

Brookdale Apache Junction
Sunday, February 8, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Potato Wedges

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Fresh Melon Cup

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



Brookdale Apache Junction
Sunday, February 8, 2026

Featured Starters

Soup of the Day

Cream of Sweet Potato Soup

Salad of the Day

Bacon Ranch Pea Salad

Featured Entrees

Buffalo Chicken Wings

Oven roasted chicken wings tossed in a hot Buffalo sauce.

Salisbury Steak

Seasoned ground beef steak, baked until tender, for a classic favorite.

Sausage with Lentils

Bacon and sausage sauteed in wine and served over seasoned lentils.

Vegetable

Sauteed Summer Squash

Item can be prepared as an  Optimum Life Cuisine Option

 Fresh Vegetable Blend

Accompaniments

Potato Wedges

 Baked Potato

Desserts

Feature

Cherry Turnover

Feature

Frosted German
Chocolate Cake

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.

Main Meal

Brookdale Apache Junction

Monday, February 9, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Boiled Potatoes with Dill

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Chilled Pears

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Brookdale Apache Junction

Monday, February 9, 2026

Featured Starters

Soup of the Day

Pork Posole Soup

Salad of the Day

Fresh Vegetable Salad

Featured Entrees

Baked Ham with Cherry Sauce

Premium ham slow roasted and served with a sweet cherry sauce.

Moroccan-Spiced Chicken

Oven-baked chicken quarter rubbed with Moroccan spices.

Bavarian Beef

Beef stew with braised cabbage and sweet and sour gingersnap gravy.

Vegetable

Roasted Balsamic Brussels Sprouts

Accompaniments

Herbed Potatoes

 Fresh Vegetable Blend

 Baked Sweet Potato

Desserts

Feature

Chocolate Bread
Pudding

Feature

Pumpkin Spice Mousse

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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Main Meal

Brookdale Apache Junction

Tuesday, February 10, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Fingerling Potatoes with Fresh Herbs

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Fresh Apple Slices

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Brookdale Apache Junction

Tuesday, February 10, 2026

Featured Starters

Soup of the Day

Hearty Navy Bean Soup

Salad of the Day

Mixed Green Salad

Featured Entrees

Pan Seared Salmon

Salmon fillet lightly seasoned and pan seared.

Roast Beef with Au Jus

Seasoned beef, slow roasted until tender, served with Au Jus.

Roasted Boneless Turkey Breast

Lightly seasoned oven roasted turkey breast.

Vegetable

Roast Acorn Squash

Accompaniments

Hush Puppies

 Fresh Vegetable Blend

 Baked Potato

Desserts

Feature

Tiramisu Poke Cake

Feature

Pineapple Delight Square

Guiltless Pleasures

No Sugar Added Ice Cream of the Day

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Brookdale Apache Junction

Wednesday, February 11, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

 **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Baked Beans

Also Available

Brookdale Apache Junction

Wednesday, February 11, 2026

Featured Starters

Soup of the Day

Chicken Noodle Soup

Salad of the Day

Vegetable Crudites with Cheese Plate

Featured Entrees

Tri-Tip Beef Roast

Garlic marinated beef served with pan grilled tomatoes and onions.

Turkey Scallopini

Sauteed turkey breast pieces served with a marsala based sauce.

BBQ Pork Chop

Tender pork chop baked in barbecue sauce.

Vegetable

Sauteed Spinach with Mushrooms

Accompaniments

Roasted Yukon Potato Wedge

 Fresh Vegetable Blend

 Baked Sweet Potato

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Chilled Peaches

Desserts

Feature

Coconut Cream Pie

Feature

Orange Sorbet

Guiltless Pleasures

No Sugar Added Ice Cream of the Day

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Brookdale Apache Junction

Thursday, February 12, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Lyonnaise Potatoes

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Fresh Fruit Bowl

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Brookdale Apache Junction

Thursday, February 12, 2026

Featured Starters

Soup of the Day

Homestyle Chili

Salad of the Day

Marinated Artichoke Salad

Featured Entrees

Sesame Orange Chicken

Sesame seed battered chicken breast served with a soy orange sauce.

Chicken Fried Steak with Gravy

Hand breaded cube steak fried golden brown and served with chicken gravy.

Apricot Chicken

Grilled breast of chicken marinated in a sweet ginger and apricot glaze.

Vegetable

Sauteed Zucchini

Item can be prepared as an  Optimum Life Cuisine Option

 Fresh Vegetable Blend

Accompaniments

Mashed Potatoes

 Baked Potato

Desserts

Feature

Banana Bundt Cake

Feature

Strawberry Pie

Guiltless Pleasures

No Sugar Added Ice Cream of the Day

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Brookdale Apache Junction
Friday, February 13, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Curry Roasted Potatoes

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Fresh Diced Pears and Apples

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Brookdale Apache Junction
Friday, February 13, 2026

Featured Starters

Soup of the Day

Homemade Clam Chowder

Salad of the Day

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

Featured Entrees

Pork Roast with Sauerkraut

Tender seasoned pork roast served with sauerkraut.

Chicken Calvados

White meat chicken sauteed in apple brandy and finished with cream.

Lamb Stew

Cubes of lamb simmered with aromatic vegetables in a lamb gravy.

Vegetable

Vegetable Moussaka

Accompaniments

Parslied New Potatoes

 Fresh Vegetable Blend

 Baked Sweet Potato

Desserts

Feature

Pecan Praline Ice Cream

Feature

Mint Brownie

Guiltless Pleasures

No Sugar Added Ice Cream of the Day

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Brookdale Apache Junction

Saturday, February 14, 2026

Seasonal Starters

Soup of the Season

Creamy Tomato Basil Soup

Salad of the Season

Pickled Beets Salad

Seasonal Entrees

Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniment

Vegetable Couscous

Also Available

Seasonal Desserts

Ice Cream of the Month

Peppermint Ice Cream

Cookie of the Month

Spiced Cookies

Fruit

 Tropical Fruit

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Brookdale Apache Junction

Saturday, February 14, 2026

Featured Starters

Soup of the Day

Strawberry Champagne Soup

Salad of the Day

Greek Salad

Featured Entrees

Hanukkah Brisket

Braised brisket with a portobello mushroom and dried cranberries sauce.

Roast Pork with Cherry Almond Glaze

Seasoned pork loin roasted with a cherry almond glaze.

Blackened Perch

Cajun seasoned perch cooked quickly in butter over high heat.

Vegetable

Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

 Fresh Vegetable Blend

Accompaniments

Sweet Potato Tzimmes

 Baked Potato

Desserts

Feature

Apple Crumb Pie

Feature

Yellow Cake with
Buttercream Frosting

Guiltless Pleasures

No Sugar Added Ice
Cream of the Day

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