

Main Meal

Brookdale North Loveland

Sunday, February 8, 2026

Starters

Bacon Ranch Pea Salad

Featured Entrees

 **Cornflake Chicken**

Boneless breast of chicken coated with cornflake crust & baked until tender.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Parmesan Noodles

Buttered Corn

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Coconut Cream Pie

Fruit

 Mandarin Oranges

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale North Loveland
Monday, February 9, 2026

Starters

Fresh Vegetable Salad

Featured Entrees

Polish Sausage

Polish sausage links simmered with onions and seasonings.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Mashed Potatoes

 Steamed California Mix

Desserts

Feature

Lemon Gelatin

Fruit

 Pineapple Chunks

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

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Main Meal

Brookdale North Loveland
Tuesday, February 10, 2026

Starters

Mixed Green Salad

Featured Entrees

Sweet & Spicy Salmon

Salmon fillet baked in a honey and garlic chili sauce

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.


Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Basmati Rice

Sauteed Zucchini

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Desserts

Feature

Black Forest Chocolate
Cake

Fruit

 Fruit Cocktail

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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Main Meal

Brookdale North Loveland
Wednesday, February 11, 2026

Starters

Zucchini Ribbon Salad

Featured Entrees

Beef Stew

Tender beef and vegetables in this homestyle classic.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Northern Beans

Roasted Broccoli

Desserts

Feature

Cherry Pie

Fruit

 Mandarin Oranges

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

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Main Meal

Brookdale North Loveland
Thursday, February 12, 2026

Starters

Marinated Artichoke Salad

Featured Entrees

Barbecue Chicken Thighs

Bone-in chicken grilled and basted with a homemade barbecue sauce.

- Always Available -

Grilled Chicken Breast

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Orzo Pilaf

 Steamed Green Beans

Desserts

Feature

Orange Creamsicle
Cake

Fruit

 Pineapple Chunks

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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Main Meal

Brookdale North Loveland

Friday, February 13, 2026

Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

Featured Entrees

Honey Mustard Ham Steak

Sliced ham steak brushed with honey mustard then broiled.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Vegetarian Baked Beans

Vegetable Slaw

Desserts

Feature

Mint Chocolate Mousse

Fruit

 Fruit Cocktail

Guiltless Pleasures

No Sugar Added
Chocolate Ice Cream

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Main Meal

Brookdale North Loveland
Saturday, February 14, 2026

Starters

Greek Salad

Featured Entrees

Catfish Nuggets

Bite size catfish pieces flash fried to golden brown.

- Always Available -

 **Grilled Chicken Breast**

Marinated breast of chicken seasoned and grilled.

Personal Pizza

Oven baked personal size pizza crust topped with cheese & selected toppings.

Hamburger

Grilled beef patty served on a bun with fresh lettuce, tomato and onion.

Accompaniments

Tater Tots

Creamed Corn

Desserts

Feature

French Silk Pie

Fruit

 Fruit Cocktail

Guiltless Pleasures

Reduced Sugar
Chocolate Pudding

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