

Main Meal

Brookdale Finneytown
Sunday, February 8, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Roasted Rosemary Chicken Thighs

Garlic and rosemary marinated bone-in chicken, roasted to perfection.

Zesty Meatloaf

Ground beef loaf topped with a ketchup and brown sugar glaze.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Fresh Green Beans

Buttered Succotash

Item can be prepared as an  Optimum Life Cuisine Option

Parmesan Noodles

Vegetarian Baked Beans

Desserts

Feature

Key Lime Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.
We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Finneytown

Monday, February 9, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Traditional Corned Beef and Cabbage

Tender slices of corned beef brisket served with boiled cabbage.

Salmon Croquettes

A lightly crusted flaked salmon cake fried to a golden brown.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Spinach

Fried Okra

Garlic and Chive Mashed Potatoes

Rice Pilaf

Desserts

Feature

Baked Peach Cobbler

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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Main Meal

Brookdale Finneytown

Tuesday, February 10, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Spinach Stuffed Chicken

Chicken breast rolled with a spinach blend served with apricot sauce.

Baked Ham with Cherry Sauce

Premium ham slow roasted and served with a sweet cherry sauce.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Cabbage

Classic Pea Salad

Candied Yams

Pasta Salad

Desserts

Feature

Strawberry Cake

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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Main Meal

Brookdale Finneytown

Wednesday, February 11, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

Mustard Crusted Salmon

Broiled salmon topped with a stone ground mustard glaze.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Collard Greens

Carrots and Brussels Sprouts

Calico Home Fries

Wild Mushroom Pilaf

Desserts

Feature

Cherry Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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Main Meal

Brookdale Finneytown
Thursday, February 12, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Cranberry and Honey Glazed Chicken

Chicken breast baked with a honeyed cranberry glaze.

Cube Steak with Mushroom Sherry Sauce

Cube steak simmered in a creamy mushroom gravy.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Wax Beans

Chile-Dusted Fried Green Tomatoes

Cornbread Stuffing

Creamy Macaroni Salad

Desserts

Feature

Homemade German
Chocolate Layer Cake

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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Main Meal

Brookdale Finneytown
Friday, February 13, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Pork Chops with Roasted Apples and Onions

Sauteed pork chops served with sweet roasted apples and onions.

Chicken in Coconut Milk

Tender pieces of chicken served in a coconut tomato sauce.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Spinach

Buttered Zucchini with Yellow Squash

Orange with Sweet Bell Peppers Rice

Bleu Cheese Fried Potatoes

Desserts

Feature

Vanilla Ice Cream with
Oreo Cookie Topping

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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Main Meal

Brookdale Finneytown
Saturday, February 14, 2026

Salad of the Day

Tossed Garden Salad

Featured Entrees

Tilapia in Tomato Sauce

Tilapia cooked in a tomato, onion and garlic sauce.

Brats with Beer and Onions

Bratwurst simmered in beer then grilled.

- Always Available -

Baked Fish Sandwich

Oven baked fish served with a light tartar sauce on a whole wheat bun.

Almond Crusted Chicken Tenders

Oven baked chicken tenders coated with an almond crust.

Corned Beef Sandwich

Thin sliced corned beef served on rye bread.

Accompaniments

 Steamed Zucchini

Corn O'Brien

Old Fashioned Potato Salad

Couscous

Desserts

Feature

French Silk Pie

Fruit

 Fresh Fruit Cup

Guiltless Pleasures

No Sugar Added Vanilla
Ice Cream

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