

Main Meal

Brookdale New Port Richey

Sunday, February 8, 2026

Starters

Caesar Salad

Featured Entrees

 **Cornflake Chicken**

Boneless breast of chicken coated with cornflake crust & baked until tender.

- Always Available -

 **Veal Italiano**

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Parmesan Noodles

Cream Style Corn

Desserts

Feature

Buttermilk Pie

Fruit

 Fresh Banana

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale New Port Richey

Monday, February 9, 2026

Starters

Cucumber Slices

Featured Entrees

Ham with Pineapple

Smoked ham slow roasted with brown sugar and pineapple.

- Always Available -

 **Veal Italiano**

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Herbed Potatoes

 Grilled Vegetables

Desserts

Feature

Brownies

Fruit

Chilled Applesauce

Guiltless Pleasures

Reduced Sugar Vanilla
Pudding

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Main Meal

Brookdale New Port Richey
Tuesday, February 10, 2026

Starters

Sliced Tomato Salad with Fresh Herbs

Featured Entrees

Pecan Crusted Catfish

Flaky white catfish lightly coated with a pecan crust and oven baked.

- Always Available -

Veal Italiano

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Hush Puppies

Steamed Succotash

Desserts

Feature

Tiramisu Poke Cake

Fruit

Citrus Cup

Guiltless Pleasures

Sugar Free Orange
Gelatin

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Main Meal

Brookdale New Port Richey
Wednesday, February 11, 2026

Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

Featured Entrees

Country Fried Steak

Floured beef steak, fried golden brown and served with a creamy gravy.

- Always Available -

 **Veal Italiano**

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Anna Potatoes

Collard Greens and Bacon

Desserts

Feature

Peach Parfait

Fruit

Citrus Cup

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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Main Meal

Brookdale New Port Richey
Thursday, February 12, 2026

Starters

Tossed Green Salad

Featured Entrees

Classic Sole Meunière

Pan fried sole with a lemon butter sauce.

- Always Available -

 **Veal Italiano**

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Mashed Potatoes

 Steamed Butternut Squash

Desserts

Feature

Blueberry Streusel Cake

Fruit

Citrus Cup

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale New Port Richey

Friday, February 13, 2026

Starters

Classic Coleslaw

Featured Entrees

Rosemary Dijon Chicken Thighs

Baked boneless chicken thighs marinated in rosemary and Dijon mustard.

- Always Available -

 **Veal Italiano**

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Wild Rice Blend

Soy Ginger Sauteed Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Ice Cream of the Day

Fruit

Chilled Applesauce

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale New Port Richey
Saturday, February 14, 2026

Starters

Classic Coleslaw

Featured Entrees

Turkey Fillet with Peppercorn Sauce

Sauteed turkey served with a dijon, white wine, and peppercorn sauce.

- Always Available -

Veal Italiano

Lean veal cutlet with an onion, peppers, mushrooms and tomato sauce.

Meatball Hero Sandwich

Italian meatballs, marinara sauce & mozzarella cheese on a crusty roll.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Mashed Potatoes

Scalloped Broccoli

Desserts

Feature

Apple Pie

Fruit

Citrus Cup

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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