

Main Meal

Brookdale W. Eisenhower Pkwy

Sunday, February 8, 2026

Starters

⌚ Cucumber Salad

Featured Entrees

Shrimp Scampi

Butterflied shrimp broiled with lemon garlic butter.

- Always Available -

⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Pasta of the Day

Item can be prepared as an ⌚ Optimum Life Cuisine Option

Buttered California Mix

Item can be prepared as an ⌚ Optimum Life Cuisine Option

Desserts

Feature

Peach Cobbler

Fruit

⌚ Fresh Melon Cup

Guiltless Pleasures

Reduced Sugar Basic Custard

⌚ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale W. Eisenhower Pkwy

Monday, February 9, 2026

Starters

Beet Salad

Featured Entrees

Ham with Pineapple

Smoked ham slow roasted with brown sugar and pineapple.

- Always Available -

⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Homestyle Bread Stuffing

⌚ Steamed Broccoli

Desserts

Feature

Honey Cake

Fruit

⌚ Chilled Pears

Guiltless Pleasures

Sugar Free Lemon
Cookie

⌚ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale W. Eisenhower Pkwy

Tuesday, February 10, 2026

Starters

Tangy Three Bean Salad

Featured Entrees

Ⓐ Italian Roasted Chicken

Roasted chicken marinated in a blend of garlic, oregano and lemon juice.

- Always Available -

Ⓐ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Mashed Potatoes

Lima Bean Medley

Desserts

Feature

Pound Cake

Fruit

Ⓐ Fresh Apple Slices

Guiltless Pleasures

Reduced Sugar Frosted
Yellow Cake

Ⓐ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale W. Eisenhower Pkwy
Wednesday, February 11, 2026

Starters

Tossed Green Salad

Featured Entrees

Meatballs with Italian Tomato Sauce

Traditional beef meatballs served with a homemade tomato sauce.

- Always Available -

⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Parmesan Noodles

⌚ Grilled Vegetables

Desserts

Feature

Fresh Strawberry Pie

Fruit

⌚ Chilled Peaches

Guiltless Pleasures

Reduced Sugar Cherry Pie

⌚ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale W. Eisenhower Pkwy

Thursday, February 12, 2026

Starters

Cole Slaw

Featured Entrees

Ⓐ Chicken A La King

Tender chicken simmered in a rich mushroom gravy.

- Always Available -

Ⓐ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Lemon Rice

Item can be prepared as an Ⓜ Optimum Life Cuisine Option

Ⓐ Steamed Chef's Mixed Vegetables

Desserts

Feature

Angel Food Cake

Fruit

Ⓐ Fresh Fruit Bowl

Guiltless Pleasures

Reduced Sugar
Chocolate Banana
Layer Cake



Ⓐ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale W. Eisenhower Pkwy

Friday, February 13, 2026

Starters

Tomato Parmesan Salad

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Potato Wedges

Sauteed Brussels Sprouts

Item can be prepared as an ⌚ Optimum Life Cuisine Option

Desserts

Feature

Chocolate Ice Cream

Fruit

⌚ Fresh Diced Pears
and Apples

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

⌚ Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale W. Eisenhower Pkwy

Saturday, February 14, 2026

Starters

Broccoli Salad

Featured Entrees

Pork Chops with Roasted Apples and Onions

Sauteed pork chops served with sweet roasted apples and onions.

- Always Available -

⌚ Chicken Florentine

Chicken breast baked with spinach, mushrooms and a cream sauce.

Country Style Meatloaf

Classic ground beef and pork meatloaf, topped with ketchup.

Tavern Battered Cod

Battered cod flash fried to a golden brown.

Accompaniments

Loaded Baked Potato

Sauteed Fresh Italian Mix

Item can be prepared as an ⌚ Optimum Life Cuisine Option

Desserts

Feature

Banana Chocolate
Cream Pie

Fruit

⌚ Tropical Fruit

Guiltless Pleasures

Reduced Sugar
Chocolate Cream Pie

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