

March 2026

Charter Senior Living of Fredericksburg Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00 🔄 TV Theme-Song Aerobics [AR3] 1 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Make a Joyful Noise [AR3] 1:00 🍷 Snack-Tastic Social Hour [AR3] 2:00 📖 Bible Study and Worship [AR3] 3:00 🎲 Mexican Train & Rummikub	10:00 🔄 Exercise with Denise [AR3] 2 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Kazoo Choir [AR3] 1:00 🔄 Balloon Tic-Tac-Toe [AR3] 1:30 🧠 Total Brain Health [AR3] 2:00 🗨️ Character Catch-Phrases [AR3] 3:00 🎲 Uno! [AR3] 3:30 🎲 Charter Nail Salon [AR3]	10:00 🗨️ Chronicles & Conversation [AR3] 3 10:00 🚗 Shopping Trip [O] 10:30 📖 Bible Study w/ Lonely No More Ministries [AR3] 10:30 🗨️ Chronicles & Conversation [AR3] 1:00 🗨️ Trivia Challenge [AR3] 2:00 📖 Memory Mapping [AR3] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Exercise with Denise [AR3] 4 10:30 🗨️ Conversation, Music and Communion [AR3] 1:00 🍞 Baking Bread [AR3] 1:30 🔄 Volley Balloon [AR3] 2:00 🗨️ Word Mining [AR3] 2:30 🍞 Breaking Bread [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Sing & Stretch [L] 5 10:30 🗨️ Chronicles & Conversation [L] 10:30 📖 Praying the Rosary [AR3] 11:00 🗨️ Charter Choir [L] 1:00 🔄 Goofy Games [AR3] 1:00 🚗 Trip to the Eagles Club [O] 1:30 🗨️ Activity Committee Meeting [AR3] 2:00 🧠 Total Brain Health [AR3] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Balloon Volley [AR3] 6 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Friday Brain Games [AR3] 1:00 🎵 Crafts with Sara [AR3] 2:00 📖 Bible Study with Franklin [AR3] 2:30 🍷 National Oreo Day! [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Charter Bowling League [AR3] 7 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Sing Along Saturday [AR3] 1:00 🎵 Drum Making Workshop [AR3] 1:00 🗨️ From Script to Screen [AR3] 3:00 🎲 Bingo! [AR3]	
Daylight Saving Time Begins 8 10:00 🗨️ Sunday Service with Pastor Koehler & Anne [AR3] 11:00 🎵 Make a Joyful Noise [AR3] 1:00 🎵 Drumming Circle w/ Kristen [L] 2:00 🍷 Snack-Tastic Social Hour [AR3] 3:00 🎲 Mexican Train & Rummikub	10:00 🔄 Balloon Tennis [L] 9 10:30 🗨️ Chronicles & Conversation [AR3] 10:30 🗨️ Music with the McDonalds** [L] 1:00 🔄 Balloon Tic-Tac-Toe [AR3] 1:30 🧠 Total Brain Health [AR3] 2:00 🗨️ Character Charades [AR3] 3:00 🎲 Uno! [AR3] 3:30 🎲 Charter Nail Salon [AR3]	10:00 🗨️ Chronicles & Conversation [AR3] 10 10:00 🚗 Downtown Antiquing 10:30 📖 Bible Study w/ Lonely No More Ministries [AR3] 1:00 🗨️ Library Mobile Visit [L] 1:00 🗨️ Trivia Challenge [L] 1:30 🗨️ Name That Show [L] 2:00 🍷 Elvis and Friends Good Time Hour [L] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Volley Balloon [AR3] 11 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Charter Choir [AR3] 1:00 🍞 Baking Bread [AR3] 1:30 🗨️ Drama Club - Emotion Practice [AR3] 2:00 🗨️ Word Mining [AR3] 2:30 🍞 Breaking Bread [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Exercise with Denise [L] 12 10:30 🗨️ Chronicles & Conversation [L] 10:30 📖 Praying the Rosary [AR3] 11:00 🗨️ Charter Choir [L] 1:00 🗨️ Broadcasting Kindness [AR3] 1:30 🧠 Total Brain Health [AR3] 2:00 🗨️ Charter Wide Fun Day - CBreak [AR3] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Exercise with Denise [AR3] 13 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Friday Brain Games [AR3] 1:00 🎵 Crafts with Sara [AR3] 2:00 📖 Bible Study with Franklin [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Charter Bowling League [AR3] 14 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Sing Along Saturday [AR3] 1:00 🎵 Happy Pi Day! [AR3] 2:00 🗨️ Joy Focused TV Guide 3:00 🎲 Bingo! [AR3]	
