

Main Meal

Brookdale Granger  
Sunday, February 8, 2026

## **Starters**

Bacon Ranch Pea Salad

## **Featured Entrees**

**Chicken Breast Parmesan**

Breaded chicken baked with marinara sauce and mozzarella cheese.

### **- Always Available -**

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Hot Dog**

Steamed hot dog served with your choice of condiments.

## **Accompaniments**

Pasta with Tomato Basil Sauce

**Buttered Corn**

Item can be prepared as an  Optimum Life Cuisine Option

## **Desserts**

### **Feature**

Fruit of the Forest Pie

### **Fruit**

 Fresh Melon Cup

### **Guiltless Pleasures**

Reduced Sugar Basic  
Custard

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Granger  
Monday, February 9, 2026

## **Starters**

Fresh Vegetable Salad

## **Featured Entrees**

**Roast Pork Loin**

Lean pork roast rubbed with fresh thyme and oregano then slow roasted.

**- Always Available -**

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Hot Dog**

Steamed hot dog served with your choice of condiments.

## **Accompaniments**

Herbed Potatoes

 Steamed Carrots

## **Desserts**

**Feature**

Chocolate Brownies

**Fruit**

 Chilled Pears

**Guiltless Pleasures**

Sugar Free Lemon  
Cookie

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Main Meal

Brookdale Granger  
Tuesday, February 10, 2026

## Starters

Mixed Green Salad

## Featured Entrees

**Catfish Nuggets**

Bite size catfish pieces flash fried to golden brown.

### - Always Available -

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Hot Dog**

Steamed hot dog served with your choice of condiments.

## Accompaniments

Wild Rice Blend

**Sauteed Yellow Squash**

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Vanilla Cream Cake

### Fruit

 Fresh Apple Slices

### Guiltless Pleasures

Reduced Sugar Frosted  
Yellow Cake

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Main Meal

Brookdale Granger  
Wednesday, February 11, 2026

## **Starters**

Vegetable Crudites with Cheese Plate

## **Featured Entrees**

### **Salisbury Steak**

Seasoned ground beef steak, baked until tender, for a classic favorite.

### **- Always Available -**

### **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

### **Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

### **Hot Dog**

Steamed hot dog served with your choice of condiments.

## **Accompaniments**

Mashed Potatoes and Gravy

Roasted Brussels Sprouts

## **Desserts**

### **Feature**

Pecan Pie

### **Fruit**

 Chilled Peaches

### **Guiltless Pleasures**

Reduced Sugar Cherry  
Pie

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Main Meal

Brookdale Granger  
Thursday, February 12, 2026

## **Starters**

Marinated Artichoke Salad

## **Featured Entrees**

**Baked Glazed Ham**

Premium oven baked ham with a sweet pineapple glaze.

### **- Always Available -**

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Hot Dog**

Steamed hot dog served with your choice of condiments.

## **Accompaniments**

Whipped Sweet Potatoes

 Steamed Chef's Vegetables

## **Desserts**

**Feature**

Carrot Cake

**Fruit**

 Fresh Fruit Bowl

**Guiltless Pleasures**

Reduced Sugar  
Chocolate Banana  
Layer Cake

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## Main Meal

Brookdale Granger  
Friday, February 13, 2026

### Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

### Featured Entrees

Roast Turkey

Perfectly seasoned slow roasted turkey.

### - Always Available -

 Baked Whitefish with Lemon

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Hot Dog

Steamed hot dog served with your choice of condiments.

### Accompaniments

Homestyle Bread Stuffing

Zesty Stewed Tomatoes

### Desserts

#### Feature

Ice Cream of the Day

#### Fruit

 Fresh Diced Pears  
and Apples

#### Guiltless Pleasures

No Sugar Added  
Vanilla Ice Cream

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Main Meal

Brookdale Granger  
Saturday, February 14, 2026

## **Starters**

Greek Salad

## **Featured Entrees**

**Fried Chicken**

Choice of light or dark meat hand breaded and fried to golden brown.

Item can be prepared as an  Optimum Life Cuisine Option

### **- Always Available -**

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

**Hamburger**

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

**Hot Dog**

Steamed hot dog served with your choice of condiments.

## **Accompaniments**

Herbed Potatoes

Sauteed Broccoli

Item can be prepared as an  Optimum Life Cuisine Option

## **Desserts**

### **Feature**

Cherry Cobbler

### **Fruit**

 Tropical Fruit

### **Guiltless Pleasures**

Reduced Sugar  
Chocolate Cream Pie

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