

**Location Keys**

- AO - All Over
- BT - Bus Trip
- CC - Cyber Cafe
- GNR - Green Room 2nd Floor
- GYM - 2nd Floor Gym
- IB - Independent Bistro
- IBA - Independent Bar Area
- IC - Independent Chapel
- IT - Independent Theater
- NA - North Atrium
- NCR - North Craft Room
- PDR - Private Dining Rm First Floor

# February 2026

## Independent Living Calendar

4515 22<sup>nd</sup> ST NW Canton, OH 44708

Murdle Mystery Game – using logic and deduction, together we will solve the mystery of who did it, with what, & where. Join us this month!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1</b> 6:00PM Resident Run Bingo @SA</p>	<p><b>2</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip- Bank @BT 10:30AM Fall Fighter Balance Exercise @SA 11:00AM Rosary @IC 11:30AM Catholic Communion @IC 1:30PM Tai Chi: Relaxation &amp; Breathing @NA 3:00PM <i>Cooking Class w/ Chef Adam</i> @IB 3:30PM Seasonal Card Making! @NCR</p>	<p><b>3</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip- Drugmart 10:30AM Seated Cardio Kickboxing Exercise @SA 11:00AM Table Roll Game @SA 1:30PM Resident Ran Card Games @IB 2:30PM <i>Carrot Cake Day Treat!</i> @IB 3:30PM Cocktail Hour @IBA 6:15PM <b>Blessing Balloon Delivery @SA</b></p>	<p><b>4</b> 9:15AM Resident Walking Club @CC 10:30AM Quadrant Balance Exercise @NA 11:00AM <i>Homemade Soup Day- Crockpot Club</i> @IB 11:30AM New Resident Orientation @PDR 1:00PM Resident Run WII Games @CC 1:30PM Open Gym @GYM 2:30PM Air Hockey Showdown @GNR 3:30PM <i>Tea With Teagan</i> @IB 6:00PM Resident Run Movie Night (IL Theatre)</p>	<p><b>5</b> 9:15AM Resident Walking Club @CC 10:30AM Strength Circuit @NA 11:00AM Bible Group @IC 1:30PM <i>Manicures with EnerG</i> @NA 3:00PM Popcorn Social @CC 3:30PM Master Minds: Group Brain Games @NA 6:00PM Resident Run Men's Euchre @IBA</p>	<p><b>6</b> 5:00AM Wear Red Day for Women 9:00AM The Morning Mug @IB 9:15AM Resident Walking Club @CC 10:30AM Fun Fitness Friday @NA 11:00AM <i>Regency Winter Olympics</i> @NA 1:30PM Chair Zumba @GYM 2:00PM <i>Olympic's Opening Ceremony: Winter Games</i> @SA 2:30PM Social Hour W/Entertainment @SA</p>	<p><b>7</b> 10:30AM Seated Noodle Grip Strength Exercise @NA 1:30PM Resident Run Card Games @IB 6:00PM Resident Run: Movie Night @IT</p>
<p><b>8</b> 2:00PM Service with Sandra @IC 6:00PM <b>Super Bowl Watch Party! @SA</b> 6:00PM Resident Run Bingo @ North Craft Room</p>	<p><b>9</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip-Library @BT 10:30AM Fall Fighter Balance Exercise @SA 11:00AM Rosary @IC 1:30PM Cardio Drumming @SA 3:00PM <b>Pizza Tasting Party! @IB</b> 4:00PM WII Games @CC 6:00PM Catholic Communion @IC</p>	<p><b>10</b> 5:00AM National Flannel Day! - Wear your favorite flannel! 9:15AM Resident Walking Club @CC 10:00AM Out Trip- Walmart 10:30AM Seated Cardio Kickboxing Exercise @SA 11:00AM <b>Learning with Aegis @SA</b> 1:30PM Resident Ran Card Games @IB 2:00PM Learn To Play - Mahjong @SA 3:00PM Menu Chat w/ Adam! @IB 3:30PM Cocktail Hour @IBA 6:00PM Bingo @SA</p>	<p><b>11</b> 9:15AM Resident Walking Club @CC 10:30AM Quadrant Balance Exercise @NA 11:00AM Who Am I? What Am I? @NA 11:00AM Out Trip-Gregory's Restaurant 1:00PM Resident Run WII Games @CC 1:30PM Open Gym @GYM 2:30PM <i>Murdle Mystery Games @NA***</i> 3:30PM <i>Tea With Teagan</i> @IB 6:00PM <i>Wine Down Wednesday &amp; Beer Garden!</i> @NA</p>	<p><b>12</b> 6:00AM Abraham Lincoln's Birthday! 9:15AM Resident Walking Club @CC 10:30AM Strength Circuit @NA 11:00AM Bible Group @IC 1:30PM <i>Love Songs &amp; Legends BINGO</i> @SA 2:30PM Pokeno @SA 3:30PM Abe Day Facts @SA 6:00PM Resident Run Men's Euchre @IBA</p>	<p><b>13</b> 9:00AM The Morning Mug @IB 9:15AM Resident Walking Club @CC 10:30AM Be Fit to Factual: Valentine's Edition @SA 11:00AM Valentine's Day Trivia @SA 1:30PM <i>Galentine's Spa Day</i> @SA 2:30PM <i>Valentines Dance with DJ Bill</i> @SA</p>	<p><b>14</b> 10:30AM Seated Noodle Grip Strength Exercise @NA 1:30PM Resident Run Card Games @IB 6:00PM Resident Run: Movie Night @IT</p>
