

Main Meal

Brookdale Hickory Northeast

Sunday, February 8, 2026

## **Starters**

Bacon Ranch Pea Salad

## **Featured Entrees**

**Sesame Chicken**

Lightly battered fried chicken served with a sweet and sour sauce.

### **- Always Available -**

 **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

**Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

**Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Rice Pilaf

Broccoli and Cheese

## **Desserts**

**Feature**

Strawberry Rhubarb Pie

**Fruit**

 Fresh Fruit Cup

**Guiltless Pleasures**

Light Ice Cream  
Novelty

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



## Main Meal

Brookdale Hickory Northeast

Monday, February 9, 2026

### **Starters**

Fresh Vegetable Salad

### **Featured Entrees**

#### **BBQ Pulled Pork**

Slow cooked pork, shredded and served in BBQ sauce.

#### **- Always Available -**

#### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

### **Accompaniments**

Creamy Macaroni Salad

 Steamed Carrots

### **Desserts**

#### **Feature**

White Cupcake with  
Buttercream Frosting

#### **Fruit**

 Fresh Fruit Cup

#### **Guiltless Pleasures**

Light Ice Cream  
Novelty

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Main Meal

Brookdale Hickory Northeast

Tuesday, February 10, 2026

## **Starters**

Mixed Green Salad

## **Featured Entrees**

 **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

### **- Always Available -**

 **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Country Fried Sweet Potato

Roasted Brussels Sprouts

## **Desserts**

### **Feature**

Strawberry Shortcake

### **Fruit**

 Fresh Fruit Cup

### **Guiltless Pleasures**

Light Ice Cream  
Novelty

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Main Meal

Brookdale Hickory Northeast  
Wednesday, February 11, 2026

## **Starters**

Vegetable Crudites with Cheese Plate

## **Featured Entrees**

### **Classic Meatloaf**

A perfect blend of meats and seasonings for this classic meatloaf.

### **- Always Available -**

### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Mashed Potatoes and Gravy

Peas with Carrots

## **Desserts**

### **Feature**

Cherry Cobbler

### **Fruit**

 Fresh Fruit Cup

### **Guiltless Pleasures**

Light Ice Cream  
Novelty

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## Main Meal

Brookdale Hickory Northeast  
Thursday, February 12, 2026

## Starters

Marinated Artichoke Salad

## Featured Entrees

### Chicken Tenders

Golden baked breaded chicken tenders.

### - Always Available -

### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

### Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.


### Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

Classic French Fries

### Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

## Desserts

### Feature

Cheesecake with  
Cherry Topping

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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## Main Meal

### Brookdale Hickory Northeast

Friday, February 13, 2026

## Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

## Featured Entrees

Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

### - Always Available -

 Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.

Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

Northern Beans

Zesty Stewed Tomatoes

## Desserts

### Feature

Pecan Praline Ice  
Cream

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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Main Meal

Brookdale Hickory Northeast  
Saturday, February 14, 2026

## **Starters**

Greek Salad

## **Featured Entrees**

Oven Roasted Chicken

Chicken quarters seasoned with fresh rosemary, garlic and lemon.

### **- Always Available -**

 Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.

Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Sweet Potato Casserole

Fried Okra

## **Desserts**

### **Feature**

Chocolate Cream Pie

### **Fruit**

 Fresh Fruit Cup

### **Guiltless Pleasures**

Light Ice Cream  
Novelty

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