

Main Meal

Brookdale Biloxi

Sunday, February 1, 2026

Starters

Lemony Waldorf Salad

Featured Entrees

Pork Roast with Horseradish and Herbs

Lean roasted pork rubbed with horseradish, basil, oregano and marjoram.

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

 Pan Roasted Potatoes

Lyonnaise Style Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Cherry Almond Tart

Fruit

 Pineapple Chunks

Guiltless Pleasures

Reduced Sugar Cherry
Pie

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Main Meal

Brookdale Biloxi

Monday, February 2, 2026

Starters

Mediterranean Chickpea Salad

Featured Entrees

Chicken Cordon Bleu

Breaded and baked chicken breast stuffed with ham and Swiss cheese.

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

 Whole Wheat Pasta with Herbs

Ratatouille

Desserts

Feature

Dutch Apple Pie

Fruit

 Fresh Fruit Bowl

Guiltless Pleasures

Applesauce Spice Bars

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Main Meal

Brookdale Biloxi

Tuesday, February 3, 2026

Starters

Tomato and Crouton Salad

Featured Entrees

Pot Roast

Tender pot roast braised in a rich broth with carrots, celery and onion.

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

 Baked Potato

Caramelized Carrots

Desserts

Feature

Apricot Bars

Fruit

 Fresh Melon Cup

Guiltless Pleasures

Sugar Free Vanilla
Cookie

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Main Meal

Brookdale Biloxi

Wednesday, February 4, 2026

Starters

Triple Bean Salad

Featured Entrees

Fried Chicken

Choice of light or dark meat hand breaded and fried to golden brown.

Item can be prepared as an  Optimum Life Cuisine Option

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

Homestyle Bread Stuffing

Baked Acorn Squash

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Chocolate Cake

Fruit

 Apricot Halves

Guiltless Pleasures

Reduced Sugar
Chocolate Mousse
Layer Cake

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Main Meal

Brookdale Biloxi

Thursday, February 5, 2026

Starters

Tossed Garden Salad

Featured Entrees

Shrimp Fajitas

Tequila lime marinated shrimp sauteed with onions & peppers in a tortilla.

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

Au Gratin Potatoes

 Steamed Brussels Sprouts

Desserts

Feature

Custard Pie

Fruit

 Chilled Pears

Guiltless Pleasures

Reduced Sugar Custard

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Main Meal

Brookdale Biloxi
Friday, February 6, 2026

Starters

Wilted Lettuce Salad

Featured Entrees

Friday Fish Fry

Fresh catch of the day, breaded and deep fried to a light golden brown.

- Always Available -

 Herbed Chicken Salad

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

Mashed Potatoes

Buttered Kale

Item can be prepared as an  Optimum Life Cuisine Option

Desserts

Feature

Frosted Carrot Cake

Fruit

 Chilled Diced Peaches

Guiltless Pleasures

Reduced Sugar Carrot
Cake

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Main Meal

Brookdale Biloxi

Saturday, February 7, 2026

Starters

Wedge Salad

Featured Entrees

Pork Chops with Roasted Apples and Onions

Sauteed pork chops served with sweet roasted apples and onions.

- Always Available -

 **Herbed Chicken Salad**

Chicken, carrot, bell pepper & herbed dressing topped with mandarin oranges.

Chili Dog

Beef frank served on a bun with homemade chili topped with onion & cheese.

Tuna Salad Sandwich

Homemade tuna salad served on white bread.

Accompaniments

Pilgrim Potatoes

 Steamed California Mix

Desserts

Feature

Cream Puffs

Fruit

Chilled Applesauce

Guiltless Pleasures

Sugar Free Vanilla
Wafers

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