 🎤 Voice Emotion Practice-As seen on TV [LR]</p> <p>4:00 🍷 Thursday on the Rocks Lets Get some Winter Spirits. [B]</p>	<p><b>HAT DAY</b> <b>6</b></p> <p>9:00 ↔ Seated Workout [AR]</p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 🎨 TGIF: Thank Goodness It's Crafty! [AR]</p> <p>2:00 📺 <b>Total Brain Health Class [AR]</b></p> <p>3:00 📺 Friday Brain Busters: Trivia [AR]</p> <p>4:00 🎮 Self Led Indoor and Outdoor Games [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>7</b></p> <p>11:00 🎮 Game On [AR]</p> <p>2:00 🎨 <b>MOD Led Activity-Director Choice [AR]</b></p> <p>3:00 🍷 <b>Self Led Indoor and Outdoor Games [AR]</b></p> <p>6:00 🌿 Evening Reflection [LB]</p>	
<p><b>Daylight Saving Time Begins</b> <b>8</b></p> <p>8:30 🌿 <b>Worship with Steven Bowers [CR]</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>11:00 🎨 Creative Colorz [AR]</p> <p>3:00 🍷 Ice Cream Social [B]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>9</b></p> <p>10:00 ☕ Coffee Chat [B]</p> <p>11:00 📺 As Seen on TV: Country Study Series [AR]</p> <p>2:00 📖 Bible Study with Becky [CR]</p> <p>3:00 🍷 <b>Blueberry Muffins-Cooking With Kim [AR]</b></p> <p>4:00 🎮 Wind Down-Sit down Games and Trivia [AR]</p> <p>6:00 🎮 Patio Games and Indoor Games [CY]</p>	<p><b>Salon- OPEN Today</b> <b>10</b></p> <p>9:00 ↔ <b>As Seen on TV-Theme Song Tempo Walk [AR]</b></p> <p>10:00 🚗 <b>Lets Go Shopping-Walmart</b></p> <p>10:30 ☕ Coffee connections [B]</p> <p>2:30 🎭 March Trivia-Famous TV Actors from the past [AR]</p> <p>3:00 🎮 <b>Afternoon Bingo with Kim [AR]</b></p> <p>4:00 🕯️ Embers of Serenity: An Evening Meditation [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>11</b></p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 🚗 <b>Rally's Diner-Lunch As Seen on TV</b></p> <p>1:45 📖 Daily Devotional [LR]</p> <p>2:00 📺 <b>The Role of the Audience-As seen on TV [LR]</b></p> <p>3:00 🎭 March Trivia-Famous TV Actors [LR]</p> <p>4:00 📖 Weekly Bible Study [CR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>12</b></p> <p>10:30 ☕ Coffee Chat [B]</p> <p>11:00 📖 Legacy [AR]</p> <p>2:00 📺 <b>Total Brain Health Class</b></p> <p>3:00 🎨 <b>Herbology Class with Maria [AR]</b></p> <p>4:00 🎮 Self Led Indoor and Outdoor Games</p>	<p><b>HAT DAY</b> <b>13</b></p> <p>9:00 ↔ Seated Workout [AR]</p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 🎨 TGIF: Thank Goodness It's Crafty! [AR]</p> <p>2:00 📺 <b>Total Brain Health Class [AR]</b></p> <p>2:30 📖 Commitment Countdown [LR]</p> <p>3:00 📺 Friday Brain Busters: Trivia [AR]</p> <p>4:00 🎮 Self Led Indoor and Outdoor Games [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>14</b></p> <p>11:00 🎮 Game On [AR]</p> <p>2:00 🎨 <b>MOD Led Activity-Director Choice [AR]</b></p> <p>3:00 🍷 <b>Self Led Indoor and Outdoor Games [AR]</b></p> <p>6:00 🌿 Evening Reflection [LB]</p>	
