

## Main Meal

### Brookdale Hickory Northeast

Sunday, February 8, 2026

## **Starters**

Bacon Ranch Pea Salad

## **Featured Entrees**

### **Sesame Chicken**

Lightly battered fried chicken served with a sweet and sour sauce.

### **- Always Available -**

#### **⌚ Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Rice Pilaf

Broccoli and Cheese

## **Desserts**

### **Feature**

Strawberry Rhubarb Pie

### **Fruit**

⌚ Fresh Fruit Cup

### **Guiltless Pleasures**

Light Ice Cream  
Novelty

⌚ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



## Main Meal

### Brookdale Hickory Northeast

Monday, February 9, 2026

## **Starters**

Fresh Vegetable Salad

## **Featured Entrees**

### **BBQ Pulled Pork**

Slow cooked pork, shredded and served in BBQ sauce.

### **- Always Available -**

#### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Creamy Macaroni Salad

 Steamed Carrots

## **Desserts**

### Feature

White Cupcake with  
Buttercream Frosting

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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## Main Meal

### Brookdale Hickory Northeast

Tuesday, February 10, 2026

## **Starters**

Mixed Green Salad

## **Featured Entrees**

### **Baked Whitefish with Lemon**

Seasoned fillet of whitefish topped with a squeeze of lemon juice and baked.

### **- Always Available -**

### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## **Accompaniments**

Country Fried Sweet Potato

Roasted Brussels Sprouts

## **Desserts**

### **Feature**

Strawberry Shortcake

### **Fruit**

Fresh Fruit Cup

### **Guiltless Pleasures**

Light Ice Cream  
Novelty

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## Main Meal

Brookdale Hickory Northeast  
Wednesday, February 11, 2026

## Starters

Vegetable Crudites with Cheese Plate

## Featured Entrees

### **Classic Meatloaf**

A perfect blend of meats and seasonings for this classic meatloaf.

### - Always Available -

#### **Chicken Florentine**

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### **Franks and Beans**

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### **Bologna and Cheese Sandwich**

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

Mashed Potatoes and Gravy

Peas with Carrots

## Desserts

### Feature

Cherry Cobbler

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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## Main Meal

Brookdale Hickory Northeast  
Thursday, February 12, 2026

## Starters

Marinated Artichoke Salad

## Featured Entrees

### Chicken Tenders

Golden baked breaded chicken tenders.

### - Always Available -

#### ⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

Classic French Fries

#### Buttered Corn

Item can be prepared as an ⌚ Optimum Life Cuisine Option

## Desserts

### Feature

Cheesecake with  
Cherry Topping

### Fruit

⌚ Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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## Main Meal

### Brookdale Hickory Northeast

Friday, February 13, 2026

## Starters

### Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

## Featured Entrees

### Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

### - Always Available -

#### Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

### Northern Beans

### Zesty Stewed Tomatoes

## Desserts

### Feature

Pecan Praline Ice  
Cream

### Fruit

 Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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## Main Meal

Brookdale Hickory Northeast  
Saturday, February 14, 2026

## Starters

Greek Salad

## Featured Entrees

### Oven Roasted Chicken

Chicken quarters seasoned with fresh rosemary, garlic and lemon.

### - Always Available -

#### ⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

#### Franks and Beans

Thick cuts of franks together with homestyle baked beans in this classic dish.

#### Bologna and Cheese Sandwich

Bologna and cheddar cheese served on soft bread with lettuce & tomato.

## Accompaniments

Sweet Potato Casserole

Fried Okra

## Desserts

### Feature

Chocolate Cream Pie

### Fruit

⌚ Fresh Fruit Cup

### Guiltless Pleasures

Light Ice Cream  
Novelty

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