

Main Meal

Brookdale North Euclid
Sunday, February 8, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Barbecue Chicken Quarters

Seasoned chicken quarters grilled with an apple barbecue sauce.

Italian Meatloaf

Meatloaf seasoned with garlic and basil and baked in a tomato sauce.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

Buttered Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Mashed Sweet Potatoes

Homestyle Bread Stuffing

Desserts

Feature

Lemon Meringue Pie

Fruit

 Fresh Melon Cup

Guiltless Pleasures

Light Ice Cream Novelty

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale North Euclid
Monday, February 9, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Shrimp Fajitas

Tequila lime marinated shrimp sauteed with onions & peppers in a tortilla.

Country Fried Chicken with Gravy

Breaded chicken breast, pan fried and served with a creamy gravy.

Item can be prepared as an  Optimum Life Cuisine Option

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

 Steamed Carrots

Braised Lima Beans

Mashed Potatoes

Egg Roll

Desserts

Feature

Vanilla Cream Pudding

Fruit

 Chilled Pears

Guiltless Pleasures

Light Ice Cream Novelty

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Main Meal

Brookdale North Euclid
Tuesday, February 10, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Baked Cornish Hen

Oven baked cornish hen stuffed with seasoned vegetables.

Navy Beans and Smoked Sausage

Seasoned navy beans simmered with smoked sausage.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

Sauteed Zucchini

Item can be prepared as an  Optimum Life Cuisine Option

Buttered Succotash

Item can be prepared as an  Optimum Life Cuisine Option

 Cilantro Brown Rice

Onion Rings

Desserts

Feature

Carrot Cake

Fruit

 Fresh Apple Slices

Guiltless Pleasures

Light Ice Cream Novelty

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Main Meal

Brookdale North Euclid
Wednesday, February 11, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

Baked Catfish

Fillet of catfish baked in the oven and topped with a squeeze of lemon juice.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

Roasted Brussels Sprouts

Baked Cauliflower

Boiled Parslied Potatoes

Garden Blend Rice

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Pumpkin Pie

Fruit

 Chilled Peaches

Guiltless Pleasures

Light Ice Cream Novelty

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Main Meal

Brookdale North Euclid
Thursday, February 12, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Marsala Chicken

Chicken breast simmered in a mushroom and marsala wine sauce.

Cheese Enchiladas with Chili

Cheese baked in corn tortillas topped with chili.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

 Steamed Chef's Fresh Vegetables

 Steamed Green Peas

Mexican Rice

Couscous

Desserts

Feature

Cheesecake with Cherry
Topping

Fruit

 Fresh Fruit Bowl

Guiltless Pleasures

Light Ice Cream Novelty

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Main Meal

Brookdale North Euclid
Friday, February 13, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

Crab Cake

A fried cake of crabmeat, bread crumbs, onion and chiles.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

Zesty Stewed Tomatoes

Buttered Mushrooms

Item can be prepared as an  Optimum Life Cuisine Option

Macaroni and Cheese

Pasta with Vegetables

Desserts

Feature

Pecan Pie

Fruit

 Fresh Diced Pears and Apples

Guiltless Pleasures

Light Ice Cream Novelty

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Main Meal

Brookdale North Euclid
Saturday, February 14, 2026

Salad of the Day

Mixed Green Salad

Featured Entrees

Breaded Baked Tilapia

Fillet of tilapia lightly breaded and baked until golden brown.

Pork Schnitzel with Dill Sauce

Sauteed breaded pork served with a savory dill sauce.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Ham and Swiss on Rye

Tender slices of ham with swiss cheese served on soft rye bread.

Hot Dog

Steamed hot dog served with your choice of condiments.

Accompaniments

Scalloped Broccoli

Braised Red Cabbage

Lemon Roasted Potatoes

Wild Rice Blend

Desserts

Feature

Baked Custard Pie

Fruit

 Tropical Fruit

Guiltless Pleasures

Light Ice Cream Novelty

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