<p>8:30 🌿 <b>Worship with Steven Bowers [CR]</b> <b>15</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>11:00 🎨 Creative Colorz [AR]</p> <p>11:30 🚗 <b>Alhambra Theatre-Legally Blonde</b></p> <p>3:00 🍷 Ice Cream Social [B]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>16</b></p> <p>10:00 ☕ Coffee Chat [B]</p> <p>11:00 📺 Breaking News Moments-As seen on TV [AR]</p> <p>2:00 📖 Bible Study with Becky [CR]</p> <p>3:00 🍷 <b>Hash Brown w/meat and cheese-Cooking With Kim [AR]</b></p> <p>4:00 🎮 Wind Down-Sit down Games and Trivia [AR]</p> <p>6:00 🎮 Patio Games and Indoor Games [CY]</p>	<p><b>Salon- OPEN Today</b> <b>17</b></p> <p><b>St. Patrick's Day</b></p> <p>9:00 ↔ <b>As Seen on TV-Theme Song Tempo Walk [AR]</b></p> <p>10:00 🚗 <b>Lets Go Shopping-Walmart</b></p> <p>10:30 ☕ Coffee connections [B]</p> <p>11:00 🎭 Group Scene Reading-As seen on TV</p> <p>2:30 🎭 March Trivia-Famous TV Actors from the past [AR]</p> <p>3:00 🎮 <b>Afternoon Bingo with Kim [AR]</b></p> <p>4:00 🕯️ Embers of Serenity: An Evening Meditation [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>18</b></p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 📺 Commercial Pitch Creation [AR]</p> <p>1:45 📖 Daily Devotional [LR]</p> <p>2:00 🎵 <b>Gospel Songs by Mathew Harris [AR]</b></p> <p>3:00 📺 <b>Television as Comfort-TV and Comfort</b></p> <p>4:00 📖 Weekly Bible Study [CR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>19</b></p> <p>10:30 ☕ Coffee Chat [B]</p> <p>11:00 📖 Legacy [AR]</p> <p>2:00 📺 <b>Total Brain Health Class</b></p> <p>3:00 🎨 Respectful Communication Rule</p> <p>4:00 🎮 Self Led Indoor and Outdoor Games</p>	<p><b>HAT DAY</b> <b>20</b></p> <p>9:00 ↔ Seated Workout [AR]</p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 🎨 TGIF: Thank Goodness It's Crafty! [AR]</p> <p>2:00 📺 <b>Total Brain Health Class [AR]</b></p> <p>3:00 📺 Friday Brain Busters: Trivia [AR]</p> <p>3:00 📺 Friday Brain Busters: Trivia-fireside fact or fiction [LB]</p> <p>4:00 🎮 Self Led Indoor and Outdoor Games [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>21</b></p> <p>11:00 🎮 Game On [AR]</p> <p>2:00 🎨 <b>MOD Led Activity-Director Choice [AR]</b></p> <p>3:00 🍷 <b>Self Led Indoor and Outdoor Games [AR]</b></p> <p>6:00 🌿 Evening Reflection [LB]</p>	
<p>8:30 🌿 <b>Worship with Steven Bowers [CR]</b> <b>22</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>11:00 🎨 Creative Colorz [AR]</p> <p>3:00 🍷 Ice Cream Social [B]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>23</b></p> <p>10:00 ☕ Coffee Chat [B]</p> <p>11:00 📺 <b>The Language of Television</b></p> <p>2:00 📖 Bible Study with Becky [CR]</p> <p>3:00 🍷 <b>Strawberry Parfait-Cooking With Kim [AR]</b></p> <p>4:00 🎮 Wind Down-Sit down Games and Trivia [AR]</p> <p>6:00 🎮 Patio Games and Indoor Games [CY]</p>	<p><b>Salon- OPEN Today</b> <b>24</b></p> <p>9:00 ↔ <b>As Seen on TV-Theme Song Tempo Walk [AR]</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>10:00 🚗 <b>Lets Go Shopping-Walmart</b></p> <p>10:30 ☕ Coffee connections [B]</p> <p>2:30 🎭 March Trivia-Famous TV Actors from the past [AR]</p> <p>3:00 🎮 <b>Afternoon Bingo with Kim [AR]</b></p> <p>4:00 🕯️ Embers of Serenity: An Evening Meditation [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>25</b></p> <p>10:00 🍷 Coffee connections [B]</p> <p>10:15 🚗 <b>Pennyrile Bingo and Buffet</b></p> <p>1:45 📖 Daily Devotional [LR]</p> <p>2:00 📺 <b>Broadcasting Kindness [AR]</b></p> <p>2:00 📖 Greeting Cards [AR]</p> <p>3:00 📺 <b>Bridges of Understanding-Lifes journeys</b></p> <p>4:00 📖 Weekly Bible Study [CR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>26</b></p> <p>10:30 ☕ Coffee Chat [B]</p> <p>11:00 📖 Legacy [AR]</p> <p>2:00 📺 <b>Total Brain Health Class</b></p> <p>3:00 🎨 <b>Photo Booth Premier</b></p> <p>4:00 🎮 Self Led Indoor and Outdoor Games</p>	<p><b>HAT DAY</b> <b>27</b></p> <p>9:00 ↔ Seated Workout [AR]</p> <p>10:00 🍷 Coffee connections [B]</p> <p>11:00 🎨 TGIF: Thank Goodness It's Crafty! [AR]</p> <p>1:45 📖 Daily Devotional With Kathy [AR]</p> <p>2:00 📺 <b>Total Brain Health Class [AR]</b></p> <p>3:00 📺 Friday Brain Busters: Trivia [AR]</p> <p>4:00 🎮 Self Led Indoor and Outdoor Games [AR]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>28</b></p> <p>11:00 🎮 Game On [AR]</p> <p>2:00 🎨 <b>MOD Led Activity-Director Choice [AR]</b></p> <p>3:00 🍷 <b>Self Led Indoor and Outdoor Games [AR]</b></p> <p>6:00 🌿 Evening Reflection [LB]</p>	
<p>8:30 🌿 <b>Worship with Steven Bowers [CR]</b> <b>29</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>10:00 📺 What Am I [AR]</p> <p>10:00 ↔ Wreath Making [AR]</p> <p>11:00 🎨 Creative Colorz [AR]</p> <p>3:00 🍷 Ice Cream Social [B]</p>	<p>9:00 ↔ Seated Exercises on Video [AR] <b>30</b></p> <p>10:00 ☕ Coffee Chat [B]</p> <p>11:00 📝 Self Promises-Commitments to oneself [AR]</p> <p>2:00 📖 Bible Study with Becky [CR]</p> <p>3:00 🍷 <b>Jello Pudding Chocolate/ Butterscotch-Cooking With Kim [AR]</b></p> <p>4:00 🎮 Wind Down-Sit down Games and Trivia [AR]</p> <p>6:00 🎮 Patio Games and Indoor Games [CY]</p>	<p><b>Salon- OPEN Today</b> <b>31</b></p> <p>9:00 ↔ <b>As Seen on TV-Theme Song Tempo Walk [AR]</b></p> <p>9:00 ↔ Seated Exercises on Video [AR]</p> <p>10:00 🚗 <b>Lets Go Shopping-Walmart</b></p> <p>10:30 ☕ Coffee connections [B]</p> <p>2:30 🎭 March Trivia-Famous TV Actors from the past [AR]</p> <p>3:00 🎮 <b>Afternoon Bingo with Kim [AR]</b></p> <p>4:00 🕯️ Embers of Serenity: An Evening Meditation [AR]</p>			<p><b>Location Keys</b></p> <p>Activity Room</p> <p>Bistro</p> <p>Conference Room</p> <p>Courtyard</p> <p>Library</p> <p>Living Room</p>	<p>AR</p> <p>B</p> <p>CR</p> <p>CY</p> <p>LB</p> <p>LR</p>	<p>🍷 Community &amp; Connection</p> <p>🚗 Exploration &amp; Adventure</p> <p>🌿 Harmony &amp; Introspection</p> <p>📖 Intentions &amp; Commitments</p> <p>📺 Knowledge &amp; Learning</p> <p>↔ Motion &amp; Movement</p> <p>🎨 Motivation &amp; Creation</p>