

Main Meal

Brookdale Hattiesburg MC
Sunday, February 8, 2026

Starters

Bacon Ranch Pea Salad

Featured Entrees

Barbecue Chicken

Chicken quarters grilled and basted with homemade barbecue sauce.

- Always Available -

Dijon Chicken Sandwich

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Macaroni and Cheese

 Steamed Cabbage

Desserts

Feature

Apple Pie

Fruit

 Fresh Melon Cup

Guiltless Pleasures

Reduced Sugar Basic
Custard

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Hattiesburg MC
Monday, February 9, 2026

Starters

Fresh Vegetable Salad

Featured Entrees

Baked Pork Chops with Peppers and Onions

Braised boneless pork chops covered in a pepper and onion gravy.

- Always Available -

 **Dijon Chicken Sandwich**

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Homestyle Bread Stuffing

 Roasted Fresh Green Beans and Red Peppers

Desserts

Feature

Cheesecake

Fruit

 Chilled Pears

Guiltless Pleasures

Sugar Free Lemon
Cookie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

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Main Meal

Brookdale Hattiesburg MC
Tuesday, February 10, 2026

Starters

Mixed Green Salad

Featured Entrees

Roast Turkey Breast

Slow roasted lightly seasoned turkey breast.

- Always Available -

 **Dijon Chicken Sandwich**

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Candied Yams

Butter Beans

Desserts

Feature

Red Velvet Cake

Fruit

 Fresh Apple Slices

Guiltless Pleasures

Reduced Sugar Frosted
Yellow Cake

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Main Meal

Brookdale Hattiesburg MC
Wednesday, February 11, 2026

Starters

Vegetable Crudites with Cheese Plate

Featured Entrees

Pot Roast with Gravy

Beef roast slow cooked until tender, served with a rich gravy.

- Always Available -

Dijon Chicken Sandwich

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

White Rice

 Steamed Collard Greens

Desserts

Feature

Blueberry Cobbler

Fruit

 Chilled Peaches

Guiltless Pleasures

Reduced Sugar Cherry
Pie

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Main Meal

Brookdale Hattiesburg MC
Thursday, February 12, 2026

Starters

Marinated Artichoke Salad

Featured Entrees

Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

- Always Available -

 **Dijon Chicken Sandwich**

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Rice Pilaf

 Grilled Vegetables

Desserts

Feature

Angel Food Cake

Fruit

 Fresh Fruit Bowl

Guiltless Pleasures

Reduced Sugar
Chocolate Banana
Layer Cake

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Main Meal

Brookdale Hattiesburg MC

Friday, February 13, 2026

Starters

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

 **Dijon Chicken Sandwich**

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

Onion Rings

Classic Coleslaw

Desserts

Feature

Pecan Praline Ice
Cream

Fruit

 Fresh Diced Pears
and Apples

Guiltless Pleasures

No Sugar Added
Vanilla Ice Cream

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Main Meal

Brookdale Hattiesburg MC
Saturday, February 14, 2026

Starters

Greek Salad

Featured Entrees

Roast Turkey Breast

Slow roasted lightly seasoned turkey breast.

- Always Available -

 **Dijon Chicken Sandwich**

Chicken breast served on a bun with lettuce, tomato, onion & Dijon mustard.

Chicken Tenders

Golden baked breaded chicken tenders.

Grilled Cheese Sandwich

American cheese on white bread grilled to a golden brown.

Accompaniments

 Baked Sweet Potato

Braised Lima Beans

Desserts

Feature

Strawberry Pie

Fruit

 Tropical Fruit

Guiltless Pleasures

Reduced Sugar
Chocolate Cream Pie

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