<p><b>15</b> 6:00PM Resident Run Bingo @SA</p>	<p><b>16</b> 9:15AM Resident Walking Club @CC 10:30AM Fall Fighter Balance Exercise @SA 11:00AM Rosary @IC 11:30AM Catholic Communion @IC 1:30PM <b>Book Club @GNR</b> 2:30PM Tai Chi: Relaxation &amp; Breathing @SA 3:30PM Name Game @SA</p>	<p><b>17</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip- Bank/Marc's 10:30AM Seated Cardio Kickboxing Exercise @SA 11:00AM Energized Eating Edu. Series @SA 11:00AM Out Trip- Bank @BT 1:30PM Resident Ran Card Games @IB 2:30PM Cornhole @NA 3:30PM Cocktail Hour @IBA 4:30PM <i>Themed Mardi Gras Dinner w/ Chef Adam!</i> @R 6:00PM Bingo @SA</p>	<p><b>18</b> 9:15AM Resident Walking Club @CC 10:30AM Quadrant Balance Exercise @NA 11:00AM Helping Hands- Happy Cart @AO 11:00AM Out Trip - El Campesino 1:00PM Resident Run WII Games @CC 1:30PM Townhall Meeting @SA 2:00PM Intergenerational Program at Shriber Elementary 2:00PM Storytime With Georgie! @NA 2:30PM Drink Wine Day: Cocktail Hour @IBA 3:30PM <i>Tea With Teagan</i> @IB 6:00PM Resident Run Movie Night (IL Theatre)</p>	<p><b>19</b> 9:15AM Resident Walking Club @CC 10:30AM Strength Circuit @NA 11:00AM Bible Group @IC 1:30PM <i>Chocolate Mint Day Ice Cream Social</i> @IB 2:30PM Crafty Creations @NCR 3:30PM Bocce Ball @SA 6:00PM Resident Run Men's Euchre @IBA</p>	<p><b>20</b> 9:00AM <b>Veteran's Breakfast @IB</b> 9:00AM The Morning Mug @IB 10:30AM Fun Fitness Friday @NA 11:00AM <b>Poetry For Neanderthals - Brain Game!</b> @NA 1:30PM Chair Zumba @GYM 2:30PM Social Hour W/Entertainment @SA</p>	<p><b>21</b> 10:30AM Seated Noodle Grip Strength Exercise @NA 1:30PM Resident Run Card Games @IB 6:00PM Resident Run: Movie Night @IT</p>
<p><b>22</b> 11:00AM Brunch w/ Marketing Team @PDR 2:00PM Service with Sandra @IC 6:00PM Resident Run Bingo @SA</p>	<p><b>23</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip-Library @BT 10:30AM Fall Fighter Balance Exercise @SA 11:00AM Rosary @IC 11:00AM Tootsie Roll Day! @AO 1:30PM Cardio Drumming @SA 2:30PM Birthday Celebration @SA</p>	<p><b>24</b> 9:15AM Resident Walking Club @CC 10:00AM Out Trip- Giant Eagle 10:30AM Seated Cardio Kickboxing Exercise @SA 1:30PM Resident Ran Card Games @IB 2:30PM Tortilla Chip Day! @IB 3:00PM Menu Chat @IBA 3:30PM Cocktail Hour @IBA 6:00PM Bingo @SA</p>	<p><b>25</b> 9:15AM Resident Walking Club @CC 10:30AM Quadrant Balance Exercise @NA 11:00AM Out Trip- Bob Evan's 11:00AM Billiard Bunch- Play Pool @NA 1:00PM Resident Run WII Games @CC 1:30PM Open Gym @GYM 2:30PM Sherlock Visits!- Pet Therapy @AO 2:30PM <b>Intergenerational Music Discovery &amp; Dance Party!</b> @SA 3:30PM <i>Tea With Teagan</i> @IB 6:00PM Resident Run Movie Night (IL Theatre)</p>	<p><b>26</b> 9:15AM Resident Walking Club @CC 10:30AM Strength Circuit @NA 11:00AM Bible Group @IC 11:30AM <b>Blood Pressure Clinic @PDR</b> 1:30PM <b>Floral Design Day - Make a Bouquet!</b> @SA 2:30PM Legend's Lounge Men's Social @IBA 3:30PM Noodle Ball @SA 6:00PM Resident Run Men's Euchre @IBA</p>	<p><b>27</b> 9:00AM The Morning Mug @IB 9:15AM Resident Walking Club @CC 10:30AM Fun Fitness Friday @NA 11:00AM Cranium Crunches @NA 12:00PM <b>Lunch Bunch- Support Group @PDR</b> 1:30PM Chair Zumba @GYM 2:30PM Social Hour W/Entertainment @SA</p>	<p><b>28</b> 10:30AM Seated Noodle Grip Strength Exercise @NA 1:30PM Resident Run Card Games @IB 6:00PM Resident Run: Movie Night @IT</p>

Any comments, questions, or suggestions please feel free to reach out to activities! 😊