10:00 🔄 TV Theme-Song Aerobics [AR3] 15 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Make a Joyful Noise [AR3] 1:00 🗨️ Charter Wide Fun Day - National Voice Over Day [AR3] 2:00 📖 Bible Study and Worship [AR3] 3:00 🎲 Mexican Train & Rummikub	10:00 🔄 Exercise with Denise [AR3] 16 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Kazoo Choir [AR3] 1:00 🔄 Balloon Tic-Tac-Toe [AR3] 1:30 🎵 Design a Show [AR3] 2:00 🧠 Total Brain Health [AR3] 3:00 🎲 Uno! [AR3] 3:30 🎲 Charter Nail Salon [AR3]	St. Patrick's Day 17 10:00 🗨️ Chronicles & Conversation [AR3] 10:00 🚗 Shopping Trip [O] 10:30 📖 Bible Study w/ Lonely No More Ministries [AR3] 10:30 🗨️ Chronicles & Conversation [AR3] 1:00 🗨️ Trivia Challenge - St. Patty's Day Edition [AR3] 1:30 🎲 Lucky Leprechan Game [AR3] 2:00 🚗 Find the Gold! 3:00 🎲 Bingo! [AR3]	10:00 🔄 Volley Balloon [AR3] 18 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Charter Choir [AR3] - Rappahanock Rail Museum [L] 2:00 🗨️ Word Mining [AR3] 2:30 🍞 Breaking Bread [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Sing & Stretch [L] 19 10:30 🗨️ Chronicles & Conversation [L] 10:30 📖 Praying the Rosary and Catholic Mass [AR3] 11:00 🗨️ Charter Choir [L] 1:00 🎵 National Chocolate Carmel Day [AR3] 2:00 🗨️ Facts & Snacks [AR3] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Balloon Volley [AR3] 20 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Friday Brain Games [AR3] 1:00 🎵 Crafts with Sara [AR3] 2:00 📖 Bible Study with Franklin [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Charter Bowling League [AR3] 21 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Sing Along Saturday [AR3] 1:00 🎵 "Tech Week" Day [AR3] 2:00 🗨️ Commercial Trivia Quiz [AR3] 3:00 🎲 Bingo! [AR3]	
10:00 🔄 TV Theme-Song Aerobics [AR3] 22 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Make a Joyful Noise [AR3] 1:00 🍷 Snack-Tastic Social Hour [AR3] 2:00 📖 Bible Study and Worship [AR3] 3:00 🎲 Mexican Train & Rummikub	10:00 🔄 Balloon Tennis [L] 23 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Kazoo Choir [AR3] 1:00 🔄 Balloon Tic-Tac-Toe [AR3] 2:00 🧠 Total Brain Health [AR3] 3:00 🎲 Uno! [AR3] 3:30 🎲 Charter Nail Salon [AR3]	10:00 🗨️ Chronicles & Conversation [AR3] 24 10:30 📖 Bible Study w/ Lonely No More Ministries [AR3] 10:30 🗨️ Chronicles & Conversation [AR3] 1:00 🗨️ Library Mobile Visit [L] 1:00 🗨️ Trivia Challenge [AR3] 2:00 🔄 Dance Party w/ Anthony [L] 2:00 🎵 Drama Club [AR3] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Volley Balloon [AR3] 25 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Charter Choir [AR3] 1:00 🍞 Baking Bread [AR3] 1:30 🗨️ Drama Club [AR3] 2:00 🎵 Sparks Event: Mind Matters [AR3] 3:00 🗨️ Resident Council Meeting [AR3] 3:30 🗨️ Mexican Train & Rummikub [AR3] 5:00 🗨️ TV Land Trivia Challenge [L]	10:00 🔄 Sing & Stretch [L] 26 10:30 🗨️ Chronicles & Conversation [L] 10:30 📖 Praying the Rosary [AR3] 11:00 🗨️ Charter Choir [L] 11:00 🚗 Tito's Diner 1:00 🔄 Goofy Games [L] 1:30 🧠 Total Brain Health [L] 2:00 🗨️ Music with Mike Milstead [L] 3:00 🎲 Bingo! [AR3]	10:00 🔄 Balloon Volley [AR3] 27 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Friday Brain Games [AR3] 1:00 🎵 Crafts with Sara [AR3] 2:00 📖 Bible Study with Franklin [AR3] 3:00 🎲 Mexican Train & Rummikub [AR3]	10:00 🔄 Charter Bowling League [AR3] 28 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🗨️ Sing Along Saturday [AR3] 1:00 🗨️ Easter Already? [AR3] 2:00 🎵 Easter Treats We Love to Eat [AR3] 3:00 🎲 Bingo! [AR3]	
10:00 🔄 TV Theme-Song Aerobics [AR3] 29 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Make a Joyful Noise [AR3] 12:30 🚗 "Little Women" @ Riverside 1:00 🍷 Snack-Tastic Social Hour [AR3] 2:00 📖 Bible Study and Worship [AR3] 3:00 🎲 Mexican Train & Rummikub	10:00 🔄 Balloon Tennis [L] 30 10:30 🗨️ Chronicles & Conversation [AR3] 11:00 🎵 Kazoo Choir [AR3] 1:00 🗨️ Food Committee [AR3] 2:00 🧠 Total Brain Health [AR3] 2:30 🗨️ Resident Birthday Party [AR3] 3:00 🎲 Uno! [AR3] 3:30 🎲 Charter Nail Salon [AR3]	10:00 🗨️ Chronicles & Conversation [AR3] 31 10:30 📖 Bible Study w/ Lonely No More Ministries [AR3] 10:30 🗨️ Chronicles & Conversation [AR3] 1:00 🗨️ Trivia Challenge [AR3] 2:00 🎵 Drama Club [AR3] 3:00 🎲 Bingo! [AR3]	<p>Location Keys</p> Activity Room AR3 Lobby L Outing O			<ul style="list-style-type: none"> 🗨️ Community & Connection 🚗 Exploration & Adventure 🎵 Harmony & Introspection 🗨️ Intentions & Commitments 🧠 Knowledge & Learning 🔄 Motion & Movement 🎵 Motivation & Creation 	